

FEBRUARY 2026
A free copy for you

Parish News

Levens, Heversham, Milnthorpe



Snowdrops in Milnthorpe

Friday Coffee @ St T's
Community Rooms
Milnthorpe

Every Friday 10 -11.30 am
free WiFi &
contactless payment available

MEN'S BREAKFAST
8.30 am
Saturday 14th February

(second Saturday)
St Thomas' Community Rooms
Milnthorpe



Meet & Eat 12-2pm
at Levens Methodist Hall
Friday 27th February

Cottage Pie
& Pickled Beetroot/red cabbage
or Vegetarian Pie

Sticky Toffee Pudding
or
Bakewell Tart & cream
Tea/Coffee

£5

Please add your name to the list
at Coffee Shop
or phone Susan Beckwith
0779 6561810

Everyone Welcome
Children under school age free

COFFEE SHOP

at Levens Methodist Church

Everyone Welcome

Mondays 2 - 4 pm

Would you like a coffee & a chat? please join us. also dominoes, cards, Rummikub or do a jigsaw. Also bring your knitting, sewing or craft project and have a natter.



"Knit & Knatter"

welcome you to join
Mondays 10am - noon
in St Thomas' Church
Community room,
Milnthorpe

Pop in for a coffee,
come and say hello
whilst we knit or do craft.
All Welcome



**Village Coffee Time
Heversham**

usually Third Tuesdays

**Tuesday 17th February
is Shrove Tuesday
Pancake Day**

**so we're having a
Pancake Cafe !**

**Children's Activities too
(it's Half Term)**

**10-11.30 am
St Peter's Church**

***Everyone Welcome*
*All Ages***

*St Thomas' Church
Milnthorpe*

**PANCAKE
CAFÉ**

**Tuesday 17th February
3.15 - 4.45pm**

Delicious pancakes served with
all your favourite fillings

Tea, Coffee, Hot Chocolate, Juice

Pancake Races

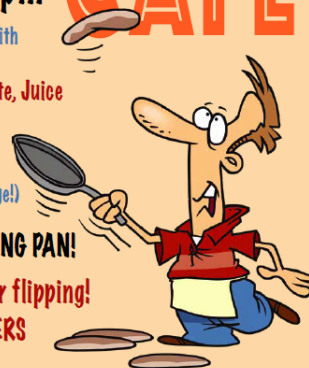
for all ages, including adults
(if you are up to the challenge!)

Bring your own RACING PAN!

Start practising your flipping!

PRIZES for the WINNERS

See you there ...



St Thomas' Church
**Lent
Soup Lunch**

Served on
Fridays
during Lent

12.00-1.00 pm



Fridays, 20th and 27th, February
Fridays 6th, 13th, 20th and 27th March

**Soup and a roll
Cake or cheese and biscuits
Tea and coffee**

£6.00

All proceeds to local Charity

Soup Lent Lunch

on Tuesday 10th March

12 - 1 pm

**Old School Heversham
nx to St Peter's Church
Heversham**

**Choice of soups
Cheese & biscuits/bread
Tea and Coffee**

**Donations to St Peter's Church
nominated Lent Charity**

**Other soup lunches in the
village may be announced
- see church notices/ March News**



**FREE
PARKING**
on Fridays
at the Car park
on
Beetham Road
Milnthorpe

Also EV car
charging points
here



February Activities

For more information, please contact
Jenny Connor on 07825 414816



**Dignity in
Dementia**

Helping you support people with dementia

Supper club – 6pm Thursday 26th February

A monthly meal at a different pub or restaurant in the local area. Contact Jenny for details if you would like to join us.

Monthly Tai Chi - 1pm – 2pm Tuesday 17th Feb

Levens Methodist Church Hall, Lowgate, Levens, LA8 8NG

Social Table Tennis – 10.30am-noon Alternate Weds 4th & 18th Feb

at Arnside Educational Institute, Church Hill, Arnside,

Zoom Poetry Group – 1.30 – 2.30pm Thursday 19th Feb

The group choose the theme and Dignity in Dementia search out poems which are emailed to group members. We then read them together.

