

AUGUST/SEPT 2023

A free copy for you

Parish News

Levens, Heversham, Milnthorpe



Levens Methodist Church

COFFEE SHOP

2.30 - 4.15 pm
Everyone Welcome

Mondays

Would you like a coffee & a chat?
please join us.

You can also play dominoes,
cards, Rummikub or do a jigsaw

Also bring your knitting, sewing
or craft project and have a natter.

Wednesdays & Fridays
Coffee and Biscuits

Milnthorpe Craft Group

at St Thomas' Church Centre
Mondays at 10am - noon
continues throughout summer.

Pop in for a coffee and come and
say hello whilst we do craft.

Perhaps you will see
something you would like to craft .

All Welcome

Quest

Second & Fourth Thursdays 10am
at the Athenaeum, Leasgill

Restarts in September:

28th September - Pat Ascroft -
"Cycling from the Dead Sea
to the Red Sea"

Annual membership for 12 meetings
or pay as a guest
All Welcome

Facebook - Quest-Lecture
Group 110942098389216

Coffee @ St T's Milnthorpe

Every Friday 10 -11.30 am

serving Farrers Coffee
and Lakeland Tea

Enjoy home made scones,
tea cakes

free WiFi &
contactless payment available

M:HUB

on Beetham Road, Milnthorpe

Cafe is open
every Friday morning
from 9.30 am until 12 noon
for refreshments.

WE WOULD LIKE TO
WELCOME YOU
TO HEVERSHAM WI

theWI
INSPIRING WOMEN

Next meeting :

Wednesday Sept 13th 7.30pm

Speaker: Terry Bond

**'Early Travellers
in the Lake District'**

Members' Competition:

An old postcard of Cumbria

Visitors are asked to pay £2 and
can now attend for 3 sessions
before making a commitment to
join. We look forward to
welcoming you.

For further information please
contact: Sue Ellis:
07939 577881

MARA – a story-telling
performance by Dominic Kelly
which delves into the dreamscape
of Swedish folklore.

Levens Village Institute

Sat 7th Oct
Doors open at 7.30 pm
for 8.00 pm start

Tickets: Adult £12, Child £6,
Family £30

Tel. 07305 658648 or
email: cloggingchris@outlook.com

Bar & Refreshments

Brought to you by
Levens Arts & Film Society



The HERON theatre

Select your seats & book on
line

www.theherontheatre.com
see website to hire venue

Box Office 015395 64283

FILM AT THE HERON SUMMER FILMS

4th August - Elvis with Austin
Butler & Tom Hanks

18th August - The Lost King
with Sally Hawkins

1st September - Emily
with Emma Mackey



first Saturday in the month
in aid of

St Thomas Building Fund
(no quiz in August)

Saturday 2nd September 7pm

St Thomas' Church, Milnthorpe

Form a team with friends

(max 4 per team)

£10 per team

BYO snacks, refreshments
prizes to be won



Heversham Pop up Pub

5th Aug & 2nd Sept

7.00pm - 11.00pm

1st Sat of every month

The Athenaeum

For our community - all welcome

For more info on Activities, please contact
Diane Smillie on 07771 682378 or
Lesley Gill on 07816 895021



Enjoyable Dementia friendly walks

with optional refreshments.

10.30 am start. Meet at:

- 3rd Aug Park Road carpark, Milnthorpe LA7 7AD – for deer park walk
- 17th Aug Station Inn, Oxenholme LA9 7RF – for walk on the Helm
- 31st Aug Morecambe Prom – Battery Carpark LA3 1HQ – for walk on prom

Social Table Tennis – at Arnside Educational Institute, Church Hill, Arnside,
10.30 am start, Wednesdays 9th & 23rd August

Woodland Wellness – Being outside is good for us all. Come and join us for
engaging activities connected to nature – next to the trees in Cinderbarrow picnic
area, Tarn Lane, Yealand Redmayne, LA5 9RX
Mondays, 14th & 28th August – 12 noon

**Dementia Embracing Community Singing Group-
Silverdale Songsters** - Friday mornings between 10.30 – 11.30 am
at St John's Church Hall, St John's Church,
Silverdale

www.dignityindementia.org



Please phone for details
and to book lunches:
Liz Dawes 01539 728118

Gentle Exercise
Classes – Milnthorpe

Every Tuesday 10.30 - 11.30 am
Catholic Church Hall
Haverflatts Lane, Milnthorpe LA7 7PS

Gentle Exercise
Classes – Levens

Every Wednesday 10.30 - 11.30 am
Levens Methodist Church
Lowgate, Levens LA8 8NL

Levens Lunch Club
The Gilpin Bridge, Levens
LA8 8EP

Fourth Tuesday of the month 12.00 pm
please phone to book

Hale Lunch Club
The Tavern at Hale,
Milnthorpe LA7 7BH

Third Thursday of the month
meet at 12.15 for 12.30 pm

Turn your online shopping into everyday magic for

St. Thomas' Church, Milnthorpe

with easyfundraising

You shop, brands donate to us.
It won't cost you any extra!

How to sign up

- 1 Visit the link below or scan the QR code
<http://efraising.org/PcIM6vndxz>
- 2 Register and download the easyfundraising app
- 3 Shop with your favourite brands



Download the
easyfundraising App



Excellent 
3,945 reviews on  Trustpilot

Are you looking to complete some home improvements? Or make your home more energy efficient? Be on the lookout for scams! Fraudulent schemes are on the rise, including 'free energy surveys' offering fake government rebates. Stay safe with our top tips

1. Make sure you're working with a trusted trader or company

Do your research. If you can't get a personal recommendation from people you know, then check up on the company or website you're using.

2. Don't be rushed into a decision

If someone is pressuring you to make a fast decision or pay money without giving you time to do your research, it's most likely a scam. Comparing quotes with other companies will help you make sure you're getting a fair price.

3. Get a contract for the work Always get a contract in writing before you give the go-ahead.

4. Pay by card, not cash Avoid contractors who demand full payment up front, or only accept cash. If you pay by credit or debit card, you may be able to get your money back through the bank if something goes wrong. If possible, agree to pay in stages.

5. If a trader scams you, report it

Reporting scams helps stop the criminals responsible, and protects others from being scammed. Call the Citizens Advice consumer service on 0808 223 1133.

