APRIL

2026

Parish News

Levens, Heversham, Milnthorpe

COFFEE SHOP

at Levens Methodist Church

Everyone Welcome

Mondays 2 - 4 pm

Like a coffee & chat?
please join us
also dominoes, cards,
Rummikub or do a jigsaw.
Or bring your knitting, sewing or craft project and have a natter.

Friday Coffee @ St T's

Community Rooms
Milnthorpe

Every Friday 10 -11.30 am

free WiFi &
contactless payment available

Meet & Eat 12-2pm

at Levens Methodist Hall

Friday 24th April

Bacon & Egg Pie or
Cheese & Onion Pie &
Mushy Peas

Carrot Cake or
Fruit Salad & cream

£5

Please add your name to the list at Coffee Shop or phone Susan Beckwith 0779 6561810

Everyone Welcome
Children under school age free

"Knit & Knatter"
welcome you to join
Mondays 10am - noon
in St Thomas' Church
Community room,
Milnthorpe

Pop in for a coffee,
come and say hello
whilst we knit or do
craft. All Welcome

Heversham Bowling Club
Invite you to

A come and try day

Sunday 19th April 2pm

Come along and have a go at the game of crown green bowls, popular with all ages. Just bring flat soled shoes.

All bowls, tuition and refreshments provided. Everyone Welcome

More information from Tom Grindey

Club Secretary 07385 999387

HEVERSHAM BOWLING CLUB

Ever thought of playing Crown Green Bowls

WHY NOT COME AND GIVE IT A TRY AT OUR CLUB

EVERY WEDNESDAY & SUNDAY 2PM-4PM, FROM APRIL

- NEW MEMBERS WELCOME
- FREE TRIAL SESSEIONS
- PLAY FOR FUN OR COMPETITIVELY

FOR MORE INFORMATION CONTACT TOM GRINDEY 07385 999387

MEN'S BREAKFAST
second Saturday
8.30 am
(not in April)
Saturday 9th May
St Thomas' Community Rooms
Milnthorpe

Milnthorpe Food Bank trolley in St Thomas' during Lent, until 4th April
Please donate if you can,
Thank you

Milnthorpe Area Food bank
www.milnthorpefoodbank.org
please donate if you can
Collection boxes in Spar and Churches in Milnthorpe and Heversham for Milnthorpe Area Food Bank;

Collection Boxes in St John's Church Levens and Levens Methodist Church for King's Food Bank, Kendal;
Trolley in Booths Milnthorpe for Lancaster and Morecambe Food Bank.

FREE PARKING on Fridays at the Car park on Beetham Road Milnthorpe

Also EV car charging points here

www.dignityindementia.org

Dignity in Dementia
Helping you support people with dementia

April Activities

For more information, please contact
Jenny Connor on 07825 414816

Creative Moments – 1.00 - 2.30 pm Tuesday 28th April
Join us for our new arts and crafts group. This session will be watercolours
Endmoor Village Hall LA8 0HL

Enjoyable Dementia friendly walks - 10.30am start
Wednesday 8th April – Dallam deer park from Park Rd car park, LA7 7AD
Wednesday 25th Apri – Up the Helm in Kendal from lay by in lane opposite Station Inn

Supper Club – 6pm Thursday 23rd April The Smithy Inn at Holme
A monthly meal at a different pub or restaurant in the local area. Contact Jenny for details if you would like to join us.

Monthly Tai Chi - 1pm – 2pm Tuesday 21st April
Levens Methodist Church Hall, Lowgate, Levens, LA8 8NG

Social Table Tennis – 10.30am-noon **Alternate Weds 15th & 29th April**
at Arnside Educational Institute, Church Hill, Arnside, (Not on 1st April)

Zoom Poetry Group – 1.30 – 2.30pm **Thursday 16th April**
The group choose the theme and Dignity in Dementia search out poems which are emailed to group members. We then read them together.
Contact lesley@dignityindementia.org to get the zoom link

Silverdale Songsters - Dementia Embracing Community Singing Group
Coffee on arrival & singing popular well known songs
Fridays 10.30 – 11.30 am at St John's Church Hall, Silverdale LA5 0RF
Not meeting on Good Friday 3rd April

Woodland Fun – **11am – 12 noon Monday 13th April**
A different nature themed activity each time. Silverhelm Scout Centre,
The Row, Silverdale, LA5 0UG

Monthly Photography – 11am -12 noon Thursday 9th April
Different location each month - phone for details. We will focus on a different subject to photograph each month with advice given on how to improve our skills.
Bring your own camera or camera phone and a drink.

home instead.