Silverdale Songsters - Dementia Embracing Community Singing Group

Coffee on arrival & singing popular well known songs

Fridays 10.30 – 11.30 am at St John's Church Hall, Silverdale LA5 0RF

Woodland Fun – 11am – 12 noon Monday 9th Feb

A different nature themed activity each time. Silverhelm Scout Centre,
The Row, Silverdale, LA5 0UG

Enjoyable Dementia friendly walks - 10.30am start Wednesday 27th February –

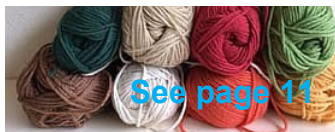
Bob in Café, New Barns Caravan Park, Arnside, LA5 0BN

NEW monthly photography – 11am -12 noon Thursday 12th February

We will focus on a different subject to photograph each month with advice given on how to improve our skills. The location will change each month so do ask for more details. You will need to bring your own camera or camera phone.

www.dignityindementia.org

MU would gratefully receive oddments of wool to knit hearts, toys and baby items



See page 11



Companionship Cafes at St Thomas' Church Milnthorpe

Next Dates (from 1.30-3pm):

- 14th January
- 18th February
- 8th April
- 27th May

Join us for a
FREE hot
drink and
scone!



Adult Learning

Computers for the Absolute Beginner: An Introduction to IT



Wednesday 25 February

12.30pm – 3.30pm

5 weeks

St Thomas' Church,
Milnthorpe

FREE

Led by Dawn our fully qualified
Digital tutor

This beginner-friendly class is designed for anyone who is new to using computers.

Designed for absolute beginners, this course will guide you through the basics of using a computer, navigating the internet, and managing your files. No experience needed—just bring your curiosity. Sign up today & open the door to endless digital possibilities!

To book a place please visit our website at:

<https://adultlearning.cumbria.gov.uk/centres/kendal.asp>

Or: 01539 713257 or 07966116905

Or: email: Kendaladultlearning@westmorlandandfurness.gov.uk



For more information or to book a place on one of our activities, please contact our Admin Team on 01539 728118 or email: admin@ageuksouthcumbria.org.uk



Gentle Exercise Classes

Levens

Every Wednesday 10:30 – 11.30am

Levens Methodist Church, Lowgate, Levens, LA8 8NL

Milnthorpe

Every Tuesday 10:30 – 11.30am

Catholic Church Hall, Haverflatts Lane, Milnthorpe, LA7 7PS

Please call first if you are interested in the Milnthorpe class



Lunch Clubs

Levens

Fourth Tuesday of the month 12:30

The Gilpin Bridge Inn, Bridge End, Levens, LA8 8EP

Beetham

Third Thursday of the month meet at 12.15 for 12.30 pm

The Wheatsheaf at Beetham Milnthorpe LA7 7AL



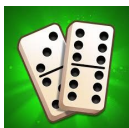
Walking Cricket

In partnership with the Live Longer Better in Cumbria programme

Walking Cricket is a slower version of the game, designed so that anyone can take part.

Every Monday 2:00pm-3:30pm – Heversham Sports Hall, Dallam Boarding House, Heversham, LA7 7EH

Dominoes with Hot Pot Supper



& Cash Prizes

Saturday 7th March 7pm

Athenaeum, Leasgill



BYO drinks, nibbles and glasses
Tickets £12.50 available 1st February
from: Tom Grindey: 015395 62125

QUEST

Talks start at 10 am - All Welcome
at the Athenaeum, Leasgill LA7 7ET

12th Feb: "School Life in the 1950s/60s"
Judith Shingler & Alison Peak

26th Feb: "Samuel Haslam of Heversham"
Prof Ian Hodkinson

Guest admission at £3 inc refreshments
Second and Fourth Thursdays

No need to book

Enquiries email: aptayler@gmail.com

♪ Happy Voices ♪ Singing Group

meets every Monday at
Christ the King Church Hall
on Haverflatts Lane, Milnthorpe
from 1.30pm – 3.00pm
Everyone welcome
no experience necessary

£2 a session including refreshments
Ring Lynne Gibbons
07814 709847 for further details



Saturday 7th Feb 7 pm

Community Rooms
at St Thomas'

All welcome for
this brain teaser.

