

JUNE 2024

A free copy for you

# Parish News

Levens, Heversham, Milnthorpe



**Levens Methodist Church**

**COFFEE SHOP**

**2.30 - 4.15 pm  
Everyone Welcome**

**Mondays**

**Would you like a coffee & a chat?  
please join us.**

**You can also play dominoes,  
cards, Rummikub or do a jigsaw**

**Also bring your knitting, sewing  
or craft project and have a natter.**

**Wednesdays & Fridays**

**Coffee and Biscuits**

**Village Coffee Time  
Third Tuesdays  
Tuesday 18th JUNE  
10 - 11.30 am  
at the Old School, Heversham**

**\*Everyone Welcome \*All Ages\***

**Simply coffee & biscuits &  
chat  
A warm welcome - Do call in !**



**Come and  
See the  
Community  
Rooms**

**and enjoy Coffee  
@ St T's  
Milnthorpe**

**Every Friday 10 -11.30 am  
free WiFi &  
contactless payment available**

**next Meet & Eat  
Friday 26th JULY  
(not in June)  
at Levens Methodist Hall**

**Milnthorpe Food bank -  
[www.milnthorpefoodbank.org](http://www.milnthorpefoodbank.org)  
Collection boxes in Spar  
and  
Churches in  
Milnthorpe and Heversham**

**There is an constant need of food  
& household items so please  
donate if you can, thank you**

**The Food Box in St John's Church  
Levens is open at most hours: for  
King's Food Bank, Kendal.  
a check list of items most wanted  
currently appears on their website -  
<https://kingsfoodbank.org.uk/>  
All contributions are greatly valued**

**The Food Box in Levens Methodist  
Church is open when the church  
building is open**

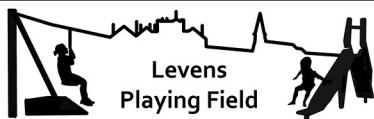


Following the success of the King's  
Coronation Event last year  
You're invited to

**Milnthorpe Summer Fete**  
Saturday afternoon 22nd June  
on the Playing Fields, Park Road

Traditional Sports for Younger  
Children - Fancy Dress - Games -  
Coconut Shy - bring a picnic or buy  
food - Bar Open

See Facebook page and Milnthorpe  
What's Going On FB for more details  
&/or age categories



Levens Playing Field Committee (and Friends) are  
delighted to announce two amazing family events.  
*Not to be missed without a good reason!*

### Levens Marquee Dance

Live music from band OTT

**Saturday 6th July from 7pm**

at Levens Playing Field

Tickets Adult £10 / Children (5 - 17) £5

available at Levens Village Shop

*(Tickets on the door may cost more, if available)*

### Vintage Tea Party

**Saturday 6th July 10am till midday**

at Levens Playing Field

Tickets £3

Primary Children £1 / Under 5's Free

Endless tea and scones

*All process go towards the upkeeps and  
continued development of Levens Playing Field*



# Heversham Pop up Pub

**1st June**

**7.00pm - 11.00pm**

**1st Sat of every month**

**The Athenaeum**

**For our community - all welcome**

### Dates for your Diary:



**Saturday 1st June**  
**Heversham**  
**Pop Up Pub**  
**Cocktail Night**

**Saturday 6th July**  
**Heversham BBQ at**  
**Athenaeum and**  
**Pop Up Pub**



**20th July**  
**Hincaster Party in**  
**the Pasture**



For more info on Activities, please contact  
Diane on 07771 682378 or Lesley on 07816 895021



**Enjoyable Dementia friendly Walks** with optional refreshments.

10.30 am start. Meet at:

**6th June** - Grange Prom from Main Street car park, LA11 6DY

**Woodland Wellness** – Mondays **3<sup>rd</sup> & 17<sup>th</sup> June**

Being outside is good for us all. Come and join us for engaging activities connected to nature –: Silverhelme Scout Activity Centre, The Row, Silverdale, LA5 0UG

