MAY 2024
A free copy for you

Parish News

Levens, Heversham, Milnthorpe



Levens Methodist Church

COFFEE SHOP 2.30 - 4.15 pm Everyone Welcome

Mondays

Would you like a coffee & a chat? please join us.

You can also play dominoes, cards, Rummikub or do a jigsaw

Also bring your knitting, sewing or craft project and have a natter.

Wednesdays & Fridays

Coffee and Biscuits

Milnthorpe Food bank www.milnthorpefoodbank.org Collection boxes in Spar and Churches in Milnthorpe and Heversham

There is an constant need of food & household items so please donate if you can, thank you

The Food Box in St John's Church Levens is open at most hours: for King's Food Bank, Kendal. a check list of items most wanted currently appears on their website - https://kingsfoodbank.org.uk/
All contributions are greatly valued

The Food Box in Levens Methodist Church is open when the church building is open

Meet & Eat Friday 24th MAY at Levens Methodist Hall

12 noon - 2 pm £5
Children under school age FREE

Menu: Quiche and salad with new potatoes Eve's Pudding or Fruit Salad

Add your name to list at Coffee Shop or Susan Beckwith 0779 6561810

EVERYONE WELCOME

M:HUB

on Beetham Road, Milnthorpe

Cafe is open every Friday morning from 9.30 am until 12 noon for refreshments.

Coffee @ St T's Milnthorpe

Every Friday 10 -11.30 am

serving Coffee and Tea

free WiFi & contactless payment available

Entrance at North side during the building works, when works finish use the front door Bring a mug or use a paper cup

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Village Coffee Time
Third Tuesdays
Tuesday 21st May
10 - 11.30 am
at the Old School, Heversham

*Everyone Welcome *All Ages* Simply coffee & biscuits & chat A warm welcome - Do call in!



Heversham Pop up Pub 4th MAY 7.00pm - 11.00pm 1st Sat of every month The Athenaeum For our community - all welcome

St Thomas' Lent Lunches

Thank you to everyone who made soup, ate the soup, baked the cakes, helped to serve the soup or donated towards the Lent charity.

We raised the excellent sum of

We raised the excellent sum of £930.00.

This has been donated as follows: £800 has been divided equally between Milnthorpe Primary and Dallam schools for their funds to assist families who are struggling with the cost to send children on school trips. The remaining £130 has been donated to M:Hub for the hire of the room for the six week period.



Dates for your Diary:



Saturday 1st June Heversham Pop Up Pub Cocktail Night

Saturday 6th July Heversham BBQ at Athenaeum and Pop Up Pub





20th July Hincaster Party in the Pasture

www.dignityindementia.org

For more info on Activities, please contact Diane on 07771 682378 or Lesley on 07816 895021



Enjoyable Dementia friendly Walks with optional refreshments.

10.30 am start. Meet at:

9th May Up the Helm from the Station Inn at Oxenholme, LA9 7RF 23rd May Arnside Knott from the National Trust car park, LA5 0BP

Woodland Wellness - Mondays 6th May & 20th May

Being outside is good for us all. Come and join us for engaging activities connected to nature –: Silverhelme Scout Activity Centre, The Row, Silverdale, LA5 0UG

<u>Social Table Tennis</u> – at Arnside Educational Institute, Church Hill, Arnside, 10.30 am start, Wednesdays 1st, 15th & 29th May

Dementia Embracing Community Singing Group

Silverdale Songsters - Friday mornings between 10.30 – 11.30 am at St John's Church Hall, St John's Church, Silverdale

Zoom Poetry Group – Alternate Thursday 1.30 – 2.30pm **6**th **& 20**th **May** The group choose the theme and Dignity in Dementia search out poems which are then emailed to group members. Then we read them together



Please phone for details and to book lunches: Liz Dawes 01539 728118

Gentle Exercise Classes – Milnthorpe Every Tuesday 10.30 - 11.30 am Catholic Church Hall Haverflatts Lane, Milnthorpe LA7 7PS

Gentle Exercise Classes – Levens Every Wednesday 10.30 - 11.30 am Levens Methodist Church Lowgate, Levens LA8 8NL

Levens Lunch Club
The Gilpin Bridge, Levens
LA8 8EP

Fourth Tuesday of the month 12.00 pm

Hale Lunch Club The Tavern at Hale, Milnthorpe LA7 7BH

Third Thursday of the month meet at 12.15 for 12.30 pm



I heard that pay was going up this April, but my employer says he can't afford to pay me any more money. How can I find out what I'm entitled to?