Form a team with friends
(max 4 per team)

Bring Your Snacks

£10 per team in aid of
St Thomas Building Fund



All Welcome

Levens Little Larks

Come and join us for a
sing-a-long together

Tuesdays every fortnight at 10.30am
Levens Methodist Church Hall

-check updated poster in the hall-

We welcome all
parents, grandparents, carers
and all pre-school children
cuppa and chat afterwards
£1.50 inc refreshments

LEVENS WARBLERS

invite you to come and join us
second & fourth

MONDAY of the month
between 10.30 am and 12 noon
in Levens Methodist Church Hall

Everyone is very welcome
Singing for fun for those who enjoy
listening or singing

Non-singers are very welcome

Please see the poster
with dates in the hall

Handel Messiah

Soprano Eleanor McIntosh

Alto Louise Wood

Tenor Nicholas Hurdndall-Smith

Bass Terence Ayebare

Conductor Ian Jones

Orchestra led by Pam Redman

Capernwray Hall,
Carnforth, LA6 1AQ

Saturday 28 February
at 2.30pm

Tickets £20

Available from
www.eversleychoir.org,
choir members
or on the door.

Children and
full time
students
FREE.



the HERON theatre
www.theherontheatre.com
Box Office & Room Hire
015395 64283



February

Friday 6th Drama – 7.30 pm
Becoming Mrs Danvers

Sunday 8th Classical Music 2.30pm
Take Wings! Songs about Birds

Friday 13th Film - The Roses –
7.30pm

Saturday 14th Folk Music –
Paul Simon & Me – with
Ben P Williams - 7.30pm

Tuesday 17th National Theatre Live –
The Fifth Step – 7.30pm

Friday 20th Storytelling and Poetry -
Pottinger & Purshouse on
the Road -7.30pm




LEVENS HALL

‘Levens Art at Levens Kitchen’

Now showing ...

In the ‘Howard Room’ and the ‘Servery’

An exhibition to celebrate the work of the many
talented artists, makers and creative people
living in Levens village



Contact: levensarts@gmail.com

TUESDAY CLUB

10th February
2pm

Levens Village Hall
**PETE AND FIONA'S
MUSICAL INSTRUMENTS**



Tea/coffee and home - made
cakes
Free for members Visitors £4



Fundraising Appeal 2026

The Athenaeum is held in trust by Heversham and Leasgill Parish Council and is run by a small team of skilled, local volunteers who give their time and effort to operate and manage all aspects of the hall. Groups and individuals from throughout the area use the Athenaeum on a regular basis for sport, leisure, social and business purposes. It is a popular and well-used resource for our whole community, which we are very fortunate to have.

The hire charges provide the revenue essential to continue to operate viably.

In addition, special events such as Bingo, Quiz nights, Musical tea parties and a Pop-Up Pub are held, raising vital funds for new equipment and repairs. Any relevant and available grant funding is also applied for. The money raised in recent years has helped to pay for double-glazed windows, new curtains, sound proofing equipment and a new cooker. We now need to fully refurbish the toilet facilities, but work cannot begin without sufficient funds in place. Please support us if you can.

We recognise that this is a challenging time, financially, for many people but do hope that you will be able to give this essential project your support. If you would like to help, and/or contribute to the hall's refurbishment fund, the bank details are below, or if you would like more information, please email:

leasgillvillagehall@gmail.com

facilities & bookings: please check the website <https://the-athenaeum.org.uk>

The Athenaeum Management Committee

Bank Details: The Athenaeum.

Sort Code: 20-45-28.

Levens Village Hall

– Notice of No Dogs policy

The trustees of LVH were recently made aware by Levens Parish Council of public concern regarding the health implications of dog fouling on the grass area at the back of the hall (which belongs to the hall).

This area is a play space for children using the hall. The trustees of the hall obviously have a responsibility for the safety and wellbeing of its users, and so after due consideration it was thought inappropriate to let dogs have access to this grass.

