December 2025 / January 2026

A free copy for you

Parish News

Levens, Heversham, Milnthorpe



A Yery Happy Christmas to Everyone



Coffee @ St T's Community Rooms Milnthorpe

Every Friday 10 -11.30 am

free WiFi & contactless payment available



MEN'S BREAKFAST
8.30 am
Saturday 13th December
10th January
(second Saturday)
St Thomas' Community Rooms
Milnthorpe

Meet & Eat 12-2pm at Levens Methodist Hall

Friday 12th December

Non-alcoholic Mulled wine Turkey Baps with stuffing & cranberry Sauce Christmas pudding

> or Trifle

> > £5

Tea/Coffee

Please add your name to the list at Coffee Shop or phone Susan Beckwith 0779 6561810

Everyone Welcome Children under school age free

Next meal will be on Friday 30th January 2026

Village Coffee Time Heversham

usually Third Tuesdays
Tues 2nd* Dec, 20th Jan
10 - 11.30 am
at the Old School, Heversham
(along the path from
St Peter's Church)



COFFEE SHOP

at Levens Methodist Church

Mon, Wed, Fri 2 - 4 pm Everyone Welcome

Mondays

Would you like a coffee & a chat? please join us. also dominoes, cards, Rummikub or do a jigsaw. Also bring your knitting, sewing or craft project and have a natter.

Wednesdays & Fridays
Coffee and Biscuits

"Knit & Knatter"

welcome you to join Mondays 10am - noon in St Thomas' Church Community room, Milnthorpe

Pop in for a coffee, come and say hello whilst we knit or do craft. All Welcome





Companionship Cafes at St Thomas' Church Milnthorpe

Next Dates (from 1.30-3pm):

- 14th January
- 18th February
- 8th April
- 27th May

Join us for a FREE hot drink and scone!



JOIN FITNESS DYNAMICS

_ with Sam Horton

Classes:

- Restorative Pilates (Breathwork, Posture & Mobility)
- Lift Strong (Resilience for Mid-life Wellness)
- Dance Strong (Salsa, Linedance & Weights)



Classes in Milnthorpe, Arnside, Silverdale, Heversham & more... All classes also online on Zoom!



L 07886457563 -







Exercise Classes

For more information or to book a place on one of our activities, please contact our Admin Team on 01539 728118 or email: admin@ageuksouthcumbria.org.uk

Levens

Every Wednesday 10:30 - 11.30am Levens Methodist Church , Lowgate, Levens, LA8 8NL

Milnthorpe

Every Tuesday 10:30 - 11.30am

Catholic Church Hall, Haverflatts Lane, Milnthorpe, LA7 7PS

Please call first if you are interested in the Milnthorpe class



Levens

Fourth Tuesday of the month 12:30 The Gilpin Bridge Inn, Bridge End, Levens, LA8 8EP

Beetham

Third Thursday of the month meet at 12.15 for 12.30 pm The Wheatsheaf at Beetham Milnthorpe LA7 7AL



In partnership with the Live Longer Better in Cumbria programme

Walking Cricket is a slower version of the game, designed so that anyone can take part.

Every Monday 2:00pm-3:30pm - Heversham Sports Hall, Dallam Boarding House, Heversham, LA7 7EH Defibrillator Training Session on Thursday January 29th from 2 - 4 pm in The Athenaeum, Leasgill.

17

This is an Open Meeting, Everyone Welcome, organised by Heversham WI and there is no charge. Please email if you wish to attend.

hevershamw.i.24@gmail.com



Do You Play Bridge ?

If you are interested in joining a friendly group playing bridge for a couple of hours on a Thursday afternoon contact Lynn Green on 015395 64026. We meet at the bowls club, Heversham all year, and the small charge we make goes to help the clubs expenses

December Activities

For more information, please contact Jenny Connor on 07825 414816



Monthly Tai Chi - 1pm – 2pm Tuesday 16th December

Levens Methodist Church Hall, Lowgate, Levens, LA8 8NG

Social Table Tennis – 10.30am-noon Alternate Weds 10th December at Arnside Educational Institute, Church Hill, Arnside,

Zoom Poetry Group – 1.30 – 2.30pm Thursday 18th December

The group choose the theme and Dignity in Dementia search out poems which are emailed to group members. We then read them together.

