

Welcome to the Parishes of St Peter and St Thomas

Services for today, Sunday 21st September 2025

St Peter's Heversham

- 9.30 am Parish Communion.
PCC person on duty:
Richard Simpson.
Join us for coffee afterwards.
- 6.00 pm Praise and Prayer at the Old School.
All welcome.



St Thomas' Milnthorpe

- 8.00 am Holy Communion (BCP)
- 11.15 am Morning Praise with Sunday School.
Join us for coffee afterwards.
- 6.00 pm Praise and Prayer at the Old School, Heversham. All welcome.

Services for next Sunday, 28th September

- 8.00 am Holy Communion (BCP) at St Peter's.
- 9.30 am Morning Praise at St Peter's.
PCC person on duty: Anne Wickerson.
Join us for coffee afterwards.
- 11.15 am Parish Communion with quiet activities for children at
St Thomas'. Join us for coffee afterwards.

This week in our parishes

- Tue 23rd 5.00–6.00 pm Confirmation class at St Thomas'.
- Wed 24th 10.00 am Bible study at St Thomas'. All welcome.
Also on Zoom; link from Ellie or Bryan:
- Fri 26th 10–11.30 am Coffee @ St T's.

Notices for next Sunday to Diane.
Deadline Tuesday, 6.00 pm.

Notices

Milnthorpe Area Food Bank

The food-bank trolley returns to St Thomas' for the Harvest season. Especially welcome are tins of fruit, custard, rice pudding, soup and spaghetti, as well as Angel Delight, pasta, pasta sauces, tea, cereals and toilet rolls but, as usual, we are grateful for all donations. A collection box is in St Peter's.

Dates for your diary

Harvest Supper

Saturday 4th October, 6.30 pm at Christ the King, Milnthorpe

Tickets £12.00. **Only four tickets left** as we go to press! Please contact Diane, email dianecarney@uwclub.net, if you want to come along. October's quiz will be the following Saturday 11th, 7.00 pm at St Thomas'.

Harvest Services of Thanksgiving

St Thomas': Sunday 5th October at 11.15 am.

Please give donations towards the cost of flowers to Jackie.

St Peter's: Sunday 12th October at 9.30 am.

There will be an opportunity to give to the Bishop's Harvest Appeal, as we have done in previous years. Gift Aid forms will be available in church, Bishop Rob has announced that proceeds will continue to support Christian Aid's work in Burkina Faso, helping families build simple and sustainable livelihoods in a tough climate; and partnering with Church Mission Society in Northern Argentina as indigenous Christians are equipped for ministry through the CeFA training centre. Two local groups – Cumbria Development Education Centre and Carlisle One World Centre – will also benefit indigenous Christians are equipped for ministry through the CeFA training centre.

Bereavement Journey ~ a place to talk

Thursdays 2nd–30th October and 6th–13h November, 1.00–3.00pm at St Thomas'

Grief is hard. Death can impact all of life. Seven sessions of films and discussion for anyone bereaved at any time. Topics include attachment, separation and loss; the pain and responses of grief, anger and guilt; coping with others' reactions; delayed and suppressed grief, adjusting to change; moving forward healthily; and faith questions ~ a Christian perspective (this last session is optional). **Booking is essential.** For more info, or to book, contact Lesley.