REMEMBER NOVEMBER 2025 A free copy for you

# Parish News

## Levens, Heversham, Milnthorpe





MEN'S BREAKFAST 8.30 am Saturday 8th November (second Saturday) St Thomas' Community Rooms

Milnthorpe

Coffee @ St T's Community Rooms Milnthorpe

Every Friday 10 -11.30 am free WiFi & contactless payment available

## Meet & Eat 12-2pm at Levens Methodist Hall

Friday 28th Nov

Menu Mince & Dumplings or Vegetable bake Peas & Potato

Jam Sponge & Custard or Lime Mousse

Tea/Coffee £5

Please add your name to the list at Coffee Shop or phone Susan Beckwith 0779 6561810

Everyone Welcome Children under school age free Village Coffee Time
Heversham
usually Third Tuesdays
Tues18th Nov, 2nd\* Dec
10 - 11.30 am
at the Old School, Heversham
(along the path from
St Peter's Church)



#### **COFFEE SHOP**

at Levens Methodist Church

Mon, Wed, Fri 2 - 4 pm Everyone Welcome

Mondays

Would you like a coffee & a chat? please join us. also dominoes, cards, Rummikub or do a jigsaw. Also bring your knitting, sewing or craft project and have a natter.

Wednesdays & Fridays Coffee and Biscuits



## Companionship Cafes

Are you feeling lonely or isolated? Or do you know someone who could use some friendly company? Come together with others in a warm, welcoming space for a chat and connection over a free hot drink and a delicious scone with jam and cream.

St Thomas' Church Milnthorpe

1.30-3pm

Next dates: 27<sup>th</sup> August 15<sup>th</sup> October 26<sup>th</sup> November







**Exercise Classes** 

For more information or to book a place on one of our activities, please contact our Admin Team on 01539 728118 or email: admin@ageuksouthcumbria.org.uk

#### Levens

Every Wednesday 10:30 - 11.30am Levens Methodist Church , Lowgate, Levens, LA8 8NL

#### Milnthorpe

Every Tuesday 10:30 - 11.30am Catholic Church Hall, Haverflatts Lane, Milnthorpe, LA7 7PS Please call first if you are interested in the Milnthorpe class

#### Levens

Fourth Tuesday of the month 12:30 The Gilpin Bridge Inn, Bridge End, Levens, LA8 8EP

#### **Beetham**

Third Thursday of the month meet at 12.15 for 12.30 pm The Wheatsheaf at Beetham Milnthorpe LA7 7AL





## In partnership with the Live Longer Better in Cumbria programme

Walking Cricket is a slower version of the game, designed so that anyone can take part.

Every Monday 2:00pm-3:30pm - Heversham Sports Hall, Dallam Boarding House, Heversham, LA7 7EH

# Dignity in Dementia November Activities

For more information, please contact Jenny Connor on 07825 414816



**Supper Club – 6pm - Thursday 27<sup>th</sup> November -** A monthly meal at a different pub or restaurant

Contact Jenny for details if you would like to join us.

Monthly Tai Chi - 1pm - 2pm Tuesday 18th November Levens Methodist Church Hall, Lowgate, Levens, LA8 8NG

Social Table Tennis – 10.30am-noon Alternate Weds 12th & 26th November at Arnside Educational Institute, Church Hill, Arnside,

Enjoyable Dementia friendly walks - 10.30am start

Wednesday 5<sup>th</sup> November – Bob in Café, New Barns Caravan Park, Arnside, LA5 0BN Wednesday 19<sup>th</sup> November - Cartmel race course, LA11 6QF

Zoom Poetry Group - 1.30 - 2.30pm Thursday 20th November

Silverdale Songsters - Dementia Embracing Community Singing Group Coffee on arrival and singing popular well known songs .

Fridays 10.30 – 11.30 am at St John's Church Hall, Silverdale LA5 0RF

Woodland Fun - 11am - 12 noon Monday 10th November

A different nature themed activity each time. Silverhelm Scout Centre, The Row, Silverdale, LA5 0UG

Community Come Dancing - 2pm -3pm Tuesday 11th November

A fun and relaxed intergenerational community dance session with children from Arnside School. - Arnside WI Village Hall, Orchard Road, Arnside, LA5 0DP

Swimming - 10:30am-11:30am Thursday 27th November

A lovely relaxed swim and aqua aerobics in a privately hired pool. Booking essential as limited numbers

Holgates Caravan Park, Middlebarrow Plain, Cove Road, Silverdale, LA5 0SH

www.dignityindementia.org

Milnthorpe Area Food bank There is a constant need of food & household items so please donate if you can, thank you

www.milnthorpefoodbank.org
Collection boxes in Spar and Churches
in Milnthorpe and Heversham

Collection Boxes in St John's Church Levens and Levens Methodist Church for King's Food Bank, Kendal.