Silverdale Songsters - Dementia Embracing Community Singing Group Coffee on arrival & singing popular well known songs - 5th, 12th, 19th December Fridays 10.30 - 11.30 am at St John's Church Hall, Silverdale LA5 0RF

Woodland Fun – 11am – 12 noon Monday 1st December

A different nature themed activity each time. Silverhelm Scout Centre, The Row, Silverdale, LA5 0UG

Community Come Dancing – 2pm -3pm Tuesday 9th December

A fun and relaxed intergenerational community dance session with children from Arnside School. - Arnside WI Village Hall, Orchard Road, Arnside, LA5 0DP

Swimming - 10:30am-11:30am Thursday 11th December

A lovely relaxed swim and aqua aerobics in a privately hired pool. Booking essential as limited numbers

Holgates Caravan Park, Middlebarrow Plain, Cove Road, Silverdale, LA5 0SH

TUESDAY CLUB

Levens Village Hall
9 December 2pm
Christmas Celebrations
Mulled wine & Nibbles
Raffle
Tea/coffee & Mince pies
Free for members

Visitors welcome £2



Mothers' Union Milnthorpe with Heversham

Meetings are open to all. Please come along.

THURSDAY 4th December 2.00pm St Thomas' Milnthorpe



Words and Music for Christmas Members' Spectacular

Kelly Jackson from Springfield Refuge will be with us in December to receive the new clothing and Christmas gifts donated – huge thanks to all

Nov 24th - Dec 10th is the Global 16 Days of Activism Against Domestic Violence, organised by

UNWomen which is the UN organisation dedicated to gender equality and empowerment of women and girls.

WEDNESDAY 7th January 2.00pm St Thomas' Milnthorpe Revd Anne Pettifor The Good Samaritan Orphanage India 2025 Visit





HEVERSHAM WI

Second Wednesday

Wednesday 10th December
— Christmas Party

Competition - a small table decoration

Event: January 14th 2026 Venue: Athenaeum, Leasgill

Time: 7.30pm

Topic: 'Things you never knew about me!'

Speakers: WI members Competition: 'School Days'

Visitors are most welcome and can attend up to 3 meetings, at £3 per visit, with no commitment to join.
For further information please contact Maggie Hart on hevershamw.i.24@qmail.com

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INSPIRING WOMEN



St John's Church
Levens
Christmas Fair
Saturday 29th Nov
Levens Village Hall

Christmas crafts/cakes/games/ gifts/raffle

Mince Pies & Coffee

Entrance £2.50, children free

QUEST

Talks start at 10 am - All Welcome at the Athenaeum, Leasgill LA7 7ET

11th Dec - "Quest for the Ancient Sea Kings" Polly Gee

8th Jan—"You've Not Come Here to Enjoy Yourself" - David Fairs

22nd Jan - "Titanic—the Seaman's View" Capt Julian Blatchley

Subscription £18, which includes all 12 talks until March 2026 & refreshments.

Guest admission at £3 for a single talk.

Second and Fourth Thursdays

No need to book

Enquiries email: aptayler@gmail.com

J Happy Voices J Singing Group

meets every Monday at Christ the King Church Hall on Haverflatts Lane, Milnthorpe from 1.30pm – 3.00pm Everyone welcome no experience necessary

£2 a session including refreshments Ring Lynne Gibbons 07814 709847 for further details



Saturday 6th Dec 7 pm

(not in January)

Community Rooms at St Thomas'

All welcome for this brain teaser.

Form a team with friends (max 4 per team) Bring Your Snacks £10 per team in aid of St Thomas Building Fund



All Welcome

Levens Little Larks

Come and join us for a sing-a-long together
Tuesdays every fortnight at 10.30am
Levens Methodist Church Hall
-check updated poster in the hall-

We welcome all parents, grandparents, carers and all pre-school children cuppa and chat afterwards £1.50 inc refreshments

LEVENS WARBLERS

invite you to come and join us second & fourth MONDAY of the month between 10.30 am and 12 noon

in Levens Methodist Church Hall

Everyone is very welcome
Singing for fun for those who enjoy
listening or singing
Non-singers are very welcome

Please see the poster with dates in the hall

FANCY GOING ON A CRUISE WITH A COACH PICK UP IN KENDAL?