Companionship Cafes at St Thomas' Church Milnthorpe

Next Dates (from 1.30-3pm):

- 14th January
- 18th February
- 8th April

Join us for a FREE hot drink and scone!

Levens Good Neighbours

invite you all to our,

Spring Coffee Morning

at Levens Methodist Church,

on Saturday 28th March 2026

Homemade Cakes

Plant Sale

Raffle

£2.00 entry - all welcome

All proceeds will go towards the LGN Community Telephone Helpline

South Cumbria age UK
Let's change how we age

For more information or to book a place on one of our activities, please contact our Admin Team on 01539 728118 or email: admin@ageuksouthcumbria.org.uk

Levens
Every Wednesday 10:30 - 11.30am
Levens Methodist Church , Lowgate, Levens, LA8 8NL

Milnthorpe
Every Tuesday 10:30 - 11.30am
Catholic Church Hall, Haverflatts Lane, Milnthorpe, LA7 7PS
Please call first if you are interested in the Milnthorpe class

Levens
Fourth Tuesday of the month 12:30
The Gilpin Bridge Inn, Bridge End, Levens, LA8 8EP

Beetham
Third Thursday of the month meet at 12.15 for 12.30 pm
The Wheatsheaf at Beetham Milnthorpe LA7 7AL

In partnership with the Live Longer Better in Cumbria programme

Walking Cricket is a slower version of the game, designed so that anyone can take part.

Every Monday 2:00pm-3:30pm - Heversham Sports Hall, **Dallam Boarding House, Heversham, LA7 7EH**

the HERON theatre

www.theherontheatre.com
Box Office & Room Hire
015395 64283

April 7.30 pm unless stated

Friday 3rd - Film at The Heron – Blue Moon

Friday 10th – Drama – Mad Hatter's Tea Party

Sunday 12th – Classical music
Chameleon Wind Quartet

Tuesday 14th – National Theatre live Hamlet

Warton Drama Group - Hay Fever
One of the best loved of Noel Coward's plays following the antics of the Bliss family in June 1924. Each member of the Bliss family has invited a weekend guest but omitted to tell the rest of the family. Chaos ensues and bliss it is not !

Wednesday 22nd	**7.30 pm**
Thursday 23rd	**7.30 pm**
Friday 24th	**7.30 pm**
Saturday 25th	**2.00 pm**
Saturday 25th	**7.30 pm**

QUIZ!

Saturday 18th April 7 pm
(note later date than usual)
Community Rooms
at St Thomas'
All welcome for
this brain teaser.
Form a team with friends
(max 4 per team)
Bring Your Snacks
£10 per team in aid of
St Thomas Building Fund

All Welcome

Levens Little Larks

Come and join us for a
sing-a-long together
Tuesdays every fortnight at 10.30 am
April 14th and 29th
Levens Methodist Church Hall
We welcome all
parents, grandparents, carers
and all pre-school children
cuppa and chat afterwards
£1.50 inc refreshments

♪ Happy Voices ♪ Singing Group

meets every Monday at
Christ the King Church Hall
on Haverflatts Lane, Milnthorpe
from 1.30pm – 3.00pm
Everyone welcome
no experience necessary

£2 a session including refreshments
Ring Lynne Gibbons
07814 709847 for further details

LEVENS WARBLERS

invite you to come and join us
second & fourth
MONDAY of the month
April 13th and 27th
between 10.30 am and 12 noon
in Levens Methodist Church Hall
Everyone is very welcome
Singing for fun for those who enjoy
listening or singing
Non-singers are very welcome

Athenaeum Management Committee would like to invite you to an interesting **Cheese and Wine Tasting Journey** with our Sommelier, Adrian Braddon