They will pass on details of the scam to Trading Standards, and can offer further advice. Also report the scam to Action Fraud. They will issue a crime reference number, which can be helpful if you need to tell your bank you've been scammed.

Visit the Friends Against Scams website to learn more about how to protect yourself from scams.

Full advice is available on the Citizens Advice website or contact South Lakes Citizens Advice.

Free, confidential advice and help is available from South Lakes Citizens Advice on any aspect of debt, consumer problems, benefits, housing, employment or any other problems. South Lakes Citizens Advice, your local charity, is here for you. How to access:

Call [015394 46464](tel:01539446464) - this is being staffed from 9:30 – 2pm

Adviceline: 0808 2787 984

email advice via our submission page on our website

www.southlakescab.org.uk

Help to Claim (Universal Support): 0800 144 8 444

CROSS BAY WALK 2023

Arnside to Grange - Sunday 13th August

Join the Growing Well team for an unforgettable experience as we walk 8-miles across the expansive sands of Morecambe Bay.

The walk takes place on the afternoon of Sunday 13th August at 4.30pm, set against the beautiful backdrop Lakeland fells.

Only possible at certain times of the year, the walk takes around four hours to complete and we will be under the expert guidance of Michael Wilson, the official Guide to the Sands.

Everyone is welcome and you can even bring along your four-legged friends!



Adults (16+) £16.00

Children (8+) £10.00

Dogs £5.00

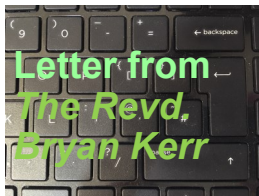
Scan the **QR CODE** for more details and to book your place!



Growing Well is a Cumbrian charity working with adults who are experiencing poor mental ill health. Individuals attend Growing Well one day each week on our horticultural sites at Low Sizergh Farm, near Kendal, or at Tebay Services Northbound, near Penrith. The activities they undertake help build emotional resilience, develop life skills and support healthier, more active living.

Find out more at www.growingwell.co.uk





Email: rev@lhmparishes.co.uk

Tel 015395 61448

Dear Friends,

CS Lewis was born in Belfast 125 years ago, and died sixty years ago, on the very day President Kennedy was assassinated. Well-known as the author of *The Lion, the Witch and the Wardrobe* and the other Narnia books, he was a friend of JRR Tolkien. He held academic posts at Oxford and then Cambridge. Although from Church of Ireland stock, he was an atheist for many years, and he describes how he found faith in Christ in his thirties in his book *Surprised by Joy*.

Alongside his academic studies on English literature and his famous Narnia Chronicles, he wrote popular pieces exploring Christian themes. Amongst his earliest way a published essay in March 1940 on National Repentance. At the beginning of the Second World War, there was a popular trend in society to call for the UK to repent of its contribution to the evils of the First World War, which led to the uncertain interwar peace and the rise of Nazism.

Lewis addresses this in a short, witty piece, 'The Dangers of National Repentance'. He argues that the Church of England as a national church may indeed call people to consider the wrongdoing of the past. There are examples in the Bible of godly leaders calling the nation of Israel to repentance.

However, the university students who were especially calling for national repentance were just children during World War One. They had no part in that war, and so were not the 'sinners' that need to repent of it. They were, in effect, repenting on behalf of others, repenting for the sin of their neighbours. Whereas spiritual health, Lewis recalled, is repenting of one's own wrongdoing:

"The first and fatal charm of national repentance is, therefore, the encouragement it gives us to turn from the bitter task of repenting our own sins to the congenial one of bemoaning—but, first, of denouncing—the conduct of others.

"You can say anything you please about it. You can indulge in the popular vice of detraction without restraint, and yet feel all the time that you are practicing contrition. A group of such young penitents will say, "Let us repent our national sins"; what they mean is, "Let us attribute to our neighbour (even our Christian neighbour) in the Cabinet. whenever we disagree with him, every abominable motive that Satan can suggest to our fancy."

It is always easy to denounce and apologize for someone else's sin. The harder thing is to face the wrong attitudes and actions where I fail to properly love God or my neighbour today. As Lewis notes, it's easier to confess the sins of others rather than our own. The danger of repentance for historical acts is that it can be a cloak to hide a lack of personal responsibility today.

The wartime essay of CS Lewis, while written in a very different context, should cause us much reflection today, as we consider calls to examine our national history and the actions of figures long ago. Should we repent of sins of the past, especially ones in which we had no direct involvement? Yes and no. We should only do so by first carefully analysing and repenting of sins of the present.

Every Blessing, Revd Bryan Kerr
Priest-in-Charge of St Thomas', St Peter's, St John's Churches

Milnthorpe Food bank -
www.milnthorpefoodbank.org
Collection boxes in Spar and
Churches in Milnthorpe and
Heversham

Mothers Union

First Wednesday at 2pm
St Thomas' Church Centre
Milnthorpe

Wednesday 6th September:
Rev'd Ron Rutter will be speaking
about New Zealand, North and South
Islands

All are welcome to join us.

Weds 4th October the meeting will be
a craft and chat afternoon

Visitors are always welcome

What is the Mother's Union?

A 4 million strong organisation in
nearly 90 countries with a vision of a
world where everyone prospers. It's
focus is to support "mothering" in all
it's forms. It is a Union because it
represents people (men & women)
who are united in advocating and
supporting families and
those whose lives have
met with adversity.



Apple Pressing

NOTES for poster on the back page

We are hiring equipment to press
apples again this September.
Bring apples or pears to press - one
press takes about 6 buckets of apples
- cooking apples or dessert apples.
Bring 6 buckets for your own pressing
or bring what you have and add to
buckets from others if you like.

Juice from cooking apples might be
zingy and benefit from adding
lemonade when serving!
Start saving plastic bottles - 1 litre
cordial bottle are perfect.
We sometimes run out of bottles, not
apples!
The juice also freezes well.

All Welcome - with or without apples
We will have juice to taste
- bring a beaker.

Bring ready cleaned plastic bottles to
take your juice home.

Dress for the weather
- we will be outside !