However, after further review, it was decided that for some months of the year the grass was unlikely to be used by children (certainly those using the hall) so the restriction will only be applied between 1st April and 30th September annually.

Whilst recognising people's frustration over this as the grass has been used by dog walkers for many years, the trustees consider it to be the right course of action and hope you will all support and abide by the new restriction (which is in line with many other children's play areas).

We did initially erect 2 'no dogs please, children play here' signs

Someone has removed the signs !

If you know who did this - please ask them to -

- return the signs to the hall
- &/or donate £40 to cover costs
- &/or volunteer as a Trustee and be part of the decision making and planning in the future, working for the benefit of the hall and community.

We plan to get more signs in order to keep the grass safe for children's use, and hope that our decision and actions are respected by all.

We welcome anyone who feels they can add to the team.

Thank you, Trustees, LVH
Charity number 1192940



I saw a branded backpack at a really good price online, but when it arrived, it was thin plastic with fake logo patches. What can I do about it?

Citizens Advice are seeing a huge increase in cases of counterfeit goods being reported, bought both directly from traders and online. Beware of suspiciously low prices for branded goods. Sometimes sellers even argue the items were obviously fake because they were very cheap. But they're breaking the law by selling these items and your legal rights still apply.

You're legally entitled to a full refund on fake goods within 30 days of your purchase. If it's been over 30 days since you paid, but less than six months, the seller is allowed to give you a real version of the item. If they can't do this, they're legally required to give you a full refund. If you paid more than six months ago, you're only entitled to a part-refund based on how much you've used the item and how long you've had it.

If the seller refuses to give you a refund and you paid by debit card, contact your bank and ask to use the 'chargeback scheme'. If you paid by credit card and the item cost less than £100, you can use the same scheme. If you paid by credit card and the item cost between £100 and £30,000, tell your credit card company you want to make a 'section 75' claim. If you paid cash, contact the Citizens Advice Consumer Service. You can also report a seller to Trading Standards, which investigates criminal activity. Find out more on the Citizens Advice website.

Free, confidential advice and help is available from South Lakes Citizens Advice on any aspect of debt, consumer problems, benefits, housing, employment or any other problems. How to access:

Call **015394 46464** 9.30am – 2pm, Monday – Friday

Drop in sessions at Wainwright's Yard, Kendal, LA9 4DP

10am – 1pm, Tuesday and Thursday

• Adviceline: 0808 2787 984 - 9am - 5pm, Monday – Friday

email advice via the submission page on our website

www.southlakescab.org.uk

South Lakes Citizens Advice is a local charity based in the heart of South Lakeland.

Can you help us by giving six hours a week to train to be a volunteer and help local people, or by joining our Trustee Board, or by donating to support our vital service?

If so, please contact Karen – manager@southlakesca.org.uk


Quarry Wood Working Party

Saturday 14th February 10.00 start

Heversham Parish Council
is planning some clearance
and potential replanting
in Quarry Wood,
with a number of trees needing removal
and bramble clearing.

volunteers gratefully accepted!
If you chop, you can take the wood!


Contact Iain Richards
07824349270 for more info
and which handtools to bring



ARNSIDE AND SILVERDALE

PHOTOGRAPHY CLUB

Every fortnight
THURSDAY
7.30 PM

WEBSITE 

www.arnsideandsilverdalephotoclub.co.uk

ARNSIDE EDUCATIONAL
INSTITUTE, LA5 0DF

JOIN FITNESS DYNAMICS

with Sam Horton



Fitness Dynamics
MIND • BODY • WELLNESS

Classes and One-to-One including:

- **Restorative Pilates** (Breathwork, Posture & Mobility)
- **Lift Strong** (Strength & Balance for Mid-life Wellness)
- **Dance Strong** (Salsa, Linedance & Weights)
- **Trigger Point Pilates** (Tension release, rehab, flexibility)

**Classes in Milnthorpe,
Arnsdale, Silverdale,
Heversham & Yealand**

All classes are also online on Zoom for access in your home

☎ 07886457563

🌐 www.fitnessdynamics.co.uk



Gentle, supportive movement for real life: Sam at Fitness Dynamics offers friendly, inclusive Pilates and movement classes for adults of all ages and abilities. Classes focus on improving strength, mobility, posture, balance, and breathing, with plenty of options so everyone can work at their own pace.