Gates Travel in Kendal are running a coach to connect with this cruise to the Gardens of Europe next April.

23 April 2026 for 7 nights sailing from Newcastle £105 per person credit to spend onboard



GIVE US A CALL TO BOOK or come and see us in Kendal, it would be great to have you with us. 01539 720148 www.gatestravel.co.uk 9 LIBRARY ROAD, KENDAL LA9 4QB



Gatestravel

AND DON'T FORGET OUR 5 DAY UK COACH TRIPS ALSO LEAVING FROM KENDAL



BBC2 Folk Singer of the Year 2025,

Rioghnach from Armagh, is touring internationally, she is a professional vocalist, flautist, lyricist and musical activist.

Levens Village Hall LA8 8NL
Fri 12 December 8pm – doors 7.30pm
Tickets: Pay What You Decide
£12 / £15 / or £18. Concession £10
07810 216 822

email:boxoffice.levens@gmail.com or book online www.highlightsnorth.co.uk

Presented by Levens Arts & Film Society in association with Highlights North Rural Arts
Touring Scheme

the HERON theatre www.theherontheatre.com





December:

Friday 5th - Film -

The Penguin Sessions -- 7.30pm

Sunday 7th – Music and Drama – Cornucopia for Yuletide – 2.30pm

Friday 12th - Drama Readings - Seasons Greetings -7.30pm

Saturday 20th – Folk Music –

Jez Lowe and the Bad

Pennies - 7.30pm

Lights
Switch On
Friday 28th Nov
6pm
Christmas Tree
on The Green
Milnthorpe
See Milnthorpe
What's Going On
Facebook

Christians Together in Levens

Advent Service

SUNDAY 30TH NOVEMBER AT 3:30PM

LEVENS METHODIST CHURCH

A time to reflect and anticipate the birth of Jesus this Christmas









Carols Round the Tree

on Leasgill Green at 6pm

Thursday 18th December

Mulled wine & mince pies in the Athenaeum, accompanied by the Hand Bell Ringers

A Thank you from Milnthorpe Area Food bank www.milnthorpefoodbank.org

please donate if you can during the Festive Season

Collection boxes in Spar and Churches in

Milnthorpe and Heversham

for Milnthorpe Area Food Bank;

Collection Boxes in
St John's Church Levens and
Levens Methodist Church for
King's Food Bank, Kendal;
Trolley in Booths Milnthorpe for
Lancaster and Morecambe Food Bank.

CHRISTMAS CAROLS & COFFEE

SATUR DAY 6TH DECEMBER. LEVENS METHODIST CHURCH

10AM - 12PM

(CAROLS FROM IIAM)

£2.50 ENTRY INCLUDES DRINK & MINCE PIE CHILDREN FREE

> CHOCOLATE TOMBOLA

CAKE

STALL

RAFFLE

HERON CORN MILL



FRIDAY 5TH DECEMBER 1.00PM - 3.00PM





A MINI-MARKET WITH A RANGE OF FRESHLY MILLED FLOURS AND OATS, FRESHLY-BAKED BREADS, STALLS SELLING SAVOURIES, CAKES AND QUICHES.

MILL LANE, BEETHAM, LA7 7PQ



Works by Bach, Stanford, Finzi and Goodall plus readings and carols for choir and audience.

Conducted by Ian Jones.

Accompanied by Ian Pattinson.

St Thomas' Church, Milnthorpe, LA7 7QJ.

Thursday 18 December

7pm

Tickets £16, including seasonal refreshments, available from www.eversleychoir.org, chair members or on the

www.eversleychoir.org, choir members or on the door.

Children and full time students free.







Special Events, Services, Carol Services and Christingle Services - Everyone Welcome

Sunday 30th Nov

3.30 pm

United Advent Service

Christians together in Levens CTiL at Levens Methodist Church led by Rev'd Tiras Dainty-Share A time to reflect and anticipate the birth of Jesus this Christmas.