Further details or questions:
Jane 015395 64582
E:parishnews@heversham.org

Afternoon Holy Communion:

Thursday 21st September at 2.00pm
at St Thomas' Church, Milnthorpe
followed by tea, cake and chat



Tuesday 29th August and 26th September at 2.30pm
(last Tuesday in the month)
at St John's Church, Levens

Next issue -

**OCTOBER
2023**

print & online
Please email info
by **10th SEPT**



St John's Church Levens Sunday 24th September
 St Peter's Church Heversham Sunday 8th October
 St Thomas' Church Milnthorpe Sunday 15th October

Everyone Welcome

Butterfly on lavender photo on front
 cover taken at Milnthorpe allotments

Christ the King RC Church
 Haverflatts Lane Milnthorpe

Sunday Mass celebrated at 10.30am
 Friday Mass now celebrated at 10 am

Find on You Tube channel and
 Facebook Group by searching:

Kent Estuary Catholic Churches

Fr Philip Smith 015395 32731

Email:

kentestuarycatholicchurches@gmail.com



Kendal **Methodist** Circuit

Rev'd Tiras Dainty-Share 01524 963716

Email: tiras.ds@methodist.org.uk

Levens Methodist Church

10.30am Services unless stated, led by:

AUGUST

6th United service at Arnside

13th United service led by Irene McKay

20nd Rev. Tiras Dainty-Share

27th Sacrament service

led by Rev Bielby

Please see Notice Board at Church for
 the September information.

You are welcome at
Sunday Morning Services at Parish Churches -
AUGUST & SEPTEMBER

<p>8.00 am Holy Communion</p> <p>St Thomas' Milnthorpe</p> <p>6th & 20th August 3rd & 17th Sept</p> <p>St Peter's Heversham</p> <p>13th & 27th August 10th & 24th Sept</p>	<p>9.30 am St Peter's Heversham</p> <p>AUG</p> <p>6th Parish Communion 13th Morning Praise 20th Morning Praise 27th Parish Communion</p> <p>SEPT</p> <p>3rd Parish Communion 10th Morning Praise 17th Parish Communion 24th Fellowship Service in the Old School</p>
<p>9.45 am St John's Levens</p> <p>AUG</p> <p>6th Parish Communion 13th at Levens Methodist Church at 10.30 am 20th Parish Communion 27th Morning Praise</p> <p>SEPT</p> <p>3rd Parish Communion 10th Creation Sunday Service led by Revd Hannah Wallace 17th Parish Communion 24th Harvest Thanksgiving Service</p>	<p>11.15 am St Thomas' Milnthorpe</p> <p>AUG</p> <p>6th Morning Praise 13th Parish Communion 20th Morning Praise 27th Parish Communion</p> <p>SEPT</p> <p>3rd Morning Praise 10th Parish Communion 17th Morning Praise 24th Parish Communion</p>



CHILDREN'S SUNDAY SCHOOL Milnthorpe



There will be no Sunday School
at St Thomas' Church during the school summer holidays,
but there will be some quiet activities for children to do in church
during this period.

Sunday School will restart in September during the 11.15 am service

All Welcome - come when you can

What's the latest?



www.stthomasmilnthorpe.org.uk
&

www.stpetersheversham.org

If you would like an email of the weekly notices please click on 'contact us'

www.levens.org.uk has local info and NEWS and a link to the same archive of Parish News through - in the village St John's page.

<https://www.levens.org.uk/st-johns-church>

@NEWparishnews

Facebook page. Items posted are forwarded to Milnthorpe What's Going On page too.

[Milnthorpe What's Going On](#) page on Facebook to catch up with what is going on !
And **KEY** weekly Youth Activities post on this page

www.heversham.org has local info and an archive of over 17 years of Parish News in A4 pdf version.

Nextdoor.co.uk

Local info, tips and ideas

Samaritans'

Free helpline number is **116 123**. Calls to this number do not appear on phone bills. This number is free to call from both landlines & mobiles, including pay-as-you-go mobiles. You don't need to have any credit or call allowance plan to call 116 123.

Available round the clock,
every single day
www.samaritans.org



To sign up to the weekly emailed notices for Parish Churches in [Heversham](#) and [Milnthorpe](#) please email 'contact us' via the websites.

For regular email updates for St John's Church [Levens](#) please email:
jill.butterworth54@btinternet.com

For a pastoral phone call
for yourself or for
someone you know call:



[Heversham & Milnthorpe:](#)

Email via church websites
'contact us' or phone

Linda Cooper 015395 63836

[Levens:](#)

Pam Martin 07840 671286

Levens Good Neighbours - You may find it good to know that the support offered by Levens Good Neighbours includes matching with someone to **offer friendship**.

If you call 07908 004672 any day between 8am and 8pm, this support can be arranged with you



Can Levens Good Neighbours help with:

A friendly phone call

Picking up shopping or library books
or prescription Posting mail, Simple
handyperson job, Dog Walk,
Transport to a local appointment

Ring 07908 004672
8am - 8pm any day

Volunteers are covered by insurance & policies relating to safeguarding and good practice.

Parish News, part of the church in community

is run by 3 Parish Churches

of St Peter's Heversham, St John's Levens & St Thomas' Milnthorpe

Volunteer Ed Team:

Jane Cushnie, Jill Butterworth, John Thorley, Margaret Barrow, Wendy Dodds

Distribution Team of more than 60 volunteers across the three parishes

- thanks everyone!



parishnews@heversham.org Mrs Jane Cushnie Tel: 015395 **64582**

Levens News: jill.butterworth54@btinternet.com Mrs Jill Butterworth Tel: **61676**

Priest-in-charge of Levens, Heversham & Milnthorpe

The Reverend Bryan Kerr Email: rev@lhmparishes.co.uk Tel **015395 61448**

Churchwardens

Levens: St John's

Mr Hal Bagot 60588

Mrs Jill Butterworth
61676

Heversham: St Peter's

Mrs Jane Fell 63174

Milnthorpe: St Thomas'

Dr Val Robson 62904

Mr John Ricketts
01524 761076

PCC Secretaries

Mrs Julie Marsh
015395 83183

Mrs Lizzie Fawcett
elizafawcett@icloud.com

Mrs Judy Rigg
01524 761857

www.kentestuarymissioncommunity.com

for information from churches in our Kent Estuary

Useful Numbers for Room Hire:

Milnthorpe St Thomas' Church Centre

www.stthomasmilnthorpe.org.uk

Milnthorpe Christ the King RC Church

Fr. Philip Smith 015395 32731

M:HUB, Beetham Road, Milnthorpe

Irene McKay 07958 605049

Leasgill Athenaeum www.the-athenaeum.org.uk Clare Lewis 07876 124236

Heversham Tristrams Pavilion / Playing Fields, Email: sports@dallamschool.co.uk

Heversham Bowling Clubhouse

Tom Grindey 07907 286836

Levens Village Hall

Helen & Alan Miller 015395 60334

Levens Methodist Hall

Jane Jones 07875 163418

Levens Pavilion

Alice 07817 200053

**Next issue -
OCTOBER 2023
print & online**

Please email info by 10th SEPT 2023

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To the best knowledge of the Editorial Team all info is correct
at time of going to press 19.07. 23

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<p>Milnthorpe Barbers 15 Park Rd, Milnthorpe</p>  <p>Tel: 62300</p>	<p>PURE ESSENCE BEAUTY • SPA • ANTI-AGEING</p> <p>South Lakeland Leisure Village Carnforth LA6 1 BH 01524 735240</p>	<p> 13 Main St Milnthorpe T: 64484 & Facebook</p>
<p>Foot Care by Claire Home Visiting Service Nail trimming Foot care advice Callous/hard skin and corn removal Claire Mitchell CertFHP & MCFH 07896 814010</p>		<p>FOOTCARE AT HOME Tracey Garrett BSc MinstChp Nail trimming - Ingrown nails Corns - Callus Diabetic foot care & advice Phone 07766 167018 HOME VISITS</p>
<p>Green Dental 25 Main Street, Milnthorpe LA7 7PP</p>  <p>are happy to support the Parish News</p>	<p>Park View Surgery Haverflatts Lane Milnthorpe LA7 7PS</p> <p>and 21 New St, Carnforth www.parkviewsurgerynhs.co.uk</p> <p>01539 715555 When surgeries are closed call</p> 	<p>Feet First Mobile Footcare Covering all Your foot care needs Nail cutting Hard skin removal Ingrowing toenails Corn removal Julie Harwood MCFH 07813 969006 over 20 years experience</p> <p>Irene Taylor Hearing Centres Salt Pie Lane, Kirkby Lonsdale 015242 73589 Specialist in hearing aids & protection Earwax removal by microsuction www.prestonhearingcentre.co.uk est.1980</p>
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Joeys is part of Milnthorpe Family Centre a registered charity 1131829
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**Milnthorpe & District
Allotment Association**



Annual Horticultural
& Craft Show
at St Thomas' Church
Milnthorpe
on
Saturday 2nd September 2023

Schedules available :
local garden centres,
Milnthorpe Allotments website,
& attached to the
online Parish News

Come and Celebrate with Us
Levens Methodist Church
invites you to the Opening of
our Community Garden
Saturday 12th August
1 - 3 pm

Refreshments
Hot Dogs - Burgers - Cake
Coffee - Tea - Juice
Free Entry



The Garden will be open
each day for all to use

Apple Pressing
10.30 am - 12.30 pm

Friday 22nd September at St Thomas' Church, Milnthorpe
on the grass to the side of the church

Saturday 23rd September at St John's Church, Levens
in the carpark

Dress for the weather as we will be outside

Come along and bring apples or pears to press
please see the notes on page 9 about what to bring.

Everyone Welcome with or without apples



Photos taken last year at apple pressing at Milnthorpe

MILNTHORPE & DISTRICT ALLOTMENT ASSOCIATION SCHEDULE OF THE ANNUAL



HORTICULTURAL & CRAFT SHOW

St Thomas' Church, Milnthorpe

Saturday 2nd September 2023

from 1pm

Admission by donation

Refreshments and Raffle

Cups and Medals presented at 3pm

Auction of Produce after show

**PRESIDENT
VICE PRESIDENTS**

Mr C. H. Bagot
Professor Geoff Gregory
Mr Roger Bingham
Mr Tim Rushton
Dr Mike Warren
Bill Stables
Bill Stables
Muriel Coom
Jack Gott

**CHAIR
SECRETARY
TREASURER
SHOW SEC
COMMITTEE**

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Lisa Ashworth Whittaker
Audrey McCabe
Kath Craig (015395 64449)
Heather Hartnett
David Turnough
Jane Cushnie
Anita Gott
Muriel Coom
Sue Smith

Brian Banks
Vicky Allen
John Calvert
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**HONORARY VICE PRESIDENT
TRUSTEES**

PATRONS: Mr Neil Dodds, Mrs Anita Gott, Mr Clive Gott, Mrs Karen Martindale

**Plus Children's Classes, Baking and
Preserves, Wines and Beers, Floral Art**

RULES AND REGULATIONS

All Rules and Regulations will be strictly observed.

1. All specimens exhibited must be the bona-fide property, in the possession of and upon the premises of the exhibitor for not less than 2 months prior to the Show Day, or they will not be eligible to compete for the prizes. The Committee reserves the right to inspect all intended exhibits. Any exhibitor found infringing this rule will be disqualified in all classes. A special committee will, if considered desirable, visit allotments in connection with entries, 3 days before the show. Any exhibit not fit to be shown on the bench will be removed by the Committee.
2. No exhibitor can take more than one cash prize in any one class.
3. Officers of the Association shall direct the placing of all exhibits.
4. Any exhibit containing more or less than the correct number of specimens will be disqualified.
5. All exhibits will be labelled by number only. Class Cards will be supplied by the Hon. Secretary on receipt of entries on Friday evening or Saturday morning. Every exhibitor will retain the same number for all the classes. In staging, the card must be placed Class side to the front.
6. No exhibits may be removed from the Show before 3.30pm. The Association takes no responsibility for the loss of, or damage to exhibits.
7. Prize money will be paid by the Hon. Treasurer's desk from 2.30 pm onwards and must be claimed on the form provided by the Secretary at the Show.
8. Any matter of controversy arising which is not covered under these rules will be settled by the Committee whose word is final.
9. Any objections to an exhibit must be lodged with the Hon. Secretary in writing before 3.00 pm with a deposit of £5.00 which will be refunded if the objection is sustained.
10. Challenge Cups must be returned to the Hon. Secretary not less than 30 days before next Show Day.
11. Entries may be staged on Friday 7.00 - 9.00 pm and Saturday from 7.00 am but not later than 9.30 am prompt to allow judging to commence.
12. Prizes will be awarded only if the judges decide entries are worthy of recognition.
13. Vases will be supplied by the Association, including boards for Fuchsia florets and Pansies.
- 13a. Definition of a bowl: A vessel for displaying cut flowers in water or for growing bulbous plants and having a mouth width measurement at least equal but usually greater than its height. In floral arrangement classes bowls with one or more than one handle are acceptable.
14. All judging will be in accordance with affiliated Societies' rules.
15. The Association will not be responsible for any loss or damage sustained by exhibitors during the Show, but all usual precautions will be taken.
16. No exhibitor may enter more than 2 exhibits in any one class.
17. Entries will be accepted by the Show Secretary or any Committee Member by the Wednesday evening before the Show at the latest or if posted, carry a first class stamp and Wednesday's postmark.
18. Prize money not collected by 3.30pm on Show Day will be forfeited.
19. All hanging baskets / patio containers not to exceed 16" / 41cm diameter.