Saturday 28th March starting at 7pm
in the Athenaeum, Leasgill
£15 per person
Also includes a quiz on
wine and cheese, with prizes to be won!
Raffle

Please book tickets in advance
Pam - 07751 627246
or Hilary - 07729 305222

Hincaster Annual Parish Meeting
Wednesday 22nd April at 7.00 pm
at The Athenaeum, Leasgill
Items for the agenda to:
The Clerk, Adam Pickthall,
adampickthall1@gmail.com
The Chair, Alastair Bramwell,
alastair@bramwell-int.com

TUESDAY CLUB
LEVENS VILLAGE HALL
14 APRIL 2pm
FIRE SERVICE
ADVICE & QUESTIONS
with Nick Barlow

Members free
Visitors welcome £4

Raffle

Tea/coffee & Home made cakes

Mothers' Union
Milnthorpe with Heversham

Meetings are open to all.
Please come along and
enjoy friendship and fellowship.

Wednesday 1st April
2pm St Thomas' Milnthorpe

Dr David Wright
'Icons'

Dr Deb Lee our Worldwide Trustee
is cycling from
Milnthorpe to Manchester Cathedral
in March
and York to St Paul's Cathedral in July
to the 150th Year Celebration Services.
If you would like to sponsor her in
support of the Mothers' Union
please visit:
https://www.justgiving.com/page/deborah-lee-8?utm_medium=FR&utm_source=EM&utm_campaign=020

The Blankets for
Ukraine box -
Thank you for your
most generous
response.

All Welcome to
Monthly Afternoon Holy Communion

Thursday 16th April 2.00 pm
at St Thomas' Church, Milnthorpe

Christians Together in Levens CTiL
Communion
Tuesday 28th April at 2.30 pm
Levens Methodist Church

St Thomas Church Electoral Roll is due
for updating before the Annual Parochial
Church Meeting on Sunday 17th May

For new entries or amendments to the
existing electoral roll, please complete
one of the forms in the back of church
by 19th April. Thank you
Electoral Roll Officer Margaret Barrow -
0777 210 2339

My mum doesn't live nearby, but we keep in touch by using the internet. I discovered today that she has been scammed into sending money to people she has never met, because she is very kind-hearted, and I think she has given away her bank details. Whatever can I do?

Online scammers take advantage of people's kindness, and some are very clever at gaining trust before they ask for money and bank details. It is very embarrassing to admit that you have been scammed, but the cleverest people can be caught out, and it's important to take action as soon as you can.

Check if she can get her money back: Tell her bank about the scam as soon as possible - they might be able to stop the transaction before it reaches the other account. If the transaction went ahead, she can ask for a refund. The bank will make a decision by looking at the evidence, e.g. emails, and they should reply within 15 working days.

Protect from further risks: If she feels personally threatened, she should call 999, and ignore all messages but report them to the police. Remind her to be very suspicious of requests for money from now on. Her bank should alter her account details to protect her, but keep an eye on her bank statements and look out for any unusual transactions. Also check her credit score to see if there are applications for credit you don't recognise. She should re-set her passwords and update her anti-virus software.

Report the scam: Report the scam to Citizens Advice, who will pass it on to other relevant organisations. Your mother's evidence could help them stop the scammer targeting other people. She should not feel embarrassed about it.

If you need more help with any of these actions, contact South Lakes Citizens Advice to speak to an adviser.

Free, confidential advice and help is available from South Lakes Citizens Advice on any aspect of debt, consumer problems, benefits, housing, employment or any other problems. How to access:

Call* 015394 46464 *9.30am – 2pm, Monday – Friday

Drop in sessions at Wainwright's Yard, Kendal, LA9 4DP
10am – 1pm, Tuesday and Thursday

- ***Adviceline: 0808 2787 984 - 9am - 5pm, Monday – Friday***

email advice via the submission page on our website
www.southlakescab.org.uk

South Lakes Citizens Advice is a local charity based in the heart of South Lakeland. Can you help us by giving six hours a week to train to be a volunteer and help local people, or by joining our Trustee Board, or by donating to support our vital service?