Most people over 16 who work, including casual workers, are entitled to get paid at least the National Minimum Wage. There are some exceptions – call the Acas helpline (0300 123 1100) to check.

The hourly rates went up on 1 April 2024 as follows:

Workers aged 21 and over (down from age 23) - increase from £10.42 to £11.44. (This is called the National Living Wage)

Workers aged 18 - 20 - increase from £7.49 to £8.60

Workers aged 16 -17 - increase from £5.28 to £6.40

Apprentices - increase from £5.28 to £6.40

Get advice if you're not paid for travelling between appointments, training, or being 'on call', or if your employer takes money from your wages for accommodation. If you're not being paid the minimum wage when you are entitled to it, speak to your employer. If you're not getting anywhere, contact Acas to help you work out your options. Acas is an organisation that provides independent support to help sort out employment disputes. If you need more help at any point, you can get advice from South Lakes Citizens Advice.

Free, confidential advice and help is available from South Lakes Citizens Advice on any aspect of debt, consumer problems, benefits, housing, employment or any other problems. South Lakes Citizens Advice, your local charity, is here for you. How to access:

Call 015394 46464 - this is being staffed from 9:30 - 2pm

- Adviceline: 0808 2787 984
 email advice via our submission page on our website www.southlakescab.org.uk
- Help to Claim (Universal Support): 0800 144 8 444



COULD YOU VOLUNTEER AT OUR YOUTH CLUBS?

WE NEED HELP TO CONTINUE RUNNING
OUR YOUTH CLUBS IN

CONTACT US WHETHER YOU ARE ABLE TO HELP
OCCASIONALLY OR ON A REGULAR BASIS
(CLUBS ARE AFTERSCHOOL/EVENINGS)

YOU MAY BE ABLE TO HELP WITH COOKING, SPORTS,
GAMES OR CRAFTS DEPENDING ON YOUR
SKILLS AND INTERESTS OR BE A FRIENDLY
ADULT WHO IS HAPPY TO LISTEN

EMAIL FOR MORE INFORMATION

ROSIEBROWN@KEYPROJECTCUMBRIA.ONMICROSOFT.COM

HEVERSHAM



Next meeting: Wednesday May 8th Speaker: Steven Watts MBE Topic: 'A Year Like No Other' (Grasmere and The Lakes during Covid)

Competition: Gingerbread Venue: Athenaeum in Leasgill

Time: 7.30 pm

Visitors are asked to pay £2 and can now attend for 3 sessions before making a commitment to join. For further information please contact Maggie Hart on hevershamw.i.24@gmail.com

A thank you to all who came

to Saturday's Recycling and Free Exchange event put on by St John's and the Methodist church.in Levens

- some quirky and some splendid items meant several people went home very satisfied; remaining items are now with Bay Rescue.
The gadgets, stamps and mobiles eligible for Recycling for Good Causes are now being dispatched.





J Happy Voices J Singing Group

meets every Monday at Christ the King Church Hall on Haverflatts Lane, Milnthorpe from 1.30pm – 3.00pm Everyone welcome no experience necessary

£2 a session including refreshments Ring Lynne Gibbons 07814 709847 for further details

Singing for Fun

Come and join in with us Relax and Enjoy No Membership

Held on the first Thursday morning in the month
2nd May
at 10.45am

at Christ the King Church Hall Haverflatts Lane, Milnthorpe £2 includes tea or coffee

Levens Little Larks

Come and join us for a sing-a-long together
Tuesdays every fortnight at 10.30am
Levens Methodist Church Hall
-check updated poster in the hallWe welcome all
parents, grandparents, carers
and all pre-school children
Cost £1.50 with a

cuppa and chat afterwards

LEVENS WARBLERS

SINGING GROUP invite you to join on second & fourth MONDAY of the month 10.30 am to 12 noon 13th May

Levens Methodist Church Hall For Singers and non-singers cost £2.00 including refreshments Please do come along and sample what is on offer: friendship/singing popular songs/listening/tea/coffee





WESTMORLAND STEP AND GARLAND DANCERS



Recruiting now - step this way

Help keep local folk dance tradition alive and kicking Seeking new team members to learn

Lakeland Step (Clog) Dancing & North-West Garland Dancing.