**At the conclusion of the show there will be a sale
of vegetables, flowers, jams etc**

**Exhibitors are invited to leave their surplus produce
for the benefit of show funds.**

Cards will be provide to be placed on items to be auctioned.

Thank you

MILNTHOPE & DISTRICT ALLOMENT ASSOCIATION

ANNUAL SHOW

ENTRY FORM

To be completed and returned by the Wednesday preceding the show to
 Show Secretary, Kath Craig, 6 Church St, Milnthorpe LA7 7DX
 Email: kathcraig@yahoo.co.uk Tel: 015395 64449 / 07415 452637
 Postal entries will be accepted with the Wednesday postmark. Any
 exhibitor wishing to enter the members' classes may do so by making
 themselves a member of the Association, £5.00.

SECTION	CLASS	DESCRIPTION OF EXHIBIT	ENTRY FEE

CARRIED FORWARD

P.T.O.

SECTION	CLASS	DESCRIPTION OF EXHIBIT	ENTRY FEE
		MEMBERSHIP £5.00 (where applicable)	
		CARRIED FORWARD	
		TOTAL	

I desire to enter produce in the classes as set out in the Schedule.
I declare that I will abide by the committee in any matter of controversy and also
that the produce has been produced by me on ground situated

at.....

Herewith enclosed £.....p in respect of entry fees.

Signature of Exhibitor.....

Name.....Tel:.....

Address.....Email.....

Age on Show Day if entering Children's classes

MILNTHORPE & DISTRICT ALLOTMENT ASSOCIATION
ANNUAL SHOW 2nd SEPTEMBER 2023

ENTRY FEE 10p per entry [Section 9 Children's Class - Free]

Prizes - 1st £1.00; 2nd 60p; 3rd 40p, except where otherwise stated

Points - 1st - 4 points; 2nd - 2 points; 3rd - 1 point

Section 1

Class

Vegetables - Open

1. 1 Cabbage - root to remain as grown
2. 1 Cauliflower - root to remain as grown
3. 6 Pod Peas
4. 6 Pods Broad Beans
5. 3 Carrots - Stump rooted
6. 3 Carrots - Taper or Long rooted
7. 3 Leeks
8. 6 Pods French Beans
9. 3 Beetroots (to be cut by the judge)
10. 5 Tomatoes
11. 6 Shallots - Round, any colour
12. 6 shallots - Pear Shaped
13. 2 Cucumbers
14. 6 Pods Runner Beans
15. 6 Onions, not to exceed 3lbs in total weight (Scales will be provided by the Association)
16. 5 Cherry Tomatoes
17. 4 Onions
18. 1 Table Marrow
19. 6 Onions, grown from sets
20. 5 Round or Oval White Potatoes
21. 5 Kidney Potatoes - Coloured or White
22. 5 Coloured Potatoes - Round or Oval
23. 3 Sticks Rhubarb
24. Heaviest Marrow
25. Any Other Vegetable not scheduled in this section
26. 2 Pot Leeks (Maximum length of blanched part of leeks 6 inches or under)
27. Collection of 4 Kinds of Vegetables, 3 of each variety, to be shown in space 3ft x 2ft, Garnishing allowed. £2, £1, 50p
28. Top Tray class - 3 vegetables chosen from 8, rules - details at rear of schedule.
29. Heaviest Pumpkin
- 29a. 3 Parsnips

Vegetables - Members only

Section 1a

Class

30. 1 Cabbage (Green) - root to remain as grown
31. 6 Pods French Beans
32. 3 Beetroots (to be cut by the judge)
33. 5 Tomatoes
34. 6 Shallots - Round, any colour
35. 6 Shallots - Pear shaped
36. 6 Onions, grown from sets
37. 3 Courgettes
38. 6 Runner Beans
39. 1 Table Marrow
40. 1 Lettuce - root to remain as grown
41. Any other Vegetables not scheduled in this Section
42. 6 Pods Peas
43. 6 Pods Broad Beans
44. 1 Cucumber
45. 3 Round or Oval Potatoes, White
46. 3 Kidney Potatoes, Coloured or White
47. 3 Coloured Round or Oval Potatoes
48. 4 Onions
49. 3 Leeks
50. 1 Truss Tomatoes
51. Longest Runner Bean
52. Longest Carrot
53. Largest Beetroot
54. Heaviest Tomato
55. Mis-shaped Vegetable or Fruit
56. Heaviest undressed Onion
57. 5 chillies or peppers
58. Vase of no fewer than 3 varieties of herbs
59. Collection of 5 individual different items made up of any combination of fruit, vegetables, flower or plant (entries restricted to Milnthorpe & District allotment holders - no entry fee)