If so, please contact Karen – manager@southlakesca.org.uk

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with Sam Horton

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- **Lift Strong** (Resilience for Mid-life Wellness)
- **Dance Strong** (Salsa, Linedance & Weights)

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Classes in Milnthorpe, Arnside, Silverdale, Heversham & more... All classes also online on Zoom!

07886457563

www.fitnessdynamics.co.uk

Heversham W I

theWI INSPIRING WOMEN

Second Wednesday of the month

Event: April 8th
Venue: Athenaeum, Leasgill
Time: 7.30pm
Topic: 'Ghosts and Legends of Cumbria'
Speaker: Jenny Wilson
Competition: An unusual souvenir

Visitors are most welcome to attend up to 3 meetings, at £3 per visit, with no commitment to join.
For further info please contact Maggie Hart on heversham w.i.24@gmail.com

STORY TIME

With Bryan

in St Thomas' Community Rooms

Every first and third TUESDAY
(during term time)
3.15 - 4.15pm

21st April

KIDS!

Come and listen to a story...

Parents, Grandparents and Carers ... come and enjoy a cuppa and a biscuit while the kids have fun!

Be great to see you!

GOOD FRIDAY SPECIAL

FRIDAY 3RD APRIL 11AM-3PM

EASTER EGG HUNT RUNS ON THE HOUR- 11AM, 12PM, 1PM, 2PM - £2.50 PER CHILD

ALONG WITH OTHER FOOD AND CRAFT STALLS IN THE BARN, WE WILL ALSO BE SELLING FRESHLY BAKED HOT CROSS BUNS.
TOURS OF THE MILL WILL BEGIN AT 11AM.
FREE ADMISSION

FREE ENTRY- HERON CORN MILL, BEETHAM, LA7 7PQ

HERON CORN MILL

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19 April 2026
Free Entry

Pick up your ticket today!

Sunday 19 April 2026
at The Venue, Castle Mills,
Kendal LA9 7DE
10.30am - 3.30pm
Exclusive booking offers!

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ARNSIDE AND SILVERDALE
PHOTOGRAPHY CLUB

Every fortnight
THURSDAY
7.30 PM

WEBSITE

www.arnsideandsilverdalephotoclub.co.uk

ARNSIDE EDUCATIONAL INSTITUTE, LA5 0DF

Milnthorpe & District

Allotment Association

Annual Plant Sale

- veg and flower -

Cakes, preserves

and Rhubarb!

on Milnthorpe Green

on Saturday morning 9th May

More details next issue

Singing Praise & Prayer

The Old School, Heversham
next to St Peter's Church
Third Sunday

Sunday 19th April

3pm or 4pm to be decided
at March date - see notices

all very
welcome

A Prayer for the Month

An Eastertide Prayer:

Risen Christ, for whom no door is locked,
no entrance barred:
open the doors of our hearts,
that we may seek the good of others
and walk the joyful road of sacrifice and peace,
to the praise of God the Father. Amen

Email: rev@lhmparishes.co.uk
Tel 015395 61448

Dear Friends,
The Christian faith is unapologetically rooted in events that occurred in time and space. From the start it has invited investigation as its central claims concern one person, who lived at one particular point of human history.
The gospels are not a 'once upon a time' stories that could have happened anywhere, but claim to be eyewitness accounts of the life of Jesus, Christianity is not some private revelation received by one individual secretly, and handed down without question,
Christian claims about Jesus are based on publicly verifiable events. Jesus Christ frequently taught the crowds openly. Even his detractors and enemies were witnesses to his teaching and miracles, His manner of death was a public execution, nothing secret about the shame of that event.
What then of the central claim about Jesus, that he rose from the dead? While the moment of actual resurrection was not seen, the after effects were public and noticeable.
If the gospel writers were writing fictional accounts of Jesus, surely they would be tempted to describe the actual moment Jesus rose to life. It would be too good to miss that. At least one of them would succumb and imagine what happened secretly in the tomb. The restraint points to authenticity.
Rather than describing the moment of resurrection, the gospels give us sequences of encounters by eyewitnesses. Once again, we are invited to see Jesus through the eyes of those who saw him first.
Writing to the church in Corinth about twenty-five years after the death of Jesus, Paul summarises the Christian faith and lists key witnesses: *that Christ died for our sins according to the Scriptures, that he was buried, that he was raised on the third day according to the Scriptures, and that he appeared to Cephas,[Peter] and then to the Twelve. After that, he appeared to more than five hundred of the brothers and sisters at the same time, most of whom are still living, though some have fallen asleep. Then he appeared to James, then to all the apostles, and last of all he appeared to me also. See 1 Corinthians 15)*
What changed the cowardly men who ran away when Jesus was arrested to the courageous preachers to the crowds a few weeks later? These men went to their graves convinced they had seen Jesus risen from the dead. That has been the message from the very beginning. Indeed how do you account for the birth of the Christian church, if not by some monumental event in the first half of the first century AD? From the beginning of Jesus ministry to the beginning of the church's ministry, key events were public, witnessed and recorded. The faith rests on the eyewitness accounts, so we can consider for ourselves. Were they honest and reliable in what they tell us? If human eyes saw, on our behalf, a man risen from the dead, is that enough to convince us also?