**Social Table Tennis** – at Arnside Educational Institute, Church Hill, Arnside,  
10.30 am start, Wednesdays **12<sup>th</sup> & 26<sup>th</sup> June**

**Dementia Embracing Community Singing Group**

**Silverdale Songsters** - Friday mornings between 10.30 – 11.30 am  
at St John's Church Hall, St John's Church, Silverdale

**Zoom Poetry Group** – Alternate Thursday 1.30 – 2.30pm **13<sup>th</sup> & 27<sup>th</sup> June**

The group choose the theme and Dignity in Dementia search out poems which are then emailed to group members. Then we read them together

www.dignityindementia.org



**Please phone for details  
and to book lunches:  
Liz Dawes 01539 728118**

**Gentle Exercise  
Classes – Milnthorpe**

Every Tuesday 10.30 - 11.30 am  
Catholic Church Hall  
Haverflatts Lane, Milnthorpe LA7 7PS

**Gentle Exercise  
Classes – Levens**

Every Wednesday 10.30 - 11.30 am  
Levens Methodist Church  
Lowgate, Levens LA8 8NL

**Levens Lunch Club**  
The Gilpin Bridge, Levens  
LA8 8EP

Fourth Tuesday of the month 12.00 pm

**Hale Lunch Club**  
The Tavern at Hale,  
Milnthorpe LA7 7BH

Third Thursday of the month  
meet at 12.15 for 12.30 pm



**South Lakes**

**We're booking a summer holiday to Spain.  
What can we do to prepare and protect  
ourselves from things going wrong?**

The first thing to do is check if your passport is in date. Renewing can take several weeks. This is especially important if you're flying to Europe as EU countries no longer accept passports that are more than ten years old, even if the expiry date is more than ten years from the issue date.

If your flight is delayed for a long time, your airline has to give you access to food and drink vouchers, phone calls and emails, and accommodation if you're delayed overnight. If your flight is cancelled, you have a legal right to a full refund or replacement flight to help you get to your destination. You also have a right to claim compensation if your airline delays, loses or damages your checked-in luggage.

Compensation for other things, like a day trip being cancelled, or not being given the standard of room you paid for, depends on whether you booked a package holiday or arranged it independently, so you need to check the details.

Get travel insurance as soon as you book a holiday. You may have an existing insurance policy. Insurance can cover many of the things already mentioned, but also events like medical emergencies. If you need advice, check the Citizens Advice website, or contact South Lakes Citizens Advice.

***Free, confidential advice and help is available from South Lakes Citizens Advice on any aspect of debt, consumer problems, benefits, housing, employment or any other problems. South Lakes Citizens Advice, your local charity, is here for you.***

***How to access:***

***Call 015394 46464 - this is being staffed from 9:30 – 2pm***

- ***Adviceline: 0808 2787 984  
email advice via our submission page on  
our website [www.southlakescab.org.uk](http://www.southlakescab.org.uk)***
- ***Help to Claim (Universal Support): 0800 144 8 444***



A special flag will be flown for a week to mark the celebrations for the 80<sup>th</sup> anniversary of D Day and there will be a peal of bells on 6<sup>th</sup> June at St Peter's Church Heversham.

Bunting Flags will be put up in Milnthorpe for DD80 and fluttering until the Milnthorpe Summer Fete later in June.



**A lunch time organ recital  
by Graham Toft  
at St Thomas' Church, Milnthorpe  
on Tuesday 18<sup>th</sup> June  
12 - 1 pm.**

Bring your lunch to enjoy  
after the performance, tea and coffee  
will be served.

Retiring collection.