Also, folk musicians to play for our dancers.

Practice - Mondays 8.15 - 10 pm The Beck Community Centre, Esthwaite Ave, Kendal LA9 7NZ Contact:

Gillian - dancers 07518 461267 wsgdsecslater1@gmail.com

Roger - musicians 07855 347295 roger.smith100@btinternet.com





Save the Dates

The 2024 Levens Arts Trail will take place on Saturday 6th July and Sunday 7th July, 10.30am to 4pm.

Please join us in Levens village to meet a host of wonderful artists, makers and creators in their homes/studios and see examples of their work displayed in the Levens Institute.

Maps will be available to buy beforehand or on the days of the event itself. Watch out for more details ... coming soon.

This event is part of the fantastic 'Levens Big Weekend'.

levensarts@gmail.com







The HERON theatre Select your seats & book on line

www.theherontheatre.com see website to hire venue Box Office 015395 64283

May Performances

- 3rd Film A Haunting in Venice 7.30 pm
- 5th Tom Dale Classical guitar 2.30 pm
- 10th Heron Literature Festival Wknd An evening of crime with authors J.C. Briggs & Matthew Booth 7.30
- 11th –Beginning Writing workshop with local author Deborah Swift 10am –12
 - 2-4pm Acting Workshop with Hotbuckle Production team
 - 7.30 pm Pride & Prejudice with Hotbuckle Productions
- 14th Exhibition on Screen 2pm John Singer Sargent: From Fashion to Swagger
- 18th Kit Holmes, Jazz & Blues 7.30pm
- 23rd 25th The Tyler Sisters by The Company 2.30 pm Three sisters, forty years, one everevolving bond. Fake sick days, Stonehenge, roller skates, champagne and glow-in-the-dark stars. A funny, heart-warming exploration of time.
- 31st Film 'Oppenheimer' 7.30 pm

Plant Sale at the lychgate, St John's Levens starts April 29th

continues as long as stock lasts

Donations of plants or garden-related items are welcome

anything remaining will join the wall sale by the bus stop







Christian Aid Week: 12th -18th May A team of volunteers will be delivering Christian Aid envelopes to homes in Levens 12th - 18th May. Vanessa and Dave at Levens Village Shop have again kindly agreed to have the collecting bucket for returned envelopes.

Christian Aid collection envelopes available and collection points in Heversham and Milnthorpe Parish Churches.

No house to house collections in Milnthorpe. You can still make a donation to Christian Aid by phoning 020 7523 2269 or online at www.christianaid.org.uk.

cake stall and collection point for Christian Aid on Milnthorpe Friday market on 17th May. Donations of cakes, jams and other produce would be very welcome.

Please support Christian Aid, a UK charity, supporting some of the poorest people in the world, enabling them to become more self sufficient.

ald

Milnthorpe and District Allotment Association

Plant and Cake Sale

Jams and Chutney too

on Milnthorpe Green Saturday 11th May from 9.30 am



Annual Horticultural and Craft Show The first Saturday in September 7th September 2024 at St Thomas' Church Milnthorpe

ngs gardens open for charity

25th and 26th May 1 - 5 pm Lower Rowell Farm and Cottage LA7 7LU

Approx 1¼ acre garden with views to Farleton Knott and Lakeland. Unusual trees and shrubs, plus perennial borders. Architectural pruning, greenhouse, polytunnel with tropical plants, cottage gravel garden and vegetable plot.

Light Refreshments

All Welcome Entry £5 per person Children free Dogs on Leads Welcome

NSPCC

Coffee Morning
On
Saturday 18th May 2024
10am – 12 noon
at
Levens Methodist Hall

£2 Entrance include refreshments
Cake stall Raffle Plants & Tombola.
Free Children's colouring activity
Any enquires please contact
Yvonne
Tel 015395 60716

Arnside Guides Plant Sale

Saturday 18th May 10am - 12 noon at Levens Institute

There will be a usual coffee morning run by the Guides, local stall holders and of course the plants!