Section 2

Fruit - Open

60. 5 Dessert Apples
61. 5 Cooking Apples
62. Any Other Fruit not scheduled

Flowers - Open

Section 3

63. 3 Dahlias (any colour or variety) restricted to exhibitors who have not already won three 1st Prizes with Dahlias
64. 3 Waterlily Dahlias
65. 5 Pom Pom Dahlias - must pass through 52mm ring
66. 3 Miniature Dahlias between 52mm-115mm
67. 3 Small Ball Dahlias between 102mm - 170mm
68. 3 Small Cactus or Semi-Cactus Dahlias 102mm - 170mm
69. 3 Dahlias, any colour or variety not already scheduled
70. 5 Single Asters
71. 5 Double Asters, any colour
72. 1 Foliage Plant
73. 6 Pansies, any colour (boards provided)
74. 1 Bowl of Sweet Peas (Bowl not to exceed 9inch in diameter) own foliage, arranged for effect
75. Sweet Peas - 3 varieties, 1 vase of each - 9 stems to a vase
76. Sweet Peas - 2 varieties, 1 vase of each - 9 stems to a vase
77. 1 Bowl of Annual Cut Flowers (Bowl not to exceed 9inches in diameter - Sweet Peas excluded)
78. 6 Blooms Early Flowering Chrysanthemums in Vases - any type or types
79. 3 Hosta Leaves in a vase
80. 1 vase of 3 Chrysanthemum Blooms (N.C.S. Section 23, 24 or 25)
81. 5 Stems of Spray Chrysanthemums
82. 5 Hybrid Tea Roses - in a vase
83. 1 Pot Plant in Flower excluding Fuchsia
84. 6 Fuchsia Florets (boards provided)
85. 1 Pot of Fuchsia 1 variety
86. 1 Spike Gladioli
87. 3 Spikes Gladioli, any colour
88. 1 Fuchsia hanging basket, the basket not to exceed 16" / 41cm diameter
89. 1 Geranium or Pelargonium
90. One vase of perennial flowers
91. Top Vase - details at rear of schedule.

Flowers - Members Only

Section 4

- 92. 6 Gladioli, any colour - 3 in a vase
- 93. 3 Large or Giant Dahlias to be staged in separate vases
- 94. 3 Small Decorative Dahlias 102mm-170mm
- 95. 3 Medium Decorative Dahlias 152mm - 220mm
- 96. 3 Medium Cactus or Semi-Cactus Dahlias 152mm-220mm
- 97. 5 Pom Pom Dahlias - must pass through 52mm ring
- 98. 3 Miniature Ball Dahlias between 52mm - 115mm
- 98a. 3 Collerette Dahlias
- 99. 1 Bowl Mixed Dahlias - arranged for effect
- 100. 5 Antirrhinums, any colour
- 101. 1 Bowl of Roses
- 102. 1 Stem Floribunda Roses
- 103. 1 Rose
- 104. 5 Roses
- 105. 4 Chrysanthemum blooms, any type or types
- 106. 1 Vase of three Chrysanthemum blooms, any type or types.
Restricted to Members who have not already won a 1st prize with Chrysanthemums
- 107. 3 Stems Spray Chrysanthemums
- 108. Patio Container maximum 16 inches / 41cm diameter
- 109. 1 Vase Sweet Peas - 9 spikes - Mixed
- 110. 1 Vase Sweet Peas - 12 spikes - Mixed
- 111. 1 Pot of Fuchsia 1 variety

Floral Art - Open

Section 5

- 112. A Table Decoration space allowed 2ft x 2ft (height unlimited).
- 113. An arrangement in an egg cup
- 114. Arrangement to celebrate the King's Coronation,
Space allowed 2ft x 2ft.
- 115. "Where have all the flowers gone?" An exhibit with foliage predominating - fruit, berries, seed heads etc. may be used -
Space allowed 2ft x 2ft (height unlimited)
- 116. Decorated candle arrangement.
- 117. Lady's or Gent's buttonhole

Section 6

Open

- 118. Carnivorous plant
- 119. 1 Bonsai specimen
- 120. 1 Cactus or Succulent in pot
- 121. 3 Cacti and/or Succulents in pots
- 122. 1 Fern in pot

Section 7

Domestic - Open

123. Glass Jar of Home-Produced Honey
124. Glass Jar of Home-Made Rum Butter
125. Glass Jar of Home-Made Lemon Curd
126. Glass Jar of Home-Made Chutney or Piccallili
127. Glass Jar of Home-Made Jam
128. Glass Jar of Home-Made Jelly
129. Glass Jar of Home-Made Marmalade
130. Loaf of Home-Made Bread
131. Fruit Pie on plate
- 131a. 4 Sausage Rolls
132. Chocolate Cake, with filling and decoration
133. 6 Cheese Scones
- 133a. 6 Fruit Scones.
134. 4 Pieces of Gingerbread
135. Swiss Roll
136. 6 Pieces of Tray Bake
137. 6 Pieces of Flapjack
138. Plate of Home-Made Biscuits
139. Ring of Shortbread, cut into 6 portions
140. 6 Small Fancy Cakes
141. Loaf of Tea Bread
142. Egg Custard Tart
143. 4 Fresh Hen Eggs
144. 4 Fresh Bantam Eggs
145. 6 Jam Tarts
146. Lemon Drizzle Cake
147. Loaf of Machine Made Bread
148. Victoria Sandwich Cake (2 cakes, sandwiched with jam, nothing on top)

N.B. Bottles and jars will be opened and all cakes will be cut by the judge.

Section 8

Art and Crafts - Open

149. One knitted article - please fasten card to exhibit
150. Photograph (not to exceed 8" x 6") - Country Scene - *either portrait or landscape*
151. Photograph (not to exceed 8" x 6") - Seascape - *either portrait or landscape*
152. Photograph (not to exceed 8" x 6")- Animal / Birds - *either portrait or landscape*
153. Piece of embroidery of origin if recycled/upcycled
154. Article of Craft not costing more than £1 to make, state what was originally if recycled or upcycled
155. A Greetings Card
156. Artwork - any medium
157. Hand made toy
158. Wood crafted item
159. Ceramic or pottery item
160. Any other craft not scheduled
- 160a. Any patchwork article

Note: Articles in this Section MUST NOT previously have won a First Prize at Milnthorpe

Section 9

Children's Classes - Open

- 161. * Pre-school - Painted Pebble
- 162. * Pre-school - Drawing or Painting
- 163. * Ages 4 - 11 years - Computer-generated Picture
- 163a. 16 years and under - Three individual items (fruit, flowers or vegetables) to be grown by the exhibitor. Special award - see page 13

Section A - 7yrs & Under

- 164. A Vegetable animal (may include any vegetables or fruits)
- 165. A Necklace made from seeds and/or berries
- 166. Handworked article or model (any medium)
- 167. Decorated rich tea biscuit
- 168. A painted pebble
- 169. A Painting A4 max
- 170. A Drawing using pencil, felt-tip pens or crayons, A4 max
- 171. A Specimen of Handwriting [Wording to be copied will be supplied by the Show Secretary]
- 172. A Miniature Garden, not to exceed 18ins x 12ins / 46 x 31 cm