## ♪ Happy Voices ♪ Singing Group

meets every Monday at  
Christ the King Church Hall  
on Haverflatts Lane, Milnthorpe  
from 1.30pm – 3.00pm

Everyone welcome  
no experience necessary

£2 a session including refreshments  
Ring Lynne Gibbons  
07814 709847 for further details

## **Singing for Fun**

Come and join in with us  
Relax and Enjoy No Membership

Held on the first Thursday morning  
in the month -  
at 10.45am



at Christ the King Church Hall  
Haverflatts Lane, Milnthorpe  
£2 includes tea or coffee

## Levens Little Larks

Come and join us for a  
sing-a-long together  
Tuesdays every fortnight at 10.30am  
Levens Methodist Church Hall  
-check updated poster in the hall-  
We welcome all  
parents, grandparents, carers  
and all pre-school children

**Cost £1.50 with a  
cuppa and chat afterwards**



## **LEVENS WARBLERS**

### **SINGING GROUP**

invite you to join on  
second & fourth  
MONDAY of the month  
10.30 am to 12 noon  
Levens Methodist Church Hall  
For Singers and non-singers  
cost £2.00 including refreshments  
Please do come along and sample  
what is on offer: friendship/singing  
popular songs/listening/tea/coffee

**Special St Peter's Church  
Heversham  
Weekend Celebration  
Sunday 30th June  
11.00 Service,  
followed by Community Lunch,  
Jacob's Join**

**All invited  
Bring a friend**



**CHRISTIANITY|EXPLORED**

WHAT'S THE BEST NEWS  
YOU'VE EVER HEARD?

Christianity Explored is a seven-week course helping people explore the Christian faith. Featuring short videos and discussion, we will look at one of the historical accounts of Jesus' life (Mark's Gospel) as we consider who Jesus is, why he came and what he offers.

### **Who's it for?**

Anyone really. The course is especially designed for those who don't consider themselves to be Christians or religious, but also for churchgoers and those of faith who want to explore deeper what life and Christianity is all about.

You won't be asked to pray or read out loud.

### **When is it on?**

It runs on Mondays, 2.00 pm in St Thomas' Church, Milnthorpe, from 3<sup>rd</sup> June.

DO YOU HAVE EXPERIENCE IN WORKING  
WITH YOUNG PEOPLE?

**KENT ESTUARY YOUTH PROJECT  
ARE RECRUITING  
A FULL TIME OR PART TIME  
YOUTH WORKERS**

**We are looking for enthusiastic people who are able to  
bring their own skills to the role such as sports  
coaching, food and nutrition, arts and crafts and  
outdoor adventure.**

**Our Youth workers provide clubs, activities  
and support in Milnthorpe, Levens, Storth and Arnside  
We are open to applications from qualified  
individuals, those who have transferable skills, or  
willing to work towards a qualification.**

**For an application pack and  
further information visit  
[www.thekeyproject.org.uk](http://www.thekeyproject.org.uk)  
or email**

**baverstock271@btinternet.com**



**Mothers Union  
Milnthorpe with Heversham MU**

This month (June 11th) we are having an Away Day on a Canal boat cruise, so there will be no MU meeting at St Thomas'.

Wednesday July 3rd at 2pm  
at St Peter's Church, Heversham

It is our Summer Service and Jacob's Join tea, when there will be a collection for the Mothers Union Overseas Fund

All are very welcome to visit and join us.





**Saturday 1st June 7 pm**  
**in the NEW**  
**Community Rooms**  
All welcome for  
this brain teaser.

Form a team with friends  
(max 4 per team)  
Bring Your Snacks  
£10 per team  
in aid of  
St Thomas Building Fund



All Welcome



**WESTMORLAND  
STEP AND GARLAND  
DANCERS**



### Recruiting now - step this way

Help keep local folk dance  
tradition alive and kicking  
Seeking new team members  
to learn

**Lakeland Step (Clog) Dancing &  
North-West Garland Dancing.**

Also, folk musicians to play for  
our dancers.