Many people come along to ease aches and stiffness, build confidence with movement, or simply enjoy moving in a calm, supportive environment.

Sessions include Restorative Pilates, strength work, and low-impact movement suitable for beginners, those returning to exercise after a break and those who are more experienced. Whether you're managing a busy life, midlife changes or just want to feel more comfortable in your body, you'll be very welcome.

Milnthorpe Area Food bank

www.milnthorpefoodbank.org

please donate if you can

**Collection boxes in Spar and Churches in
Milnthorpe and Heversham
for Milnthorpe Area Food Bank;**

**Collection Boxes in
St John's Church Levens and
Levens Methodist Church for
King's Food Bank, Kendal;**

**Trolley in Booths Milnthorpe for
Lancaster and Morecambe Food Bank.**

Thank you to everyone involved in any way in the Children's Society box collection and the Christingle service on Christmas Eve in Levens.

The box collection raised £200.96 and the Christingle service - £302.19.

Thank you, Liz Brown



Mothers' Union
Milnthorpe with Heversham
Meetings are open to all.
Please come along.



Wednesday 4th February
2pm St Thomas' Milnthorpe

Join in being "Crafty" For MU
Making and Preparing Gifts of Love
for
St John's Hospice, Springfield Refuge
and for those in need or distress

Crosses in Pockets, Material Hearts,
Knitted Hearts & blankets
Personal and Bereavement Bags
Comfort Pillows

Come and Enjoy Fellowship
and Social time

**An Extra Special Meeting organised by
Heversham WI**

**Thursday March 19th
Athenaeum, Leasgill, at 7.30pm**

Tim Farron MP will speak on
'A Personal Perspective from Parliament'.

An Open Meeting and all are welcome.
Please email to secure your place: £3 each
hevershamw.i.24@gmail.com

n.b. WI is NOT a political organisation and, therefore, does not express an opinion nor discuss matters or policies pertaining to any political party

Heversham W I

Second
Wednesday of the
month

theWI
INSPIRING WOMEN

Event: February 11th
Venue: Athenaeum, Leasgill
Time: 7.30pm
Topic: 'Women in the Justice System'
Speaker: Rosie Parsons
Competition: 'A Famous Woman'

Visitors are most welcome and can attend up to 3 meetings, at £3 per visit, with no commitment to join.
For further info please contact Maggie Hart on hevershamw.i.24@gmail.com

STORY TIME

With Bryan

in St Thomas' Community Rooms

Every first and third TUESDAY
(during term time)
3.15 - 4.15pm




KIDS!

Come and listen to a story...

Parents, Grandparents and Carers ... come and enjoy a cuppa and a biscuit while the kids have fun!

Be great to see you!

REST & RESET

Christian meditation
A moment to press pause II

St James Church Arnside

6:15 - 7:00PM

JAN	MAR	MAY	JUL
TUES 6 TH	TUES 3 RD	TUES 5 TH	TUES 7 TH

Contact revhannahwallace@gmail.com 01524 449 035



REST & RESTORE

A time of prayer for healing & wholeness

St James Church Arnside

6:15 - 7:00PM

FEB	APR	JUN
TUES 10 TH	TUES 14 TH	TUES 2 ND




Singing Praise & Prayer

The Old School, Heversham
next to St Peter's Church
Third Sunday

Sunday 15th February

3-4pm
during the
winter

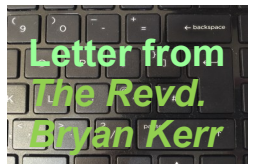


A Prayer for the Month

A Prayer from Augustine of Hippo:

Breathe in me, O Holy Spirit, that my thoughts may all be holy.
Act in me, O Holy Spirit, that my work, too, may be holy.
Draw my heart, O Holy Spirit, that I may love only what is holy.
Strengthen me, O Holy Spirit, that I may defend all that is holy.
Guard me, O Holy Spirit, that I myself may always be holy.