Revd Bryan Kerr, Priest-in-Charge of St Thomas', St Peter's, St John's Churches

Christ the King RC Church
Haverflatts Lane Milnthorpe

Sunday Mass celebrated at 11am

Friday Mass celebrated at 10 am

Find on YouTube channel
and Facebook Group by searching:

Kent Estuary Catholic Churches

Fr Hugh Pollock 01539 720063

kendalcatholicchurch@gmail.com

Levens Methodist Church

Cumbria Methodist Circuit

RevdTiras Dainty-Share 01524 963716
Email: tiras.ds@methodist.org.uk

April - 10.30 am unless stated

5th Easter Sunday - Mrs Jenny Skinner
12th United Worship with Holy Communion - Rev'd Tiras Dainty-Share
19th Morning Worship led by Rev'd Richard Bielby
26th 'Faith @ 4' led by Rev'd Tiras Dainty-Share 4pm

Come and PRAY

at St Thomas' Church, Milnthorpe
for 20-30 minutes
12 noon, on Fridays after coffee.

Praying for our villages, churches, wider world issues ... anything really.

You are welcome to bring a prayer of your own to read, to pray silently, or speak what's on your mind.

God doesn't mind... He listens.

Phillipians 4. 6 ~ 7

"Don't worry about anything,
but in everything, by prayer and supplication
with thanksgiving,
let your requests be made known to God..."

CHILDREN'S SUNDAY SCHOOL
St Thomas', Milnthorpe

Sunday 19th April

Always also quiet activities in the Children's corner of church

Child Friendly Church

Levens Methodist Church
now registered for the solemnization of marriages between a man & a woman and for the solemnization of marriages of same sex couples.
Please contact 01524 963716
tiras.ds@methodist.org.uk
The Revd Tiras Dainty-Share

Palm Sunday 29th March	9.30 am	St Peter's Church, Heversham
	9.45 am	St John's Church, Levens
	10.30 am	Confirmation Service at St Marys Church, Crosthwaite

Holy Week Meditations

Monday 30th March	7.00 pm St Thomas' Church, Milnthorpe
Tuesday 31st March	7.00 pm St John's Church, Levens
Wednesday 1st April	7.00 pm St Peter's Church, Heversham
Maundy Thursday 2nd April	7.45 pm Holy Communion St Thomas' Milnthorpe
Good Friday 3rd April	10.00 am Service on Milnthorpe Green 12.00 noon Levens Children's Good Friday Sharing with snack lunch
Service of Reflection:	2.00 pm St John's Levens
Service of Reflection	2.00 pm Heversham
Easter Sunday 5th April	7.00 am Service at top of Heversham Head 9.30 am St Peter's Church, Heversham 9.45 am St John's Church, Levens 11.15 am St Thomas' Church, Milnthorpe

April Sunday Morning Services at Parish Churches

8.00 am Holy Communion (BCP)

St Thomas' Milnthorpe 4th and 18th April

St Peter's Heversham 11th and 25th April

9.30 am St Peter's Heversham

5th	Parish Communion EASTER
12th	Morning Praise
19th	Parish Communion
26th	Morning Praise

9.45 am St John's Levens

5th	Parish Communion EASTER
12th	10.30am at the Methodist Church
19th	Parish Communion
26th	Morning Praise