Practice - **Mondays 8.15 - 10 pm**  
The Beck Community Centre,  
Esthwaite Ave, Kendal LA9 7NZ  
Contact:

Gillian - dancers 07518 461267  
wsgdsecslater1@gmail.com

Roger - musicians 07855 347295  
roger.smith100@btinternet.com



### **The HERON theatre**

Select your seats  
& book on line

[www.theherontheatre.com](http://www.theherontheatre.com)  
see website to hire venue  
Box Office 015395 64283

#### **June Performances**

**2<sup>nd</sup> Red Rosettes Chorus – Acapella Choir**  
singing four part harmonies in a range of  
styles including ballads, jazz, pop and  
classical. 2.30 pm

**14<sup>th</sup> Film – The Great Escaper with Glenda  
Jackson & Michael Caine. 7.30 pm**

**15<sup>th</sup> PoVo – playing jazz fusion on catchy  
rhythms with classic tunes from the 70s  
onwards. 7.30 pm**



## Save the Dates

The 2024 Levens Arts Trail will take place on  
**Saturday 6th July and Sunday 7th July, 10.30am**  
to 4pm.

Please join us in Levens village to meet a host of  
wonderful artists, makers and creators in their  
homes/studios and see examples of their work  
displayed in the Levens Institute.

Maps will be available to buy beforehand or on  
the days of the event itself. Watch out for more  
details ... coming soon.

This event is part of the fantastic 'Levens Big  
Weekend'.

[levensarts@gmail.com](mailto:levensarts@gmail.com)



# MILNTHORPE & DISTRICT ALLOTMENT ASSOCIATION ANNUAL



## HORTICULTURAL & CRAFT SHOW

St Thomas' Church, Milnthorpe

Saturday 7th September 2024

from 1pm

*Admission by donation*

Plus Baking & Preserves, MAMMOTH VEGETABLES,  
Wines & Beers, Floral Art and Children's Classes

Refreshments and Raffle  
Cups and Medals presented at 3pm  
Auction of Produce after show

Schedules available in local Garden Centres, online on the website for the Milnthorpe and District Allotment Association, and in July will be attached to the online version of the Parish News.

Plenty of categories to enter - Have a Go!

## Plant Sale

at the lychgate, **St John's Levens** is now. Thank-you to the people who made it work so well.

The remains gone to join the wall sale by the bus stop that support the Food Bank.



St John's page on  
Levens Village Website

go to the main Levens website,  
under "In the village",  
direct access by

[https://www.levens.org.uk/  
st-johns-church](https://www.levens.org.uk/st-johns-church)



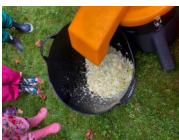
## Dates for your Diary



**Let's hope all the lovely  
apple blossom  
grows lovely apples**



**As the last few years, the Apple pressing  
equipment has been booked for:  
Friday 27th and Saturday 28<sup>th</sup> September 2024 -**



**This is for the Friday morning outside on the grass  
at St Thomas' Church Milnthorpe for everyone**

**For the Friday evening for members of Milnthorpe  
and District Allotment Association**



**and then the Saturday morning in Levens on the  
grass outside St John's Church Levens**



Then the apple mush is enjoyed by  
local pigs!  
If you know of any other local pigs  
who would be happy to eat some  
apple mush, please email:  
[parishnews@heversham.org](mailto:parishnews@heversham.org)



## St Peter's Churchyard Working Party

The Churchyard Working Party held one of its periodic meetings on the 27<sup>th</sup> April, many thanks to those who attended.

The next meeting will be on  
Saturday 22<sup>nd</sup> June  
from 9.00am to 12 noon.

Please note the earlier finishing time that will now become our default finishing time rather than 12.30pm. The change recognises that in practice we have been finishing at about 12.00 in any case, having invariably filled all of the green bins by then and completed the tasks that we had to do.

Many hands really do make light work. If you would like to take part in keeping the churchyard tidy you are very welcome to come along at any time during the morning or leave early if you wish. If you can bring loppers and secateurs that will be helpful, though don't worry if you can't. Gardening gloves will also be useful.