Trolley in Booths Milnthorpe for Lancaster and Morecambe Food Bank



After last winter, I'm really worried about falling behind on my energy bills again as we head into the colder months. What can I do if I'm struggling to keep up with payments?

If you're struggling to afford your bills, it's important to act quickly - support is available. The first thing is to contact your energy supplier - they're responsible for helping you come to a solution, like setting up an affordable repayment plan if you've fallen behind.

Check that your bills are based on accurate readings. If you see the letter "E" next to the readings on your latest bill, that means it's estimated.

Send an up-to-date reading to get an accurate bill. Smart meters sometimes stop working – contact your supplier.

You might be able to apply for support with the cost of energy efficiency upgrades like insulation, a new boiler or a heat pump via your energy supplier or government scheme.

If you're behind on your bills, you might be able to get a grant to help you pay off your debt via your energy supplier. You'll need to get full debt advice before applying and can do this through South Lakes Citizens Advice. (If you are disabled or of state pension age, you can also apply for non-financial support from your supplier through the Priority Services Register.)

Remember, you don't have to face this alone. If you're struggling to afford your energy bills, contact South Lakes Citizens Advice.

Free, confidential advice and help is available from South Lakes Citizens Advice on any aspect of debt, consumer problems, benefits, housing, employment or any other problems.

How to access: Call <u>015394 46464</u> (9.30am – 2pm, Monday – Friday Drop in sessions at Wainwright's Yard, Kendal, LA9 4DP

10am – 1pm, Tuesday and Thursday

Adviceline: 0808 2787 984 (9am - 5pm, Monday - Friday)

email advice via the submission page on our website www.southlakescab.org.uk

#### QUEST

Talks start at 10 am - All Welcome at the Athenaeum. Leasaill LA7 7ET

Subscription £18, which includes all 12 talks until March 2026 & refreshments. Guest admission at £3 for a single talk. Second and Fourth Thursdays No need to book Enquiries email: aptayler@gmail.com

13th Nov - Ann Marie Michel "Thefts, Fakes and Forgeries - Art Crimes"

27th Nov - Dr Mic Mayhew "Restoring Pine Martens and Rebuilding Woodland Ecosystems in South Cumbria"

Children's Society boxes in Levens are due mid November. They can be left in St John's after the morning services or left at my house - Gilthrigg, as can any cheques that some people are finding more convenient these days. I can collect them if that is easier and can be contacted on 07732970815 to arrange. Thank you. Liz Brown

Churchyard Volunteer Working Party 15th November 9.30 - noon/ as suits at St Peter's Churchyard Heversham Bring loppers and gloves All Welcome



meets every Monday at Christ the King Church Hall on Haverflatts Lane, Milnthorpe from 1.30pm – 3.00pm Everyone welcome no experience necessary

£2 a session including refreshments Ring Lynne Gibbons 07814 709847 for further details



### Saturday 1st Nov 7 pm

Community Rooms at St Thomas' All welcome for this brain teaser. Form a team with friends (max 4 per team) **Bring Your Snacks** £10 per team in aid of St Thomas Building Fund



All Welcome

#### Levens Little Larks

Come and join us for a sing-a-long together Tuesdays every fortnight at 10.30am Levens Methodist Church Hall -check updated poster in the hall-We welcome all parents, grandparents, carers and all pre-school children cuppa and chat afterwards £1.50 inc refreshments

#### LEVENS WARBLERS

invite you to come and join us second & fourth MONDAY of the month between 10.30 am and 12 noon in Levens Methodist Church Hall

Everyone is very welcome Singing for fun for those who enjoy listening or singing Non-singers are very welcome Please see the poster with dates in the hall

#### Mothers' Union Milnthorpe with Heversham

Meetings are open to all. Please come along.



Wednesday 5th November

1.30 pm St Thomas' Milnthorpe
Note earlier time in November
Quiz and Bring & Buy

Nov 24<sup>th</sup> - Dec 10th is the Global16 Days of Activism Against Domestic Violence, organised by

UNWomen which is the UN organisation dedicated to gender equality and empowerment of women and girls.

