

# Welcome to the Parishes of St Peter and St Thomas

## Services for today, Sunday 20<sup>th</sup> July 2025

### St Peter's Heversham

- 9.30 am Parish Communion.  
*PCC person on duty: John Chew.*  
Join us for coffee afterwards.
- 6.00 pm Praise and Prayer at the Old School. All welcome.

### St Thomas' Milnthorpe

- 8.00 am Holy Communion (BCP).
- 11.15 am Morning Praise with quiet activities for children.  
Join us for coffee afterwards.
- 6.00 pm Praise and Prayer at the Old School, Heversham. All welcome.

## Services for next Sunday, 27<sup>th</sup> July

- 8.00 am Holy Communion (BCP) at St Peter's.
- 9.30 am Morning Praise at St Peter's.  
*PCC person on duty Ellen Bargh.*
- 11.15 am Parish Communion with quiet activities for children at St Thomas'.  
Join us for coffee afterwards.

## This week in our parishes

- Thu 24<sup>th</sup> 2.30–4.00 pm Parish News Distributors' Annual Gathering  
(see notice).
- Fri 25<sup>th</sup> 10–11.30 am Coffee @ St T's.

**Notices for next Sunday** to Diane.  
Deadline Tuesday, 6.00 pm.

## Notices

### Parish News Distributors' Annual Gathering Thursday 24<sup>th</sup> July, 2.30–4.00 pm at St Thomas'

With tea and scones. If your invitation isn't with your bundle, phone Jane on 015395 64582 (phone code as well) or email [parishnews@heversham.org](mailto:parishnews@heversham.org).

### NISCU Summer Newsletter

Click the link below to read our latest news, find out a bit more about Laura our new South Lakes Schools Worker, read through some prayer points from the team and see some stats from this past year's schools work in our area. <https://niscu.org.uk/wp-content/uploads/2025/07/South-Lakes-Summer-Newsletter-2025.pdf>.

## Dates for your diary

### KEMC Gathering ~ Choir

#### Sunday 14<sup>th</sup> September, 10.30 am at St Michael & All Angels, Beetham

A Service for all KEMC Church members. There won't be any other Services in the KEMC at this time. If you'd like to be in the choir, email Geoff. Rehearsals at St Michael on

- Friday 12<sup>th</sup> September, 6.00–7.00 pm, and
- Sunday 14<sup>th</sup> September, 9.15–10.00 am.

### Harvest Supper

#### Saturday October 4<sup>th</sup>, 6.30 pm at Christ the King, Milnthorpe

Tickets available from Val. Price TBC.

The monthly quiz will be the following Saturday, 11<sup>th</sup> October. at St Thomas'.

### Bereavement Journey ~ a place to talk

#### Thursdays 2<sup>nd</sup>–30<sup>th</sup> October and 6<sup>th</sup>–13<sup>th</sup> November, 1.00–3.00pm at St Thomas'

Grief is hard. Death can impact all of life. Seven sessions of films and discussion for anyone bereaved at any time. Topics include attachment, separation and loss; the pain and responses of grief, anger and guilt; coping with others' reactions; delayed and suppressed grief, adjusting to change; moving forward healthily; and faith questions ~ a Christian perspective (this last session is optional). **Booking is essential.** For more info, or to book, contact Lesley, email [dianalesley@btinternet.com](mailto:dianalesley@btinternet.com) or phone 01524 951566.