## HEVERSHAM

theWI  
INSPIRING WOMEN

Next meeting: Wednesday June 12th  
Speaker: Sinead McCann  
Topic: Growing Well



Competition: A Vegetable Animal  
Venue: Athenaeum, Leasgill  
Time: 7.30 pm

Visitors are most welcome, are asked to pay £2, and can now attend for 3 sessions before making a commitment to join.

For further information please contact Maggie Hart on  
[hevershamw.i.24@gmail.com](mailto:hevershamw.i.24@gmail.com)

**To view the Parish News  
on a website in larger format  
please see :**

***[https://  
stthomasmilnthorpe.org.uk/  
publications/](https://stthomasmilnthorpe.org.uk/publications/)***

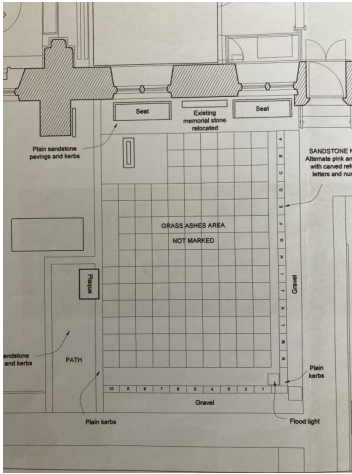
**Next issue -  
JULY 2024  
print & online**

**Please email info by 10th June  
Then  
August /September issue  
Please email info by 10th July**

*\*Whilst the Church is most grateful for the  
support of magazine advertisers  
no automatic endorsement  
of products or services can be assumed.*

To the best knowledge of the  
Editorial Team all info is correct  
at time of going to press 17.5.24

## St Peter's Church Ashes Area



There has been exciting progress in improving the area where Ashes are interred in the St Peter's churchyard. After much discussion and consultation the PCC was delighted to go ahead with the proposal as shown on the plan, in the confidence that it was well supported and would enhance an important area of the churchyard. Phase 1, the placing of engraved kerbs and paving, is almost complete and has been well received. It really does indicate the importance of that area of the churchyard to so many people.

The benefits of Phase 1 are that;  
attractive stone kerbs delimit the area and indicate that it is a special area of ground  
each ashes plot can be identified through numbers and letters inscribed on the kerbstones

There has been a pause in progress however as the builder carrying out the work has been in an accident that resulted in injuries which mean that he will be off sick for a while. We wish him well and look forward to his return to work.

Phase 2 of the project makes sense of the whole scheme. It is a slate memorial plaque to be mounted on a stand next to the interment area. The plaque will show a grid that might be imagined on the ground and which will be inscribed with the names of those whose ashes are interred in each square (plot), thus it will be possible to identify where particular ashes are located. Future interments will also be recorded on the slate memorial. An actual size print-out of the grid with existing names can be seen in church. The church is open during the day.

The improvement work is estimated to cost a fraction under £18,000.

Costs so far have been met from PCC funds and from generous donations for which the PCC is most grateful. Nevertheless further donations are necessary for the project to be completed and about another £10,000 is still required.



If you would like to join others in making a donation towards this exciting and permanent memorial please contact St Peter's using the contact details here in the magazine.



Dear Friends,

In recent weeks it has been suggested that a Christian should not hold public office within the United Kingdom, due to the nature of their beliefs. This silencing of certain views has been

characterised as being part of a 'cancel culture'. The wider issues of freedom of speech and what is acceptable in public discourse are hot topics within society today.

There are several ways you can react to speech that you do not agree with. Firstly, you can listen and disagree and argue back. You can seek to persuade the other person to a better, clearer understanding of the truth.

Secondly, you can simply ignore what people are saying, you can turn off your television or stop reading or listening.

The third alternative is to stop the person from speaking, if you don't like what they are saying. Shoot the messenger, cancel their opportunity, de-platform them, so they cannot say anything. It is saying to a speaker, "What you are saying must not be said or expressed by anyone at any time. And if we ever find out that you have expressed them, we will punish you."