Amen



Dear Friends,

The comic strip Dilbert satirised corporate culture, its scenes set in a micromanaged office where the title character was an engineer. First published in 1989, it was syndicated worldwide until a few years ago, when it was cancelled due to intemperate and unwelcome comments from its creator and illustrator, Scott Adams.

Scott Adams died recently, on 13th January. Even on his deathbed, he managed to court further controversy. During his last few weeks, Adams announced on social media that he was considering becoming a Christian. Even though he had been a lifelong atheist, he found himself drawn to Jesus's teachings, describing Christianity as 'uniquely compelling and morally grounding.'

Finally, he wrote the following: "I accept Jesus Christ as my lord and savior [sic], and I look forward to spending an eternity with him. The part about me not being a believer should be quickly resolved if I wake up in heaven. I won't need any more convincing than that."

This last statement inevitably aroused much heat and light on internet discussion forums. Was Scott Adams genuine in his new found faith, or was he cynically and selfishly using the salvation offered through Christ?

The short answer, and probably the wisest, is to advise that only God can look into the heart of the man, and we should leave the matter with him.

However, Scott Adams' statement about his faith is an old argument re-presented for the twenty-first century. In the 1600s, French philosopher Blaise Pascal expressed with a rational theory for trusting in God based on probability and outcome. It is known as Pascal's wager and put simply, states:

Either God exists or he does not. If he does not exist, then it does not matter whether one believes or doesn't. But if he does exist, you either believe and trust him, to your eternal advantage, or do not believe, to your eternal loss. Therefore, concludes Pascal, on the balance of probability and consequences, it is better to believe.

There is undoubtedly logic here, but I find it a mercenary and self-serving piece of argumentation. There are much better reasons for believing, trusting and loving God, supremely it forms the logical response to the life, death and resurrection of Jesus Christ.

Yet thoughts like Pascal's may run through our minds at times, especially if the possibility of a deathbed conversion is available. We can live our lives how we wish, without the shame and sacrifice involved in following Christ daily, and then call upon him at the end to enjoy the blessings of eternal life.

In this regard, it might be useful to consider the two criminals crucified either side of Christ. One certainly called upon him, even in his final moments, but the other did not, he refused; indeed he taunted Jesus. One example shows us that even a deathbed conversion is possible, but the other shows us it is not guaranteed. Christ is worthy of the whole of our lives, not merely the final breath.

Revd Bryan Kerr, Priest-in-Charge of St Thomas', St Peter's, St John's Churches

Christ the King RC Church
Haverflatts Lane Milnthorpe

Sunday Mass celebrated at 11am

Friday Mass celebrated at 10 am

Find on YouTube channel
and Facebook Group by searching:

Kent Estuary Catholic Churches

Fr Hugh Pollock 01539 720063

kendalcatholicchurch@gmail.com



**Levens
Methodist Church**

RevdTiras Dainty-Share 01524 963716

Email: tiras.ds@methodist.org.uk

February - 10.30 am unless stated

1st Morning Worship led by Irene McKay

8th United Covenant Service led by
the Revd Alan Bing and
the Revd Tiras Dainty-Share

15th Morning Worship led by
Clair Middleton

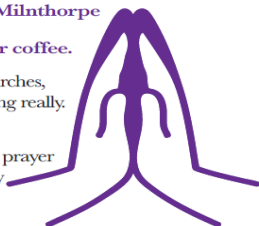
22nd 4 pm Faith@Four

Come and
PRAY

at St Thomas' Church, Milnthorpe
for 20-30 minutes
12 noon, on Fridays after coffee.

Praying for our villages, churches,
wider world issues ... anything really.

You are welcome to bring a prayer
of your own to read, to pray
silently, or speak what's
on your mind.