We support Springfield Refuge in Kendal which is for men and women

Can you help by donating a **NEW**item for Dec?
knicks, bras u'pants, vests and socks
Join us, Join in!



#### **Levens Good Neighbours**

Thank you to all those who supported the Levens Good Neighbours AGM & Coffee Morning on Saturday 20th September. £145 was raised to help fund the continued support for the Levens village community.





HEVERSHAM WI

Second Wednesday

November 12th: Members' Night Venue: Athenaeum. Leasgill

Time: 7.30pm
Topic: Games Night

Competition: an old game

Visitors are most welcome and can attend up to 3 meetings, at £3 per visit,

with no commitment to join.

For further information

please contact Maggie Hart on hevershamw.i.24@gmail.com





## **HERON CORN MILL**

**MILLING DEMONSTRATION & TOUR** 



#### FRIDAY 7TH NOVEMBER 11:30AM - 1.00PM

Join Stuart the miller, lain the mill guide, and our volunteers for a fascinating demonstration and tour, learning all about this historic water mill and how the stoneground wholemeal flour is produced.

£6.50 ADULTS / CHILDREN FREE TO BOOK: 015395 64271 OR CALL IN

MILL LANE, BEETHAM, LA7 7PQ





FRIDAY 7<sup>TH</sup> NOVEMBER 1.00PM - 3.00PM



A MINI-MARKET WITH A RANGE OF FRESHLY MILLED FLOURS AND OATS, FRESHLY-BAKED BREADS, STALLS SELLING SAVOURIES, CAKES AND QUICHES.

MILL LANE, BEETHAM, LA7 7PQ



Like Traditional Dance and Music?

Westmorland
Step and Garland Dancers
are moving to Levens Village Hall
on Monday evenings
from 7.30pm to 9.30pm
and would welcome anyone who
would like to join in the dances
that have been danced
in The Two Valleys
for several centuries and have made
the area so famous.

It's a good way to keep fit, and great fun too. We have plenty of pairs of clogs for you to try, ladies' and men's, and a warm welcome to aspiring musicians too.

more details ring Ann 015395 68671.



## the HERON theatre www.theherontheatre.com

www.tnenerontneatre.com Box Office & Room Hire 015395 64283



#### November:

Sunday 2<sup>nd</sup> – Classical – **Autumn String Quartet** -- 2.**30pm** 

Friday 7<sup>th</sup> - Drama - The Hound of the Baskervilles -7.30pm

Tuesday 11<sup>th</sup> – Exhibition on Screen – Caravaggio – 2.00pm

Friday 21st — National theatre live —

Mrs Warren's Profession

– 7.30pm

Saturday 22nd – Folk – Finn Collinson Band – 7.30pm

#### Wildlife Through the Lens

A Presentation & Slideshow by local, award winning, wildlife photographer Mark Meth-Cohn

Thurs. 13th Nov. - 7:00pm to 9:30pm
The Athenaeum, Heversham



Tickets £10.00 pre-booking essential.

To book please call or message Lisa: 07827011153

Ticket price includes:

- light refreshments
- a raffle ticket

(Prize - a mounted A3 photo print)
Fundraising for Hincaster defibrillators









# Christmas Carols & Coffee

Saturday 6<sup>th</sup> December 10am - noon at Levens Methodist Church All Welcome



St John's Church
Levens
Christmas Fair
Saturday 29th Nov
Levens Village Hall

Christmas crafts/cakes/games/ gifts/raffle

Mince Pies & Coffee

Entrance £2.50, children free









### **NSPCC**

Christmas Coffee Morning Saturday 15th November 10.30am - 12 noon at Levens Methodist Church

Entrance fee: £2 Children free

Cake stall, Tombola, Raffle & more

Donations gratefully received Tel: 015395 60716







#### A Prayer for the Month

Almighty and everlasting God, you are always more ready to hear than we to pray and to give more than either we desire or deserve: pour down upon us the abundance of your mercy, forgiving us those things of which our conscience is afraid and giving us those good things which we are not worthy to ask but through the merits and mediation of Jesus Christ, your Son, our Lord

Amen



Email: rev@lhmparishes.co.uk Tel 015395 61448

Dear Friends,

Remembering and purposefully setting aside time to remember is a central feature of the faith of the Bible, both before and after Christ. The Church's central and regular act of remembrance is Holy Communion or the Lord's Supper. This comes to us from the Last Supper of Jesus before his death. In turn, that meal with the disciples has its roots in the Old Testament rescue story of the Exodus – the Passover. A meal remembering the rescue from judgement and slavery for those covered by blood of a sacrificial; lamb. That theme from the beginning of the Bible continues to this day, when Christians meet to share bread and wine. As we do, we remember that Jesus Christ, himself called a blameless Passover lamb, shed blood at the cross for us, sparing us from death, and bringing freedom and forgiveness.