Section B - 8yrs - 11yrs

- 173. Handworked article or model (any medium)
- 174. A painted pebble
- 175. A Painting (A4 max)
- 176. A Drawing using pencil, felt-tip pens or crayons
- 177. A Specimen of Handwriting [Wording to be copied will be supplied by the Show Secretary]
- 178. A Miniature Garden, not to exceed 18ins x 12ins / 46 x 31 cm
- 179. A Vegetable animal (may include any vegetables or fruits)
- 180. A Necklace made from Seeds and/or Berries
- 181. A Plate of six small fancy cakes

Section C - 12yrs - 16yrs

- 182. A Handworked article or model (any medium)
- 183. A Web page design print out, A4 max
- 184. A Painting or drawing, A4 max
- 185. A Plate of six small fancy cakes
- 186. A Vegetable animal (may include any vegetables or fruits)
- 187. A Handmade greeting card
- 188. A Miniature garden, not to exceed 18" x 12" / 46 x 31 cm
- 189. A Specimen of handwriting [Wording to be copied will be supplied by the Show Secretary]
- 190. A Photograph (not to exceed 8" x 6")

Section 10

Wine - Beer Classes - Open

- | | | |
|------------------------|-------------------------|----------------------|
| 191. White Wine, Dry | 196. Mead, Dry | 200. Bottle of Stout |
| 192. White Wine, Sweet | 197. Mead, Sweet | 201. Bottle of Lager |
| 193. Red Wine, Dry | 198. Liqueurs made from | |
| 194. Red Wine, Sweet | fruits | |
| 195. 'Rose' Wine | 199. Bottle of Bitter | |

A copy of the wine-beer rules may be obtained from the Show Secretary.

Top Vase Rules 2023

Notes for Exhibitors and Judges

○ The Top Vase class is for a vase of mixed flowering stems containing a total of between 5 and 10 stems, taken from a minimum of two different kinds of plants. Please note that it is two different KINDS of plants; two varieties of the same plant are NOT two kinds.

○ Only fresh, HOME-GROWN flowers can be used in the vase. No dried or silk flowers are allowed.

○ Stems used in the display must be showing flowers only; no seed heads or berries will be allowed.

○ The vase can be any shape and size and made from any material, but must be in proportion to the display. No marks are awarded for the vase itself.

○ No accessories whatsoever - such as bows and additional foliage - will be allowed. Foliage, which is growing naturally from the flowering stem, and still attached to that stem, will be allowed. Packing material - including floral foam - to keep the stems in place is allowed.

The winner of the Top Vase class will receive a £10 garden voucher; second a £5 garden voucher and 3rd a £3 voucher.

○ Flowering stems can be taken from ANY flowering plant. The different kinds of plants need to be taken from different genera. For instance, pinks, carnations and sweet william - which are all dianthus - would not be classed as different kinds.

○ A vase by definition, is any vessel that can be used to hold cut flowers and which is taller than it is wide at its widest point.

○ The Top Vase class is open for anyone to enter, and judges should use their discretion, bearing in mind that the entries may come from inexperienced exhibitors.

○ Judges - note the display has to be viewed all round.

○ Any queries that may arise, regarding anything other than the above rules, should be referred to, and decided by, the show officials.
Failure to abide by the rules will lead to disqualification.

Top Tray Rules

Competition Rules

The Top Tray Class is for a display of three types of vegetables from the following list of eight.

The quantity of each vegetable required for the display is given in brackets: CARROTS (3), CAULIFLOWER (2), ONIONS (3), PARSNIPS (3), PEAS (6 PODS), POTATOES (3), RUNNER BEANS (6 PODS), TOMATOES (6).

○ Each type of vegetable will be judged out of a total of 20 points. This is split into three sections as follows: seven points for size, shape and colour; seven points for condition; six points for uniformity. The overall mark will therefore be out of a total of sixty.

○ All vegetables are to be displayed for effect. The vegetables must be displayed within an area measuring 18" by 24" (45 x 60cm.), without bending any part of them. No part of any exhibit may exceed the size of the tray. A tray or board measuring 18" by 24" (45 x 60cm.) can be used to display the vegetables, or the area can be simply marked on the staging. Where a tray has a lip or edge, it is the internal measurements that must not exceed 18" by 24" (45 x 60cm.).

○ A black cloth is permitted, and the tray may be painted. Parsley is allowed for garnishing, but no other foliage or accessories, such as plates, sand, or rings will be allowed. Onion tops may be tied or whipped using raffia.

○ The Winner of the Top Tray Class will receive a £10 garden voucher; the second a £5 garden voucher and third a £3 garden voucher.
Note for Exhibitors and Judges

○ Carrots and parsnips must have foliage trimmed to 3" (7.5cm.).

○ Peas and beans must be displayed with some stalk attached.

○ Tomatoes must be displayed with calvies.
Failure to abide by these rules leads to disqualification.

