Welcome to the Parishes of St Peter and St Thomas

Services for today, Sunday 27th July 2025

St Peter's Heversham

8.00 am Holy Communion (BCP).

9.30 am Morning Praise. *PCC person on duty: Ellen Bargh.* Join us for coffee afterwards.

St Thomas' Milnthorpe

11.15 am Parish Communion with quiet activities for children. Join us for coffee afterwards.

Services for next Sunday, 3rd August

- 8.00 am Holy Communion (BCP) at St Thomas'.
- 9.30 am Parish Communion at St Peter's. *PCC person on duty George Handley.* Join us for coffee afterwards.
- 11.15 am Morning Praise with quiet activities for children at St Thomas'. Join us for coffee afterwards.

This week in our parishes

Fri 1st 10–11.30 am Coffee @ St T's.

Sat 2nd 7.00 pm Quiz night at St Thomas'. Teams of up to four people, £10 per team for the building fund. Prizes to be won! Bring your own snacks.

Notices for next Sunday to Diane.

Deadline Tuesday, 6.00 pm.

Notices

Milnthorpe Area Food Bank

A food bank trolley will be in St Thomas', and a box at St Peter's, during the school holidays to help boost supplies to support families during this time. We're particularly short of cereal, meat products, tea, coffee, biscuits and toilet rolls, but all donations are welcome.

NISCU Summer Newsletter

Click the link below to read our latest news, find out a bit more about Laura our new South Lakes Schools Worker, read through some prayer points from the team and see some stats from this past year's schools work in our area. <u>https://niscu.org.uk/wp-content/uploads/2025/07/South-Lakes-Summer-Newsletter-2025.pdf</u>.

Dates for your diary

KEMC Gathering ~ Choir

Sunday 14th September, 10.30 am at St Michael & All Angels, Beetham A Service for all KEMC Church members. There won't be any other Services in the KEMC at this time. If you'd like to be in the choir, email Geoff at <u>music.field@outlook.com</u>. Rehearsals at St Michael on

- Friday 12th September, 6.00-7.00 pm, and
- Sunday 14th September, 9.15-10.00 am.

Harvest Supper

Saturday October 4th, 6.30 pm at Christ the King, Milnthorpe

Tickets available from Val. Price TBC.

The monthly quiz will be the following Saturday, 11th October. at St Thomas'.

Bereavement Journey ~ a place to talk

Thursdays 2nd–30th October and 6th–13h November, 1.00–3.00pm at St Thomas'

Grief is hard. Death can impact all of life. Seven sessions of films and discussion for anyone bereaved at any time. Topics include attachment, separation and loss; the pain and responses of grief, anger and guilt; coping with others' reactions; delayed and suppressed grief, adjusting to change; moving forward healthily; and faith questions ~ a Christuan perspective (this last session is optional). **Booking is essential.** For more info, or to book, contact Lesley, email <u>dianalesley@btinternet.com</u> or phone 01524 951566.