Profits will be split equally between the Guides (individual girls fund raising for camps), and Levens Playing Fields.



The Churchyard Working Party at St Peter's Church in Heversham met again on the 23rd March and had a very successful meeting.

The churchyard is looking in good shape as we move into spring and credit is due to those who take part in its maintenance.

That last meeting took place on a very cold morning, a big thank you to all who took part. The next meeting will be on **Saturday 27th April from 9.30am - 12.30pm.** If you would like to contribute to caring for this great village asset which is open to the public, has public footpaths through it and benches to relax on, you will be very welcome

Don't feel that you must attend for the full session, it is much more relaxed than that; come when you can and leave when you have to.

If you come along you are bound to make a useful contribution, will quite likely enjoy yourself and may even meet old and new friends. Meet at the main church gate, bring gloves and, if you have them, loppers and/or secateurs; there is always plenty of cutting back to do. Even if you don't have any tools you will be able to make a valuable contribution.



Deanery
Ascension Day Service
at Preston Patrick Church
on Thursday 9th May
at 7.30pm

All Welcome



Mothers Union First Wednesday at 2pm St Thomas' Church Milnthorpe

(Enter through North side door of church during building works) All are welcome to visit and join

Wednesday May 1st at 2pm Rod and Elaine Stott will be talking about '100 children in 10 years'

Visitors Always Welcome

What is the Mother's Union?

A 4 million strong organisation in nearly 90 countries with a vision of a world where everyone prospers.

Its focus is to support "mothering" in all its forms. It is a Union because it represents people (men and women) who are united in advocating and supporting families and those whose lives have met with adversity.



Quiet Day 'Jesus said 'Come to Me"

All members of Kent Estuary Mission
Community are invited to a Quiet Day
on Thursday 2nd May
at Beetham Parish Church
from 9.45 (tea and coffee) to 3.30 pm
led by Marjorie Arnold,
a Reader from Kendal Parish Church.
bring your own lunch
Tea and coffee will be provided
All Welcome

No charge but there will be an opportunity to make a donation. Please book (just for catering) with Annie Garden annie@annegarden.uk or Viv Stirrup vstirrup7@aol.com



St. Peter's Heversham
A special time of prayer
for the church as it
prepares for Pentecost
(the giving of the Holy Spirit)
will be held in the Old School
on Thursday 9th May
10-11am
followed by coffee.
Do come and join us

Email: rev@lhmparishes.co.uk Tel 015395 61448



Dear Friends.

Professor Richard Dawkins is perhaps the best-known proponent of New Atheism'. He famously pronounced in 2012, "I don't despise eligious people; I despise what they stand for."

However, during a ten-minute LBC radio interview on Easter Sunday, the biologist praised cathedrals, hymns and the 'fundamentally decent' ethos of Christianity. "I call myself a cultural Christian," he said before hastily adding, "I'm not a believer." Dawkins is glad that the old faith is still around: 'I sort of feel at home in the Christian ethos.' He notes with approval that Christian belief is declining in Britain: "But I would not be happy if we lost all our cathedrals and our beautiful parish churches. So I count myself a cultural Christian.' He pronounced Christianity 'a fundamentally decent religion.' This may well chime with some of the listeners to the interview, people uncertain of what to believe but who might sing the occasional carol at Christmas. Even the Professor himself admits to enjoying that.

In Dawkins' view, it is harmless and even healthy to participate in Christian culture a little, for there is a 'beauty' and 'decency' to it, but it is deeply mistaken to cross the line into 'belief'. But Christian culture would not exist without the existence of committed believers. We can see a tension in this thinking = pro-Christian culture/anti-Christian faith. One commentator described it as 'poisoning the roots while demanding the fruits.' Can we as individuals or a society straddle this contradiction? Is it possible to cultivate a Christian-like 'ethos' while detaching itself from the faith that inspired it?

It is noteworthy that the interview was broadcast on Easter Day. For millennia Christians have focused on a victim of injustice tortured to death for love's sake and we have responded by worshipping him. This belief, grounded in the events of Good Friday and Easter, produced and formed a 'cross-shaped ethic' that takes the side of the weak, the forgotten, the victims of injustice, the voiceless.