This option puts terrific pressure on people to watch their words; effectively certain opinions are silenced through self-censorship. Ultimately this option is sinister. Here is real bigotry and intolerance.

And yet this clamour for cancellation recognises something important from the very first page of the Bible, about the nature of speech itself. Christians believe in the power and truth of speech, because God speaks with power and truth. God created speech. He's the first speaker – he spoke, and the world came into existence. He created the world by speech. As the psalmist says, "By the word of the Lord the heavens were made." Words have power and words have truth. Elected politicians do not usually go out to build roads, but by their words they have the power to get other people to build roads. The words of leaders are powerful words.

But God is all powerful, his words create the universe. Not only is power conveyed in words, but also truth. It is possible to express truth through speech, because that is how God has brought reality into being. Human beings are made in the image of God, and he creates us in his image as speakers.

That does not mean that Christians always get it right in what we say, but that we believe that truth is knowable, because ultimately truth comes to us as a person, a fellow human - Jesus, who said, I am the Way, the Truth and the Life. Nor have Christians always expressed what they believe in kind words. We are called to speak the truth in love.

But when we get it wrong, we get corrected by the truth. We should always be open to reasoned argument, and assume that we're capable of being wrong. However, when we are silenced, that opportunity for reasoned discussion is taken from us. There must be freedom to speak, because truth comes through words.

However Christian speech should not be partitioned into the private sphere. God's speech is the foundation of the whole universe, not just the 'religious' part. Christians are to be authentically Christian wherever they are. Christians are citizens and taxpayers. They have as much right to speak in the public square as any other citizen or taxpayer. Like Saint Paul, Christians are to commend ourselves to everyone's conscience by the plain and open statement of the truth, and entrust ourselves to God (2 Corinthians chapter 4 verse 2).

Every Blessing, Revd Bryan Kerr

Priest-in-Charge of St Thomas', St Peter's, St John's Churches



Monthly Afternoon  
Holy Communion

(Book of Common Prayer BCP)

Returns to its afternoon time on a  
Thursday now that the building work  
is completed at the

NEW Community Rooms

- Thursday 20th June at 2.00 pm  
at St Thomas' Church, Milnthorpe



Tuesday 25th June at 2.30pm  
(last Tuesday in the month)  
at Levens Methodist Church



**KEMC Joint Service - 9th June**

Everyone Invited  
at St Michael's Church, Beetham  
10.30 am

on the 9th there will be no other  
services in Parish Churches  
and Methodist Churches, apart  
from Holy Communion BCP at 8am  
at St Peter's Church Heversham

**WRITING A WILL?**

Once you have made provision for  
your loved ones, why not consider  
making a lasting gift to God, by  
leaving a legacy to His church?  
A gift in your will to your local  
church is one of the most valuable  
and lasting ways you can continue  
to support its mission and ministry  
within your community.

The Church of England has  
partnered with Farewill to provide a  
free will-writing service, which can  
be used to benefit other churches  
also.

Details at: [https://  
www.churchofengland.org/our-  
faith/church-legacy](https://www.churchofengland.org/our-faith/church-legacy)



Kendal **Methodist** Circuit

Revd Tiras Dainty-Share 01524 963716

Email: [tiras.ds@methodist.org.uk](mailto:tiras.ds@methodist.org.uk)

**Levens Methodist Church**

10.30am Services unless stated led by:

- |      |  |
|------|--|
| 2nd  | Revd Tiras Dainty-Share  |
| 9th  | KEMC service at Beetham  |
| 16th | Irene McKay  |
|      | This may change for special<br>circumstances, please check<br>nearer the time. |
| 23rd | Holy Communion will be led by<br>Revd Barbara Fairburn                         |
| 30th | Mrs Claire Middleton   |

**Levens Methodist Church** is now  
registered for the solemnization of  
marriages between a man and a woman  
and for the solemnization of marriages  
of same sex couples.