10-12 noon

Saturday 6th DEC Christmas Carols and Coffee Levens Methodist Church

- Carols from 11.00 am See poster page 8

Wednesday 17th 3.30pm

CTiL Village Carol Singing see posters in Levens

Friday 19th 10.00 am

Carols on Milnthorpe Green with South Cumbria Brass Band

- see poster on page 9

Sunday 21st

4.00 pm

Levens Village Carol Service in St John's

followed by coffee and mince pies

Tuesday 23rd

10am

All help gratefully received in St John's Church Levens making the Christingles

ready for Christmas Eve Service

Christmas Eve Wednesday 24th December

3.30 pm Christingle Service at St John's Church Levens

4.00 pm Christingle Service at St Thomas' Church

Milnthorpe

6.00 pm Village Carol Service at St Peter's Church Heversham

7:30 pm Milnthorpe Village Candle Lit Carol Service at St Thomas'

Milnthorpe with Favourite Carols and Christmas Readings

followed by mince pies and mulled wine

11.00 pm First Communion of Christmas at St John's Church Levens All welcome from our 3 parishes

Christmas Day Thursday 25th December

8.00 am Holy Communion BCP Book of Common Prayer at St Thomas' Church Milnthorpe

10.00 am Family Celebration with Holy Communion at St Peter's Church Heversham

10.30 am All Age Family Worship at Levens Methodist Church, United with St John's Church

Sunday 28th December

9.30 am Service of Holy Communion and Carols

at St Thomas' Church Milnthorpe - see poster page 9







Singing Praise & Prayer The Old School, Heversham next to St Peter's Church Third Sunday Sunday 18th January 3 –4pm during the winter

A Prayer for the Month



Loving Father, We thank you for the gift of your Son, whose birth at Bethlehem we prepare to celebrate. Make our hearts and homes always open to him, that he may dwell in us for ever, and we may serve him gladly all our days, to the honour and glory of you name. Amen

(From a book of prayers written by Roger Pickering)

Email: rev@lhmparishes.co.uk Tel 015395 61448

Dear Friends,

When the time was fully come, God sent his Son, born of a woman, born under the Law, to redeem those under Law. That sentence from the Bible (Galatians chapter 4 verse 4) makes an incredible claim: that Jesus was born at just the right time. The right time for God's plan and the right time in human history. We can consider some of the historical factors that meant this was the right time for the message of Jesus to take root in people's lives.

The Roman Empire achieved its success, partially, by the building of roads. Roman roads meant that the earliest Christians could travel with relative ease, and so the good news about Jesus, as a message for everyone, could spread quite rapidly. Contrary to Roman misconception, Jesus wasn't born in a remote corner of the Empire, but at the gateway to three continents.

Another factor favourable to the spread of the Christian message was the use of the Greek language as a common tongue of the Empire. While Latin was the legal and formal language of the Empire, Greek was the everyday language, used for commerce and culture. Money talks and Greek was its language; traders from different parts of the empire could reach a bargain by using the Greek language. The Bible of Jesus' day had already been translated from its original Hebrew into Greek, so the Old Testament promises of God were already in a form more accessible to many people. The first Christians had a ready-made vocabulary with which to talk about God to various nations and cultures.

Jesus was born at exactly the right time. We might wonder why God doesn't show himself now? Why does he not give some unmistakable sign that he is there, so everyone could be convinced? Is it not enough that God came to this world once and that human eyes saw what he did, in the words and deeds of Jesus Christ? Those eyes saw him on behalf of the whole human race. God doesn't have to perform any special encore by giving Jesus to be born every hundred years or so. The time was right for Jesus to come when he did.

The verse in Galatians explains not only the timing of Jesus' birth, but its purpose. He was born to die. He was born of a woman, just like every other human being, and that he was born under law, that is under the commandments of God from the Old Testament. The people of God in the Old Testament were to live lives that were obedient to the law of God, to show the world what God was like. The trouble is, they couldn't do it, and neither can we.