11.15 am St Thomas' Milnthorpe

5th	Parish Communion EASTER
12th	Parish Communion
19th	Morning Praise
26th	Parish Communion

St John's Annual Parish Church Meeting, after morning service 19th April

What's the latest?

www.stthomasmilnthorpe.org.uk
&
www.stpetersheversham.org
If you would like an email of the weekly notices please click on 'contact us'

For regular email updates for St John's Church Levens please email:
jill.butterworth54@btinternet.com

www.heversham.org has an archive of Parish News

www.levens.org.uk has local info and NEWS and a link to the same archive of Parish News https://www.levens.org.uk/st-johns-church

Milnthorpe What's Going On page on Facebook to catch up with what is going on !
And KEY weekly Youth Activities post on this page

Samaritans'

Free helpline number is **116 123**. Calls to this number do not appear on phone bills. This number is free to call from both landlines & mobiles, including pay-as-you-go mobiles. You don't need to have any credit or call allowance plan to call 116 123.

Available round the clock, every single day
www.samaritans.org

To view the Parish News online:

stthomasmilnthorpe.org.uk/publications/

***Next issue* - print & online**
MAY *2026*
Please email info by *10th April*

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Note to Advertisers: Invoices are posted out or hand delivered. unless email specifically requested.
We NEVER email out a form for you to pay via a website
please be SPAM aware

If unsure phone 01539564582 or email parishnews@heversham.org

Levens Good Neighbours - You may find it good to know that the support offered by Levens Good Neighbours includes matching with someone to **offer friendship**.
If you call 07908 004672 any day between 8am and 8pm, this support can be arranged with you

Can Levens Good Neighbours within Levens Parish help with:

A friendly phone call Picking up shopping or library books or prescription Posting mail, Simple handyperson job, Dog Walk, Transport to a local appointment

07908 004672 8am-8pm any day

Volunteers are covered by insurance & policies relating to safeguarding and good practice.

Parish News, part of the church in community

is run by 3 Parish Churches

of St Peter's Heversham, St John's Levens & St Thomas' Milnthorpe also including services details for the local Methodist and Catholic churches

Volunteer Ed Team:
Jane Cushnie, Jill Butterworth, Margaret Barrow, Wendy Dodds
Distribution Team of more than 60 volunteers **deliver 2,500 copies** across the three parishes 10 times a year in all weathers! - thanks everyone!

parishnews@heversham.org Mrs Jane Cushnie Tel: **015395 64582**
Phone code as well even if phoning from a local number

Levens News: jill.butterworth54@btinternet.com Mrs Jill Butterworth 015395**61676**

Priest-in-charge of Levens, Heversham & Milnthorpe

The Reverend Bryan Kerr Email: rev@lhmparishes.co.uk Tel 015395 61448
Also the contact details for a pastoral phone call for you or someone you know

Churchwardens

Levens: St John's

Mr Hal Bagot 60588

Mrs Jill Butterworth
015395 61676

PCC Secretaries:
Mrs Julie Marsh
015395 83183

Milnthorpe: St Thomas'

Dr Val Robson
07885 318613
Mr John Ricketts
01524 761076

Frances Taylor
015395 63537
frances30taylor@gmail.com

Heversham: St Peter's

Contact person:
Mrs Jane Fell
Email:
janefell12@gmail.com

Mr Peter Clarke
01539565845

www.kentestuarymissioncommunity.com
for information from churches in our Kent Estuary

Room Hire in Milnthorpe:, Heversham, Levens

Milnthorpe St Thomas' Community Rooms www.stthomasmilnthorpe.org.uk

Milnthorpe Christ the King RC Church kendalcatholicchurch@gmail.com

Leasgill Athenaeum www.the-athenaeum.org.uk Jean Metcalfe. 07368 800922

Heversham Tristrams Pavilion / Playing Fields, Email: sports@dallamschool.co.uk

Heversham Bowling Clubhouse Vera Alderson 01539 897160

Levens Village Hall Helen & Alan Miller 015395 60334

Levens Methodist Hall Jane Jones 07875 163418

Levens Pavilion Alice 07817 200053

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