Christian ethics do not arise from warm feelings within. They have their roots in the identity of Jesus Christ himself, not simply a moral teacher, but our Creator living God's way in God's creation, a unique ethical authority above all others. They are centred on the death and resurrection of Christ, the ultimate act of selfless living and giving. Not only did the God-man sacrifice himself in weakness for the sake of others, he is alive again, offering a new life ethically and spiritually to those who come to him.

As conqueror of death, he gives eternal significance to earthly actions, even to a cup of cold water given in kindness. The heart of Christian living and experience today is that Christ lives within a person supernaturally; his Holy Spirit leads and guides a Christian believer, making them more Christ-like and their ethics more cross-shaped.

That is not to say that other people cannot live by their own moral code as decent individuals within society. And we know that Christians can fail their Lord in how they live. But a distinctly Christian ethos is supernatural. It is the outworking of the supernatural Spirit of God in the life of the Church and in the individual believer; it is centred on the supernatural events of Easter; it rests on the supernatural identity of Jesus Christ. The Revd Glen Scrivener, a Christian commentator, summarised the issue: "Christians believe that Jesus rose from that Jerusalem tomb. Dawkins believes *all* life arose from non-life, and without a God of resurrection to work the wonder. At that point it's a case of 'choose your miracle'."

Every Blessing, Revd Bryan Kerr Priest-in-Charge of St Thomas', St Peter's, St John's Churches

To view on website in larger format please see :

https:// stthomasmilnthorpe.org.uk/ publications/

Next issue -**JUNE 2024** print & online Please email info by 10th MAY

*Whilst the Church is most grateful for the support of magazine advertisers no automatic endorsement of products or services can be assumed.

To the best knowledge of the Editorial Team all info is correct at time of going to press 17.4.24

WRITING A WILL?

Once you have made provision for vour loved ones, why not consider making a lasting gift to God, by leaving a legacy to His church? A gift in your will to your local church is one of the most valuable and lasting ways you can continue to support its mission and ministry within your community.

The Church of England has partnered with Farewill to provide a free will-writing service, which can be used to benefit other churches also.

Details at: https://

www.churchofengland.org/our-

faith/church-legacy

Monthly Friday Morning Holy Communion (Book of Common Prayer BCP)

Friday 17th May at 9.30 am at St Thomas' Church, Milnthorpe followed by Friday Coffee Morning. In the new Community Room



Monthly Afternoon Holy Communion

Tuesday 28th May at 2.30pm (last Tuesday in the month) at Levens Methodist Church



Kendal **Methodist** Circuit

Revd Tiras Dainty-Share 01524 963716 Email: tiras.ds@methodist.org.uk

Levens Methodist Church 10.30am Services unless stated led by:

Irene McKay 5th 12th United service with St Johns (9.45am)

19th Revd Les Hann 26th Claire Middleton

Levens Methodist Church is now registered for the solemnization of marriages between a man and a woman and for the solemnization of marriages of same sex couples.

Please contact:

The Revd Tiras Dainty-Share tiras.ds@methodist.org.uk telephone: 01524 963716

You are welcome at MAY Sunday Morning Services at Parish Churches -

8.00 am Holy Communion

St Thomas' Milnthorpe

5th & 19th May

St Peter's Heversham

12th & 26th May

9.30 am St Peter's Heversham

5th Parish Communion

12th Morning Praise

19th Pentecost - Parish Communion

26th Fellowship Service

in the Old School

9.45 am St John's Levens

5th Parish Communion

12th United Morning Praise 9.45 am with Methodist Church at St John's

19th Pentecost - Parish Communion

26th Morning Praise

11.15 am St Thomas' Milnthorpe During the building works please use

the north door

5th Morning Praise

12th Parish Communion

19th Pentecost - Parish Communion

26th Parish Communion



Christ the King RC Church Haverflatts Lane Milnthorpe

Sunday Mass celebrated at 10.30am Friday Mass now celebrated at 10 am

Find on You Tube channel and Facebook Group by searching:

Kent Estuary Catholic Churches

Fr Philip Smith 015395 32731 Email:

kentestuarycatholicchurches@gmail.com

CHILDREN'S SUNDAY SCHOOL Milnthorpe

There has been no Sunday School at St Thomas' Church during the building works since January.