Please contact :

The Revd Tiras Dainty-Share  
[tiras.ds@methodist.org.uk](mailto:tiras.ds@methodist.org.uk)  
telephone: 01524 963716

## You are welcome at JUNE Sunday Morning Services at Parish Churches -

### 8.00 am Holy Communion (BCP)

St Thomas' Milnthorpe

2<sup>nd</sup>, 16<sup>th</sup>, 30<sup>th</sup> June

St Peter's Heversham

9<sup>th</sup>, 23<sup>rd</sup> June

### 9.30 am St Peter's Heversham

2nd Parish Communion

9th At Beetham Church - see p 14

16th Parish Communion

23rd Fellowship Service

30th 11am Parish Communion -  
See page 7

### 9.45 am St John's Levens

2nd Parish Communion

9th At Beetham Church - see page 14

16th Parish Communion

23rd Morning Praise

30th Parish Communion

### 11.15 am St Thomas' Milnthorpe

2nd Morning Praise

9th At Beetham Church - see p 14

16th Morning Praise

23rd Parish Communion

30th Morning Praise

The morning service on **16th June** at **St John's Levens** is an occasion for her friends in St John's and elsewhere to celebrate Frances Makin's long service to St John's.

All Welcome

### Christ the King RC Church Haverflatts Lane Milnthorpe

Sunday Mass celebrated at 10.30am

Friday Mass now celebrated at 10 am

Find on You Tube channel and  
Facebook Group by searching:

### Kent Estuary Catholic Churches

Fr Philip Smith 015395 32731

Email:

kentestuarycatholicchurches@gmail.com

### CHILDREN'S SUNDAY SCHOOL Milnthorpe

Sunday School has not been meeting during the time of the building works but **will restart on 2nd June**, meeting on alternate Sundays during the morning services

2nd, 16th and 30th June.



**Child  
Friendly  
Church**



What's the latest?



[www.stthomasmilnthorpe.org.uk](http://www.stthomasmilnthorpe.org.uk)  
&

[www.stpetersheversham.org](http://www.stpetersheversham.org)

If you would like an email of the weekly notices please click on 'contact us'

[www.levens.org.uk](http://www.levens.org.uk) has local info and NEWS and a link to the same archive of Parish News <https://www.levens.org.uk/st-johns-church>

@NEWparishnews

Facebook page. Items posted are forwarded to Milnthorpe What's Going On page too.

**Milnthorpe What's Going On**

page on Facebook to catch up with what is going on !

And **KEY** weekly Youth Activities post on this page

[www.heversham.org](http://www.heversham.org) has local info and an archive of over 17 years of Parish News in A4 pdf version.

[Nextdoor.co.uk](http://Nextdoor.co.uk)

Local info, tips and ideas



To sign up to the weekly emailed notices for Parish Churches in **Heversham** and **Milnthorpe** please email 'contact us' via the websites.

For regular email updates for St John's Church **Levens** please email:  
[jill.butterworth54@btinternet.com](mailto:jill.butterworth54@btinternet.com)

**For a pastoral phone call**  
for yourself or for  
someone you know call:



**Heversham & Milnthorpe:**

Email via church websites  
'contact us' or phone

Linda Cooper 015395 63836

**Levens:**

Linda Cooper 015395 63836

**Levens Good Neighbours** - You may find it good to know that the support offered by Levens Good Neighbours includes matching with someone to **offer friendship**.

If you call 07908 004672 any day between 8am and 8pm, this support can be arranged with you



**Can Levens Good Neighbours help with:**

A friendly phone call

Picking up shopping or library books or prescription  
Posting mail, Simple handyperson job, Dog Walk, Transport to a local appointment

**Ring 07908 004672**  
**8am - 8pm any day**

Volunteers are covered by insurance & policies relating to safeguarding and good practice.

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is run by 3 Parish Churches

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