November brings added scope for remembering, firstly. the lives of those who loved and served Christ before us, since we begin the month with All Saints' Day. But we also remember on the second Sunday of the month, Remembrance Sunday. This is remembering that has a national, familial and personal character; it is remembering by wider society, irrespective of faith. It has a symbol of shed blood, of life laid down, the poppy. There are similarities and differences, to be sure, but the Christian message has important things to say in the time of Remembrance.

We think of the inhumanity of war; the Bible is frank about the deceitfulness and violence that lurk in the human heart, it is called sin. We think of the victims of war who suffered and suffer still; the Bible calls us to care, to weep with those who mourn. We honour those who give their lives in defence of this nation; central to the Christian message is one who gave his life in service to others. We hope for a better tomorrow, the better tomorrow for which so many gave their todays; Christians believe we already have a glimpse of such a hope, based on Christ's rising from the death, the start of a new life and a new future.

Someone has defined Remembering as "the practice of recalling the past in the present with implications for shaping the future." Christian remembering and national Remembrance have a certain similarity in this regard.

Revd Bryan Kerr, Priest-in-Charge of St Thomas', St Peter's, St John's Churches

## Kendal **Methodist** Circuit

RevdTiras Dainty-Share 01524 963716 Email: tiras.ds@methodist.org.uk

#### Levens Methodist Church 10.30 am unless stated

2nd Morning Worship
led by Dr. Don Spivey
9th 10 am Remembrance Sunday
United Worship at St Jophn's
16th Holy Communion
led by Rev'd Tiras Dainty-Share
23rd 4pm Faith@4 - see notice
30th 4 pm - CTiL
United Advent Worship

#### COME AND PRAY

at St Thomas Milnthorpe on Friday 7<sup>th</sup> November 12 noon (after coffee) for 20-30 mins appox Praying for our villages, churches, wider world issues. Anything really.

led by Rev'd Tiras Dainty-Share

Don't need long prayers, bring one of your own to read, pray silently, or speak what's on your mind.

God doesn't mind. He listens. It's a start.

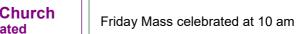
Phillipians 4. 6-7 "Don't worry about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God..."

## CHILDREN'S SUNDAY SCHOOL St Thomas', Milnthorpe

No Sunday School in November



Church



Find on YouTube channel and Facebook Group by searching:

Christ the King RC Church Haverflatts Lane Milnthorpe

Sunday Mass celebrated at 11am

**Kent Estuary Catholic Churches** 

Fr Hugh Pollock 01539 720063

kendalcatholicchurch@gmail.com



A time of reflective worship with prayer,
Scripture, music & space to recharge.
led by Rev'd Tiras Dainty Share
Levens Methodist Church
Every Fourth Sunday
23rd Nov

#### Levens Methodist Church

now registered for the solemnization of marriages between a man & a woman and for the solemnization of marriages of same sex couples. Please contact 01524 963716 tiras.ds@methodist.org.uk The Revd Tiras Dainty-Share

#### **November Sunday Morning Services at Parish Churches**

#### **Details for Remembrance Sunday are on the back page**

#### 8.00 am Holy Communion (BCP)

St Thomas' Milnthorpe -2nd & 16th

St Peter's Heversham -9th & 23rd

#### 9.30 am St Peter's Heversham

2nd Parish Communion

9th 10am Remembrance Sunday

16th Parish Communion

23rd Morning Praise

30th Advent Sunday -

Parish Communion

#### 9.45 am St John's Levens

2nd Parish Communion

9th 10 am Remembrance Sunday

16th Parish Communion

23rd Morning Praise

30th Advent Sunday - Parish Communion

30th 4pm CTiL United Advent Worship

at Levens Methodist Church

#### 11.15 am St Thomas' Milnthorpe

2nd Morning Praise

9th 11 am Remembrance Sunday

16th Morning Praise

23rd Parish Communion

30th Advent Sunday -

Parish Communion

#### All Saintstide Service

of Thanksgiving and Remembrance on Sunday 2nd November at 3.30 pm at St John's Church, Levens to remember loved ones.