Sunday School plans to restart on 2nd June, meeting on alternate Sundays. More details later

During May there will be some quiet activities for children in the back of church during the Sunday services





What's the latest?



www.stthomasmilnthorpe.org.uk

www.stpetersheversham.org

If you would like an email of the weekly notices please click on 'contact us'

www.levens.org.uk has local info and NEWS and a link to the same archive of Parish News https:// www.levens.org.uk/st-johns-church

@NEWparishnews

Facebook page. Items posted are forwarded to Milnthorpe What's Going On page too.

Milnthorpe What's Going On

page on Facebook to catch up with what is going on! And KEY weekly Youth Activities post on this page

www.heversham.org has local info and an archive of over 17 years of Parish News in A4 pdf version.

Nextdoor.co.uk Local info, tips and ideas

Samaritans'

Free helpline number is 116 123. Calls to this number do not appear on phone bills. This number is free to call from both landlines & mobiles. including pay-as-you-go mobiles. You don't need to have any credit or call allowance plan to call 116 123.

> Available round the clock, every single day www.samaritans.org

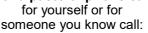


To sign up to the weekly emailed notices for Parish Churches in Heversham and Milnthorpe please email 'contact us' via the websites. For regular email updates for

St John's Church Levens please email:

jill.butterworth54@btinternet.com

For a pastoral phone call for yourself or for





Heversham & Milnthorpe:

Email via church websites 'contact us' or phone

Linda Cooper

015395 63836

Levens:

Levens Good Neighbours - You may find it good to know that the support offered by Levens Good Neighbours includes matching with someone to offer friendship. If you call 07908 004672 any day between 8am and 8pm, this support



Can Levens Good **Neighbours help** with:

can be arranged with you

A friendly phone call Picking up shopping or library books or prescription Posting mail, Simple handyperson job, Dog Walk, Transport to a local appointment

Ring 07908 004672 8am - 8pm any day

Volunteers are covered by insurance & policies relating to safeguarding and good practice.

Parish News, part of the church in community

is run by 3 Parish Churches

of St Peter's Heversham, St John's Levens & St Thomas' Milnthorpe also including services details for the local Methodist and Catholic churches

Volunteer Ed Team:

Jane Cushnie, Jill Butterworth, John Thorley, Margaret Barrow, Wendy Dodds

Distribution Team of more than 60 volunteers deliver 2,500 copies

across the three parishes 10 times a year in all weathers!

- thanks everyone!

parishnews@heversham.org Mrs Jane Cushnie Tel: 015395 64582

Levens News: jill.butterworth54@btinternet.com Mrs Jill Butterworth Tel: 61676

Priest-in-charge of Levens, Heversham & Milnthorpe

The Reverend Bryan Kerr Email: rev@lhmparishes.co.uk Tel 015395 61448

Churchwardens

Levens: St John's Heversham: St Peter's Milnthorpe: St Thomas'

Mr Hal Bagot 60588 Mrs Jane Fell 63174 Dr Val Robson 62904

Mrs Jill Butterworth Mr John Ricketts

61676 01524 761076

PCC Secretaries
Mrs Julie Marsh
015395 83183

Mr Peter
0153956

Mr Peter Clarke Mrs Judy Rigg 01539565845 01524 761857

www.kentestuarymissioncommunity.com for information from churches in our Kent Estuary

Useful Numbers for Room Hire:

Milnthorpe St Thomas' Community Rooms www.stthomasmilnthorpe.org.uk

Milnthorpe Christ the King RC Church Fr. Philip Smith 015395 32731

M:HUB, Beetham Road, Milnthorpe Irene McKay 07958 605049

Leasgill Athenaeum www.the-athenaeum.org.uk Clare Lewis 07876 124236

Heversham Tristrams Pavilion / Playing Fields, Email: sports@dallamschool.co.uk

Heversham Bowling Clubhouse Vera Alderson 01539 897160

Levens Village Hall Helen & Alan Miller 015395 60334

Levens Methodist Hall Jane Jones 07875 163418

Levens Pavilion Alice 07817 200053

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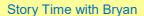
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