

Ash Wednesday Services, Wednesday 18th February

2.00 pm at St John's, Levens

6.30 pm at St Peter's

Everyone is welcome to come to either of these Services.



St Peter's
Soup lunch
Tuesday 10th March
12.00 noon–1.00 pm
at The Old School, Heversham
next to St Peter's Church
Choice of soups
Cheese and biscuits / bread
Tea and coffee
Donations to
Manna House, Kendal *
✧ ✧ ✧
Tuesday 24th March
More details soon

* Manna House, Kendal

To find out more about St Peter's chosen charity, visit

<https://manna-house.org.uk>.

Notices for next Sunday to Diane.

Deadline Tuesday, 6.00 pm.

Welcome to the Parishes of St Peter and St Thomas

Services for today, Sunday 8th February 2026

St Peter's Heversham

8.00 am Holy Communion (BCP)

9.30 am Morning Praise.

PCC person on duty: Ellen Bargh.

Join us afterwards for coffee.

8.00 pm Kendal Deanery prayers on Zoom (see notice)

St Thomas' Milnthorpe

11.15 am Parish Communion with quiet activities for children.
Join us afterwards for coffee.

8.00 pm Kendal Deanery prayers on Zoom (see notice)

Services for next Sunday, 15th February

8.00 am Holy Communion (BCP) at St Thomas'.

9.30 am Parish Communion at St Peter's
PCC person on duty: Peter Clarke.

11.15 am Morning Praise with Sunday School.

3.00 pm Singing Praise and Prayer at the Old School, Heversham.
Everyone welcome.

This week in our parishes

Tue 10th Final day for information in March *Parish News*.
Email: parishnews@heversham.org

6.15–7.00 pm Rest and Restore at St James, Arnside.
A time of prayer for healing and wholeness.

Thu 12th 10.00 am Bible Study at St Thomas'.
Also on Zoom; link from Ellie or Bryan.

Fri 13th 10–11.30 am Coffee @ St T's.

12.00 noon Come and pray at St Thomas'. All welcome.

Sat 14th 8.30 am Men's breakfast at St Thomas'.
All men are welcome to come.

Notices

Kendal Deanery prayers for the February General Synod

Today, Sunday 8th February, 8.00 pm on Zoom

Link: <https://us02web.zoom.us/j/84819699357?pwd=naDmopM1CNa9vFM3C86cZGZefQ3jfq.1>

Mothers' Union blanket appeal

The Mothers' Union is collecting blankets to send to the Ukraine, where living conditions are dire. Families are living in temperatures down to minus 20°C, with very little power if any at all, and heavy bombardments from Russia are continuing relentlessly.

If you can donate one or more blankets, please leave in church by the Mothers Union table, or contact Marion, email wd.mmd@outlook.com or phone 07950 807 007. Transport is arranged for our first batch this coming week, but the appeal will be continuing.

Dates for your diary

Village Coffee Time
Heversham
usually Third Tuesdays

Tuesday 17th February
is Shrove Tuesday
Pancake Day

so we're having a
Pancake Cafe !

Children's Activities too
(it's Half Term)

10-11.30 am
St Peter's Church

Everyone Welcome
All Ages

St Thomas' Church
Milnthorpe

PANCAKE,
CAFÉ

Tuesday 17th February
3.15 - 4.45pm

Delicious pancakes served with
all your favourite fillings

Tea, Coffee, Hot Chocolate, Juice

Pancake Races
for all ages, including adults
(if you are up to the challenge!)

Bring your own RACING PAN!

Start practising your flipping!

PRIZES for the WINNERS

See you there ...



Computers for the absolute beginner: an introduction to IT

Wednesdays 25th February to 25th March, 12.30–3.30 pm at St Thomas'

Everyone welcome. Free of charge. We need people to enrol ASAP. The course can only run with twelve people, but so far we only have one booking.

Adult Learning

Computers for the Absolute Beginner: An Introduction to IT



Wednesday 25 February

12.30pm – 3.30pm

5 weeks

**St Thomas' Church,
Milnthorpe**

FREE

Led by Dawn our fully qualified
Digital tutor

This beginner-friendly class is designed for anyone who is new to using computers.

Designed for absolute beginners, this course will guide you through the basics of using a computer, navigating the internet, and managing your files. No experience needed—just bring your curiosity.

Sign up today & open the door to endless digital possibilities!

To book a place please visit our website at:

<https://adultlearningcumbria.org/search/courses/@computers-absolute-beginner-introduction-it-ken25025>

Or phone 01539 713257 or 07966116905

Or: email: Kendaladultlearning@westmorlandandfurness.gov.uk



Working for Cumberland Council and
Westmorland & Furness Council