Jesus was born, lived and died under that requirement to obey God. He did so perfectly, to redeem/rescue those who disobey God, that is, anyone and everyone. We see his daily obedience in keeping the commandments every day, and his driven obedience in giving that life at the cross so that God's plan would be complete. His perfectly obedient life is given up at death to obtain forgiveness for those who will pin their hopes on him only. The great gift of Christmas is seen at Easter, in being bought back and brought back to God for ever.

The birth of Jesus of a human mother (which we celebrate this month) is hope and life to anyone born of a human mother. We can be born also into God's family though faith in Jesus. Yet to all who did receive him, to those who believed in his name, he gave the right to become children of God—children born not of natural descent, nor of human decision or a husband's will, but born of God. John chapter 1 verses 12-13

A very happy Christmas to you and yours, and every blessing for 2026.

Revd Bryan Kerr, Priest-in-Charge of St Thomas', St Peter's, St John's Churches

etter from

he Revd.



RevdTiras Dainty-Share 01524 963716 Email: tiras.ds@methodist.org.uk

Levens Methodist Church 10.30 am unless stated

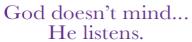
See poster on church notice board

Come and PRAY

at St Thomas' Church, Milnthorpe for 20-30 minutes 12 noon, on Fridays after coffee.

Praying for our villages, churches, wider world issues ... anything really.

You are welcome to bring a prayer of your own to read, to pray silently, or speak what's on your mind.

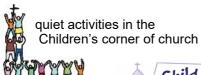


Phillipians 4. $6 \sim 7$

"Don't worry about anything, but in everything, by prayer and supplication with thanksgiving, let your requests be made known to God..."

CHILDREN'S SUNDAY SCHOOL St Thomas', Milnthorpe

30th Nov 14th Dec 4th and 18th Jan 2026





Christ the King RC Church Haverflatts Lane Milnthorpe

Sunday Mass celebrated at 11am

Friday Mass celebrated at 10 am

Find on YouTube channel and Facebook Group by searching:

Kent Estuary Catholic Churches

Fr Hugh Pollock 01539 720063

kendalcatholicchurch@gmail.com



A time of reflective worship with prayer,
Scripture, music & space to recharge.
led by Rev'd Tiras Dainty Share
Levens Methodist Church
Every Fourth Sunday

@ 4pm

Levens Methodist Church

now registered for the solemnization of marriages between a man & a woman and for the solemnization of marriages of same sex couples. Please contact 01524 963716 tiras.ds@methodist.org.uk The Revd Tiras Dainty-Share

December & January Sunday Morning Services at Parish Churches

8.00 am Holy Communion (BCP)

St Thomas' Milnthorpe 7th & 21st December 4th & 18th January

St Peter's Heversham 14th December 11th & 25th January

9.30 am St Peter's Heversham

7th KEMC Gathering - see below

14th Morning Praise21st Parish Communion

28th Holy Communion 9.30 am at St Thomas Milnthorpe

January:

4th Parish Communion
11th Morning Praise
18th Parish Communion
25th Morning Praise

9.45 am St John's Levens

7th KEMC Gathering - see below

14th at Levens Methodist Church 10.30

21st Parish Communion

28th Holy Communion 9.30 am at St Thomas' Milnthorpe

January:

4th Parish Communion

11th Gift Service

18th Parish Communion25th Morning Praise

11.15 am St Thomas' Milnthorpe

7th KEMC Gathering - see below

14th Parish Communion21st Morning Praise

28th Holy Communion 9.30 am at St Thomas' Milnthorpe

January:

4th Morning Praise
11th Parish Communion
18th Morning Praise
25th Parish Communion

KEMC Gathering Sunday 7th December Methodist Church Arnside 10.30am



All Welcome to Monthly Afternoon Holy Communion

(not in Dec) Thursday 15th January 2.00 pm at St Thomas' Church, Milnthorpe



(not in Dec) Tuesday 27th January at 2.30 pm (last Tuesday in the month) at St John's Church, Levens

What's the latest?

