

## Ash Wednesday Services, Wednesday 18th February

2.00 pm at St John's, Levens

6.30 pm at St Peter's

Everyone is welcome to come to either of these Services.



St Peter's

### Soup lunch

Tuesday 10th March  
12.00 noon–1.00 pm

at The Old School, Heversham  
next to St Peter's Church

Choice of soups

Cheese and biscuits / bread

Tea and coffee

Donations to  
Manna House, Kendal \*



Tuesday 24th March  
More details soon

#### \* Manna House, Kendal

To find out more about St Peter's chosen charity, visit

<https://manna-house.org.uk>.

Notices for next Sunday to Diane.

Deadline Tuesday, 6.00 pm.

## Welcome to the Parishes of St Peter and St Thomas

### Services for today, Sunday 8<sup>th</sup> February 2026

#### St Peter's Heversham

8.00 am Holy Communion (BCP)

9.30 am Morning Praise.

*PCC person on duty: Ellen Bargh.*

Join us afterwards for coffee.

8.00 pm Kendal Deanery prayers on Zoom (see notice)

#### St Thomas' Milnthorpe

11.15 am Parish Communion with quiet activities for children.

Join us afterwards for coffee.

8.00 pm Kendal Deanery prayers on Zoom (see notice)

### Services for next Sunday, 15<sup>th</sup> February

8.00 am Holy Communion (BCP) at St Thomas'.

9.30 am Parish Communion at St Peter's

*PCC person on duty: Peter Clarke.*

11.15 am Morning Praise with Sunday School.

3.00 pm Singing Praise and Prayer at the Old School, Heversham.  
Everyone welcome.

### This week in our parishes

Tue 10<sup>th</sup>

Final day for information in March Parish News.

Email: [parishnews@heversham.org](mailto:parishnews@heversham.org)

6.15–7.00 pm Rest and Restore at St James, Arnside.

A time of prayer for healing and wholeness.

Thu 12<sup>th</sup> 10.00 am

Bible Study at St Thomas'.

Also on Zoom; link from Ellie or Bryan.

Fri 13<sup>th</sup> 10–11.30 am

Coffee @ St T's.

12.00 noon

Come and pray at St Thomas'. All welcome.

Sat 14<sup>th</sup> 8.30 am

Men's breakfast at St Thomas'.

All men are welcome to come.

## Notices

### Kendal Deanery prayers for the February General Synod

Today, Sunday 8th February, 8.00 pm on Zoom

Link: <https://us02web.zoom.us/j/84819699357?pwd=naDmopM1CNa9vFM3C86cZGzefQ3jq.1>

### Mothers' Union blanket appeal

The Mothers' Union is collecting blankets to send to the Ukraine, where living conditions are dire. Families are living in temperatures down to minus 20°C, with very little power if any at all, and heavy bombardments from Russia are continuing relentlessly.

If you can donate one or more blankets, please leave in church by the Mothers Union table, or contact Marion, email [wd.mmd@outlook.com](mailto:wd.mmd@outlook.com) or phone 07950 807 007. Transport is arranged for our first batch this coming week, but the appeal will be continuing.

## Dates for your diary

**Village Coffee Time**  
Heversham  
usually Third Tuesdays

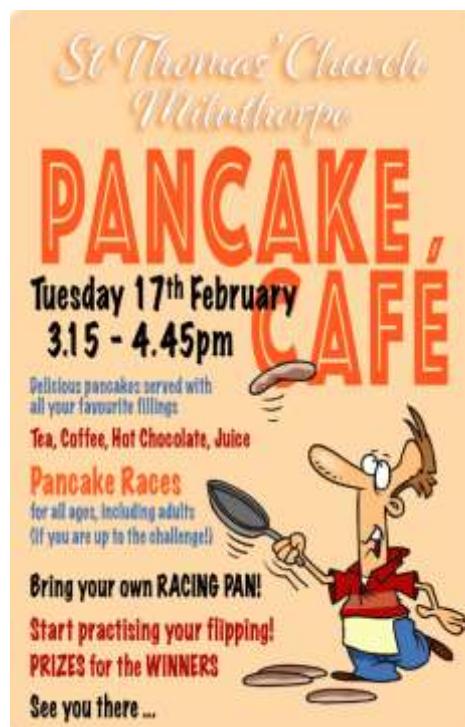
**Tuesday 17th February**  
is Shrove Tuesday  
Pancake Day

**so we're having a  
Pancake Cafe !**

**Children's Activities too**  
(it's Half Term)

**10-11.30 am**  
St Peter's Church

**\*Everyone Welcome \***  
**\*All Ages\***



### Computers for the absolute beginner: an introduction to IT

Wednesdays 25th February to 25th March, 12.30–3.30 pm at St Thomas'

Everyone welcome. Free of charge. We need people to enrol ASAP. The course can only run with twelve people, but so far we only have one booking.

### Adult Learning

#### Computers for the Absolute Beginner: An Introduction to IT



**Wednesday 25 February**

**12.30pm – 3.30pm**

**5 weeks**

**St Thomas' Church,  
Milnthorpe**

**FREE**

Led by Dawn our fully qualified  
Digital tutor

This beginner-friendly class is  
designed for anyone who is new to  
using computers.

Designed for absolute beginners,  
this course will guide you through  
the basics of using a computer,  
navigating the internet, and  
managing your files. No experience  
needed—just bring your curiosity.  
Sign up today & open the door to  
endless digital possibilities!

To book a place please visit our website at:

<https://adultlearningcumbria.org/search-courses@computers-absolute-beginner-introduction-it.ken29026>

Or phone 01539 713257 or 07966116905

Or: email: [Kendaladultlearning@westmorlandandfurness.gov.uk](mailto:Kendaladultlearning@westmorlandandfurness.gov.uk)



Working for Cumberland Council and  
Westmorland & Furness Council