**God doesn't mind...
He listens.**

Phillipians 4. 6 ~ 7

*"Don't worry about anything,
but in everything, by prayer and supplication
with thanksgiving,
let your requests be made known to God..."*

CHILDREN'S SUNDAY SCHOOL
St Thomas', Milnthorpe

February 1st and 15th



Always also quiet activities in
the Children's corner of church



A blue poster for "Faith @ Four" featuring a white dove in flight holding an olive branch. The text "Faith @ Four" is written in a large, white, stylized font. Below the title, it says "A time of reflective worship with prayer, Scripture, music & space to recharge." followed by "led by Rev'd Tiras Dainty Share" and "Levens Methodist Church". At the bottom, it says "Every Fourth Sunday @ 4pm".

Levens Methodist Church

now registered for the solemnization
of marriages between a man & a
woman and for the solemnization of
marriages of same sex couples.

Please contact 01524 963716

tiras.ds@methodist.org.uk

The Revd Tiras Dainty-Share

February Sunday Morning Services at Parish Churches

8.00 am Holy Communion (BCP)

St Thomas' Milnthorpe

1st and 15th February

St Peter's Heversham

8th & 22nd February

9.30 am St Peter's Heversham

1st Parish Communion

8th Morning Praise

15th Parish Communion

22nd Morning Praise

9.45 am St John's Levens

1st Parish Communion

8th 10.30 at Levens Methodist Church

15th Parish Communion

22nd Morning Praise

11.15 am St Thomas' Milnthorpe

1st Morning Praise

8th Parish Communion

15th Morning Praise

22nd Parish Communion

Ash Wednesday

18th February 2026

2pm St John's Church Levens

6.30pm St Peter's Church Heversham



Ash Wednesday
— Lent Begins



All Welcome to
Monthly Afternoon Holy Communion

Thursday 19th February 2.00 pm
at St Thomas' Church, Milnthorpe



Tuesday 24th February at 2.30 pm
(last Tuesday in the month)
at St John's Church, Levens

What's the latest?



www.stthomasmilnthorpe.org.uk
&

www.stpetersheversham.org

If you would like an email of the weekly notices please click on 'contact us'

For regular email updates for St John's Church [Levens](#) please email:

jill.butterworth54@btinternet.com

www.heversham.org has an archive of Parish News

www.levens.org.uk has local info and NEWS and a link to the same archive of Parish News <https://www.levens.org.uk/st-johns-church>

[Milnthorpe What's Going On](#)

page on Facebook to catch up with what is going on !

And **KEY** weekly Youth Activities post on this page

Samaritans'

Free helpline number is **116 123**. Calls to this number do not appear on phone bills. This number is free to call from both landlines & mobiles, including pay-as-you-go mobiles. You don't need to have any credit or call allowance plan to call 116 123.

Available round the clock,
every single day
www.samaritans.org

To view the Parish News online:
[stthomasmilnthorpe.org.uk/
publications/](http://stthomasmilnthorpe.org.uk/publications/)

Next issue - print & online
MARCH 2026

Please email info by **10th FEB**

**Whilst the Church is most grateful for the support of magazine advertisers no automatic endorsement of products or services can be assumed.*

To the best knowledge of the Editorial Team all info is correct at time of going to press 20.1.26

Note to Advertisers: Invoices are posted out or hand delivered. unless email specifically requested.

We NEVER email out a form for you to pay via a website
please be SPAM aware

If unsure phone 01539564582 or email parishnews@heversham.org

Levens Good Neighbours - You may find it good to know that the support offered by Levens Good Neighbours includes matching with someone to **offer friendship**.

If you call 07908 004672 any day between 8am and 8pm, this support can be arranged with you



Can Levens Good Neighbours within Levens Parish help with:

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Also the contact details for a pastoral phone call for you or someone you know

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Mr Hal Bagot 60588

Mrs Jill Butterworth
015395 61676

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Dr Val Robson 62904

Mr John Ricketts
01524 761076

Heversham: St Peter's

Contact person:
Mrs Jane Fell 63174

PCC Secretaries:

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015395 83183

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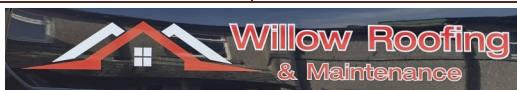
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