'contact us'



www.stthomasmilnthorpe.org.uk &

www.stpetersheversham.org
If you would like an email of the
weekly notices please click on

For regular email updates for St John's Church Levens please email: iill.butterworth54@btinternet.com

www.heversham.org has an archive of Parish News

www.levens.org.uk has local info and NEWS and a link to the same archive of Parish News https://www.levens.org.uk/st-iohns-church

Milnthorpe What's Going On page on Facebook to catch up with what is going on!
And KEY weekly Youth Activities post on this page

Samaritans'

Free helpline number is **116 123**. Calls to this number do not appear on phone bills. This number is free to call from both landlines & mobiles, including pay-as-you-go mobiles. You don't need to have any credit or call allowance plan to call 116 123.

Available round the clock, every single day www.samaritans.org

To view the Parish News online: stthomasmilnthorpe.org.uk/ publications/

Next issue - print & online February 2026 Please email info by 10th January

*Whilst the Church is most grateful for the support of magazine advertisers no automatic endorsement of products or services can be assumed.

To the best knowledge of the Editorial Team all info is correct at time of going to press 20.11.25

Note to Advertisers: Invoices are posted out or hand delivered. unless email specifically requested.

We NEVER email out a form for you to

We NEVER email out a form for you to pay via a website please be SPAM aware

If unsure phone 01539564582 or email parishnews@heversham.org

Levens Good Neighbours - You may find it good to know that the support offered by Levens Good Neighbours includes matching with someone to offer friendship.

If you call 07908 004672 any day between 8am and 8pm, this support can be arranged with you



A friendly phone call Picking up shopping or library books or prescription Posting mail, Simple handyperson job, Dog Walk, Transport to a local appointment **07908 004672** 8am-8pm any day

Volunteers are covered by insurance & policies relating to safeguarding and good practice.

Parish News, part of the church in community

is run by 3 Parish Churches

of St Peter's Heversham, St John's Levens & St Thomas' Milnthorpe also including services details for the local Methodist and Catholic churches

Volunteer Ed Team:

Jane Cushnie, Jill Butterworth, John Thorley, Margaret Barrow, Wendy Dodds

Distribution Team of more than 60 volunteers deliver 2,500 copies

across the three parishes 10 times a year in all weathers! - thanks everyone!



parishnews@heversham.org Mrs Jane Cushnie Tel: 015395 64582 Phone code as well even if phoning from a local number

Levens News: jill.butterworth54@btinternet.com Mrs Jill Butterworth 01539561676

Priest-in-charge of Levens, Heversham & Milnthorpe

The Reverend Bryan Kerr Email: rev@lhmparishes.co.uk Tel 015395 61448 Also the contact details for a pastoral phone call for you or someone you know

Churchwardens

Levens: St John's Milnthorpe: St Thomas' Heversham: St Peter's

Mr Hal Bagot 60588 Dr Val Robson 62904 Contact person:

Mrs Jill Butterworth Mr John Ricketts Mrs Jane Fell 63174

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PCC Secretaries:
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015395 83183
Frances Taylor
015395 63537
frances30taylor@gmail.com

Mr Peter Clarke 01539565845

www.kentestuarymissioncommunity.com for information from churches in our Kent Estuary



Room Hire in Milnthorpe:, Heversham, Levens

Milnthorpe St Thomas' Community Rooms www.stthomasmilnthorpe.org.uk

Milnthorpe Christ the King RC Church kendalcatholicchurch@gmail.com

Leasgill Athenaeum www.the-athenaeum.org.uk Jean Metcalfe. 07368 800922

 $He versham\ Tristrams\ Pavilion\ /\ Playing\ Fields,\ Email:\ sports@dallamschool.co.uk$

Heversham Bowling Clubhouse Vera Alderson 01539 897160

Levens Village Hall Helen & Alan Miller 015395 60334

Levens Methodist Hall Jane Jones 07875 163418

Levens Pavilion Alice 07817 200053

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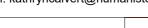
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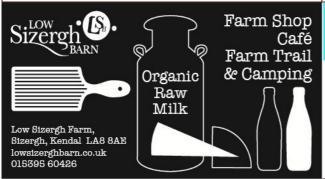
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Contact Tracey 07907 996779 tands.decorating@btinternet.com

THE ORCHARD

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Holiday Cottages in Heversham

Mary Davies 015395 64809 www.oldebluebellcottages.com

Rigney Bank House 015395 62236

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