MILNTHORPE AND DISTRICT ALLOTMENT ASSOCIATION

Trophy and Awards List

THE PERPETUAL CHALLENGE CUP AND BLUE RIBBON

- best horticultural exhibit in show

HOUGHTON CUP - most points in Section 1

THE CHRISTOPHER AUDLAND CUP - best exhibit in Section 1

CROSS KEYS TROPHY - Class 17 - 4 onions

J.H. JACKSON PERPETUAL CUP - most points in Classes 20/21/22 - potatoes

PROFESSOR BYRNE CUP- most points in section 1a

J & L NICHOLSON ROSE BOWL - best exhibit in classes 19 & 36 - onion sets

JOHN DIXON TROPHY - best exhibit in classes 11, 12, 34, and 35

MILNTHORPE & DISTRICT ALLOTMENT ASSOCIATION TROPHY

TOP TRAY 1ST - class 28

TOP TRAY 2ND - class 28

TOP TRAY 3RD - class 28

LIBBY, MCNEIL & LIBBY CUP - most points in Sections 1 and 1A

HENRY COOKE TROPHY - best dahlia exhibit

NATIONAL DAHLIA SOCIETY SILVER MEDAL - best dahlia exhibit

NATIONAL DAHLIA SOCIETY BRONZE MEDAL - 2nd best dahlia exhibit

NATIONAL CHRYSANTHEMUM SOCIETY SILVER MEDAL

- best chrysanthemum exhibit

NATIONAL CHRYSANTHEMUM SOCIETY 1ST MERITORIUS EXHIBIT

NATIONAL CHRYSANTHEMUM SOCIETY 2ND MERITORIUS EXHIBIT

NATIONAL SWEET PEA SOCIETY BRONZE CERTIFICATE

- best sweet pea exhibit

BRITISH FUCHSIA SOCIETY BLUE ROSETTE - best fuchsia exhibit

JOHN BALMER CUP - best spike gladioli in show

R. J. HOLMES & SON SILVER CHALLENGE CUP - class 67

- 3 small ball dahlias

PLANT LIFE TROPHY - class 72 - foliage plants

SILVER CUP - class 74 - bowl of sweet peas

NATIONAL SWEET PEA SOCIETY BRONZE MEDAL - Class 75

- 3 varieties of sweet pea

R.O. HODGSON PERPETUAL TROPHY - class 78

- 6 blooms chrysanthemums

COACH & HORSES TROPHY - fuchsia hanging basket

MR & MRS W.G. GOTT MEMORIAL TROPHY - most points in section 4

HOWARD PERPETUAL TROPHY - class 92 - six gladioli
 MISS A DOBSON SILVER CHALLENGE CUP - class 97 - five pom pom dahlias
 W. P. DOBSON SILVER CHALLENGE CUP - class 104 - five roses
 ROBERT GARNETT MEMORIAL CUP - class 105 - four chrysanthemums
 ARNSIDE GARDEN CENTRE TROPHY - class 108 - one patio container
 BRIGADIER C. E. TRYON - WILSON DALLAM TROPHY
 - most points in section 5
 DALLAM CUP - class 112 - novice floral art
 M. HYDE MEMORIAL CUP - most points in sections 7 & 8
 WALKER CUP - for the best exhibit in the Domestic class
 MILNTHORPE & DISTRICT PHOTOGRAPHIC TROPHY
 - best exhibit in classes 150, 151, and 152
 SILVER CUP - most points in classes 164 - 172
 SILVER CUP - most points in classes 173 - 181
 SILVER CUP - most points in classes 182 - 190
 JOSEPH T. COOKSON MEMORIAL TROPHY
 - most points in section 9 (excluding classes 161 - 163)
 W. JACKSON PERPETUAL CUP - classes 172/178/188 - best miniature garden
 PERPETUAL TROPHY - classes 164/179 - best vegetable animal
 J.H. JACKSON PERPETUAL CUP - best exhibit in classes 165/180
 - seed and berry necklace
 PERPETUAL TROPHY - classes 181/185 - 6 small cakes
 SILVER CUP - best exhibit in classes 161-163 - Milnthonpe Children's Centre
 TARMAC ROADSTONE PERPETUAL CHALLENGE CUP
 - best exhibit in wine section
 MILNTHORPE INSTITUTE AND SOCIAL CLUB TROPHY
 - best exhibit in beer section
 MILNTHORPE AND DISTRICT ALLOTMENT TROPHY - best kept allotment
 MR & MRS J. H. JACKSON SHIELD - best kept pen
 MR & MRS J.H. JACKSON SHIELD - best kept garden
 JOHN COOM TROPHY - best allotment on the Ashpyre site
 STEVE HURST TROPHY - Tallest sunflower (Under 16s)
 CLASS 163a - 1st prize: £10 Booths voucher, 2nd prize: £5 Booths voucher

MILNTHORPE & DISTRICT ALLOTMENT ASSOCIATION ANNUAL HORTICULTURAL & CRAFT SHOW SPONSORS

*With grateful thanks to all our sponsors
without whom this traditional horticultural & craft show could not take place:-*

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Muriel Coom
Anita Gott
Neil Dodds
Roger Whittaker

Thanks also to the President and Vice-Presidents
for their continued support and donations to the funds.

Milnthorpe & District Allotment
Association

THE ANNUAL GENERAL
MEETING
&
PUMPKIN AND MARROW
COMPETITION

will be held on

MONDAY 30th OCTOBER
2023 at 7.30 pm

at Christ the King Church Hall,
Haverflatts Lane, Milnthorpe

Everyone Welcome



Please see the website: milnthorpeallotments.co.uk

Milnthorpe & District Allotment Association
is delighted to welcome

Members (subscription £5) and Patrons (subscription £6).
On production of membership cards, all members and patrons
will receive a **5%** discount on purchases of gardening supplies
and equipment (not already on special offer) at:

Carr Bank Garden Centre
Houghtons DIY, Milnthorpe
Beetham Nurseries

And **10%** discount from on all outdoor plants, tools, compost and
chemicals at:
Bay View Garden Centre

ADDITIONAL COMPETITIONS FOR RESIDENTS OF MILNTHORPE AND 2 MILES RADIUS

BEST KEPT ALLOTMENT

During the summer an independent judge will inspect the allotments. The holder of the best allotment will, as a prize, have 12 months tenancy rent free, plus a Cup to be held for 12 months; 2nd prize £4; 3rd prize £2.

BEST KEPT PEN

During the summer an independent judge will inspect the pens. The holder of the best kept pen will, as a prize, have six months tenancy rent free, plus a Shield to be held for 12 months.

BEST KEPT GARDEN (Open)

Any private garden, large or small, wholly maintained by the householder and situated within 2 miles radius of Milnthorpe can enter Judging will take place late July. 1st prize £20 Garden Tokens and a Shield to be held for 12 months; 2nd prize £12; 3rd prize £8.

HANGING BASKET/CONTAINER CLASS (Open)

Competition for any householder situated within 2 miles radius Milnthorpe. Judging will take place late July. 1st prize £15; 2nd prize £10; 3rd prize £5

TALLEST SUNFLOWERS

Tallest sunflowers grown within 2 radius of Milnthorpe - to be measured/judged during the last week of August.

3 classes:

Under 11s (£10 prize); 11 - 16 year olds (£10 prize); Trophy for tallest Sunflower - Open class - prize-bottle of wine.

If you would like to enter any of the above competitions (excluding Best Kept Allotment and Best Kept Pen) please complete the details below and give or post your entry to Kath Craig, 6 Church Street, Milnthorpe or any member of the Committee before 28th July 2023. **All winners will be announced at the Annual Show.**



Please Tick	Class Entered	Entry fee 50p per class
	Best Kept Garden	
	Hanging Basket / Container - not to exceed 16" / 41cm diameter	
	Tallest Sunflower (Under 11 years at 31st August)	
	Tallest Sunflower (11-16 years old at 31st August)	
	Tallest Sunflower (Open)	

Name.....Phone.....

Address.....Email.....