If you cannot come but would like to have names close to you remembered in the service please contact the Revd Bryan or Jill.

If you know of anyone you think would wish to come but may not hear about the service, could you tell them? Or contact Jill with their contact? This is in addition to the morning service that day.

Jill 015395 61676

jill.butterworth54@btinternet.com



KEMC Gathering Sunday 7<sup>th</sup> December Methodist Church Arnside

10.30am



## All Welcome to Monthly Afternoon Holy Communion

Thursday 20th November 2.00 pm at St Thomas' Church, Milnthorpe



Tuesday 25th November at 2.30 pm (last Tuesday in the month) at St John's Church, Levens Ğ

To sign up to the weekly emailed notices for Parish Churches in Heversham and Milnthorpe please email 'contact us' via the websites.

For regular email updates for St John's Church Levens please email: iill.butterworth54@btinternet.com

## What's the latest?



www.stthomasmilnthorpe.org.uk &

www.stpetersheversham.org
If you would like an email of the
weekly notices please click on
'contact us'

www.levens.org.uk has local info and NEWS and a link to the same archive of Parish News <a href="https://www.levens.org.uk/st-johns-church">https://www.levens.org.uk/st-johns-church</a>

Milnthorpe What's Going On page on Facebook to catch up with what is going on!
And KEY weekly Youth Activities post on this page

#### Samaritans'

Free helpline number is **116 123**. Calls to this number do not appear on phone bills. This number is free to call from both landlines & mobiles, including pay-as-you-go mobiles. You don't need to have any credit or call allowance plan to call 116 123.

Available round the clock, every single day www.samaritans.org

#### To view the Parish News online: stthomasmilnthorpe.org.uk/ publications/

#### Next issue - print & online December 2025 / January 2026 Please email info by 10th Nov

\*Whilst the Church is most grateful for the support of magazine advertisers no automatic endorsement of products or services can be assumed.

To the best knowledge of the Editorial Team all info is correct at time of going to press 21.10.25

Note to Advertisers: Invoices are posted out or hand delivered. unless email specifically requested.

We NEVER email out a form for you to

pay via a website
please be SPAM aware

If unsure phone 01539564582 or email parishnews@heversham.org

Levens Good Neighbours - You may find it good to know that the support offered by Levens Good Neighbours includes matching with someone to offer friendship.

If you call 07908 004672 any day between 8am and 8pm, this support can be arranged with you



practice.

#### Can Levens Good Neighbours within Levens Parish help with:

A friendly phone call Picking up shopping or library books or prescription Posting mail, Simple handyperson job, Dog Walk, Transport to a local appointment **07908 004672** 8am-8pm any day

Volunteers are covered by insurance & policies relating to safeguarding and good

## Parish News, part of the church in community

is run by 3 Parish Churches

of St Peter's Heversham, St John's Levens & St Thomas' Milnthorpe also including services details for the local Methodist and Catholic churches

#### Volunteer Ed Team:

Jane Cushnie, Jill Butterworth, John Thorley, Margaret Barrow, Wendy Dodds

Distribution Team of more than 60 volunteers deliver 2,500 copies

across the three parishes 10 times a year in all weathers! - thanks everyone!



parishnews@heversham.org Mrs Jane Cushnie Tel: 015395 64582 Phone code as well even if phoning from a local number

Levens News: jill.butterworth54@btinternet.com Mrs Jill Butterworth 01539561676

#### Priest-in-charge of Levens, Heversham & Milnthorpe

The Reverend Bryan Kerr Email: rev@lhmparishes.co.uk Tel 015395 61448 Also the contact details for a pastoral phone call for you or someone you know

#### Churchwardens

Levens: St John's Milnthorpe: St Thomas' Heversham: St Peter's

Mr Hal Bagot 60588 Dr Val Robson 62904 Contact person:

Mrs Jane Fell 63174

Mrs Jill Butterworth Mr John Ricketts

015395 61676 01524 761076
PCC Secretaries:

Mrs Julie Marsh
015395 83183
Frances Taylor
015395 63537
frances30taylor@gmail.com

Mr Peter Clarke 01539565845

www.kentestuarymissioncommunity.com for information from churches in our Kent Estuary



#### Room Hire in Milnthorpe:, Heversham, Levens

Milnthorpe St Thomas' Community Rooms www.stthomasmilnthorpe.org.uk

Milnthorpe Christ the King RC Church kendalcatholicchurch@gmail.com

Leasgill Athenaeum www.the-athenaeum.org.uk Jean Metcalfe. 07368 800922

Heversham Tristrams Pavilion / Playing Fields, Email: sports@dallamschool.co.uk

Heversham Bowling Clubhouse Vera Alderson 01539 897160

Levens Village Hall Helen & Alan Miller 015395 60334

Levens Methodist Hall Jane Jones 07875 163418

Levens Pavilion Alice 07817 200053

#### **FISHWICKS**

FUNERAL SERVICE
Beetham Hall Beetham

015395 63108

www.fishwicksfunerals.co.uk



#### **BEETHAM HALL**

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Kathryn Calvert

015395 65363

www.beethamhall.co.uk

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#### Parkin & Jackson

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www.parkinandjackson.co.uk

#### **Funeral Celebrant**

Celebrant for personal non-religious funerals and Celebration of Life ceremonies

(accredited by Humanist UK) **Tel: 07920 511696** email: kathryncalvert@humanistceremonies.org.uk

#### HALLS WASTE

house clearances. All waste removed, licensed asbestos & waste removal.

ALSO - Demolition services sheds - garages outhouses - houses

Mike 07813 855479 01539 332084



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Email: windowcleaner311@hotmail.co.uk



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### **BPS** Roofing

All aspects of roofing contact Ben 015395 63844 07786 407187

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## T&S Decorating & Design

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Contact Tracey 07907 996779 tands.decorating@btinternet.com

#### THE ORCHARD

Holiday Cottage to Let in Levens Owner: Chris Band Enquiries and Bookings to: 01244 352155

www.sykescottages.co.uk

**Holiday Cottages** in Heversham

Mary Davies 015395 64809 www.oldebluebellcottages.com

#### Rigney Bank House 015395 62236

Studio and 2 bed holiday apartments www.rigneybankhouse.co.uk



8 Bedrooms-Function Room

015395 52206

#### DASHING DOGS

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Inspiring trust, passion & care to deliver excellence to pets and their families. Lancaster 01524 32696 Morecambe 01524 410867 Milnthorpe 015395 62770 01524 770615 Caton 24 hours emergency service www.bayvets.co.uk

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Practice Lindale

Grange over Sands LA11 6LU

**ARCHWAY** 015395 32699

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### HIGHGATE RCVS VETERINARY CLINICA

www.highgate-vets.co.uk 173 Highgate, Kendal 01539 721344 Beezon Road, Kendal 01539 887988

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Kendal: 01539 722692 Kirkby Lonsdale: 015242 71221

24hr Emergency Service www.westmorland-vets.co.uk



#### AIRPORT TRANSFER AND LOCAL TAXI SERVICE Levens, Milnthorpe, Heversham, Arnside

- Phone: 01539 468282
- WhatsApp: 07466648905
- Email: info@nightairporttaxis.co.uk

  Website: www.nightairporttaxis.co.uk





#### Sue Spencer COUNSELLOR

BACP Registered 015395 62217 07804 863408

www.suespencercounselling.com

Liz Ledward Reflexologist A.O.R. Milnthorpe 07930 429354

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O15395 62633 Imbaverstockopticians.co.uk

### Milnthorpe Barbers 15 Park Rd, Milnthorpe

Tel: 62300

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Carnforth LA6 1BH
01524 735240



13 Main St Milnthorpe T: 64484 & Facebook

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Philip Hartley
Registered Osteopath
Milnthorpe & District
Osteopathic Clinic
015395 65777

Abbeyfield

#### Hartland House

Residential Care
Manager Mrs Leanne Scrogham
015395 62251

## Park View Surgery Haverflatts Lane Milnthorpe LA7 7PS

21 New St, Carnforth LA5 9BX

www.parkviewsurgerynhs.co.uk

### 015397 61225

When surgeries are closed call

#### FOOTCARE AT HOME

Tracey Garrett BSc MinstCHp
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### Remembrance Sunday 9th November 2025

- 10 am Levens Village Remembrance Service at St John's Church
- 11 am Village Act of Remembrance at Levens Memorial Cross in Churchyard
- 10 am Heversham St Peter's Church
- 11 am Village Act of Remembrance at Heversham Memorial Cross in the Churchyard
- 11 am Milnthorpe St Thomas' please be seated by 10.55am

#### Milnthorpe Remembers:

- 2.40 pm Assemble at the Market Cross
- 2.50 pm March to the War Memorial
- 3.00 pm Service of Remembrance on Milnthorpe Green



Poppy in a local garden in the summer